Prototype Testing Webinar

Building For Recovery
CMHC Solutions Lab

PORCHLIGHT
COUNSELLING + ADDICTION SERVICES



LAND ACKNOWLEDGMENT

At Porchlight, we acknowledge that our organization operates on the traditional territories of the Anishinaabe, Haudenosaunee, Neutral, and Mississauga First Nations, who are the original caretakers of this land.

We are situated on lands connected to the Haldimand Treaty of 1784, which promised six miles of land on both sides of the Grand River would belong to the Haudenosaunee. This agreement has never been fully honoured and remains part of ongoing, living disputes to this day.

The complex history that has led to us residing on this land is inseparable from colonialism and the pain it has caused. As a counseling and addictions organization, we recognize that acknowledging and understanding past and present harms and injustices is essential to any healing journey, both for individuals and for societies.

Reconciliation requires more than acknowledgment; it demands humility,accountability, and meaningful action. At Porchlight, we are committed, both individually and collectively, to educating ourselves, building grounded relationships with Indigenous communities, and taking concrete steps toward positive change. This includes supporting Indigenous-led initiatives, advocating for Indigenous rights, and incorporating Indigenous perspectives into our organizational practices.

Together, we can work towards healing, reconciliation, and a future of mutual respect and understanding.

PURPOSE OF THE PROJECT

To explore potential models to assist Cambridge with providing folks with housing and sober living options. Question assumptions about what we know. It's about exploration towards feasibility and sustainability.

- Process thus far – Discovery, Definition, Engagement
- We are now in the 4th stage of Prototype testing

Here's where you come in – generate learning, prototypes and models that can be adapted and applied in the communities across Canada

WHAT WE LEARNED (contd.)

Agency & a sense of **belonging** and **safety**

Person-centred rather than predetermined programming

Continuum of care and housing solutions

Governance structures of the community

Wholistic

WHAT WE LEARNED (contd.)

Policies and Procedures

Intentional collaboration between recovery homes and wrap-around services based on cultural and individual needs

Focus on priority populations

Sustainability

Planning needs to be flexible and forward thinking

WHAT WE LEARNED (contd.)

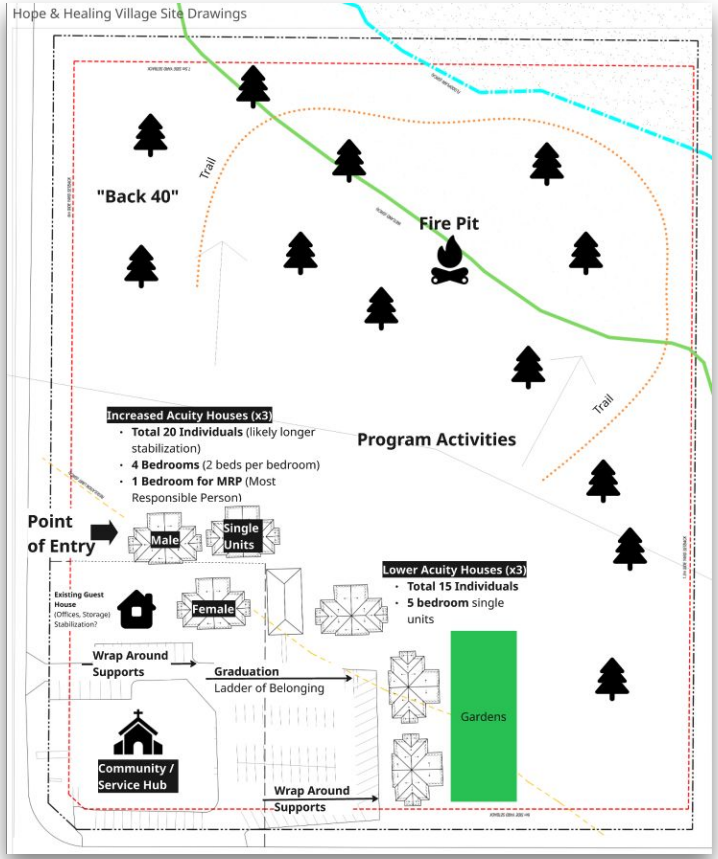
Successful Models

- **Cornerstone to Recovery** - Newmarket, Ontario
  - Rural 20 acre location operating ranch
- **North Wind Wellness Centre** - Pouce Coupe, British Columbia
  - Developed Addiction Recovery Community Housing (ARCH) model
- **San Patrignano** - Italy
  - Self-sufficient community that offers long-term recovery (up to 4 years) at no cost to residents, funded entirely by social enterprises
- **Basta** - Sweden
  - "Ladder of Belonging" - Residents progress from apprentices and eventually becoming full members/owners of the social enterprise

WHAT WE ARE PROPOSING (contd.)

Deliverable 1 - Hope & Healing Village

- Site Diagram



WHAT WE ARE PROPOSING

Prototype - Hope & Healing Village (name to determined)

6 Homes + 1 Community Hub Building + Guest House

3 Shared Living Homes = 25 Individuals

- 1 Home for Male Identified Residents: 5 Shared Bedrooms (2 residents/per bedroom) = 10 individuals
- 1 Home for Female Identified Residents: 5 Shared Bedrooms (2 residents/per bedroom) = 10 individuals
- 1 Home with Single Bedroom Units (gender inclusive) = 5 Individuals

WHAT WE ARE PROPOSING

Prototype 1 - Hope & Healing Village (contd)

3 Single Bedroom Homes = 15 Individuals

- 1 Home for Male Identified Residents: Single Bedrooms = 5 Individuals
- 1 Home for Female Identified Residents: Single Bedrooms = 5 Individuals
- 1 Home with Single Bedroom Units (gender inclusive) = 5 Individuals

WHAT WE ARE PROPOSING

Prototype 1 - Hope & Healing Village (contd)

Community Hub Building + Guest Home (Current Recovery Home)

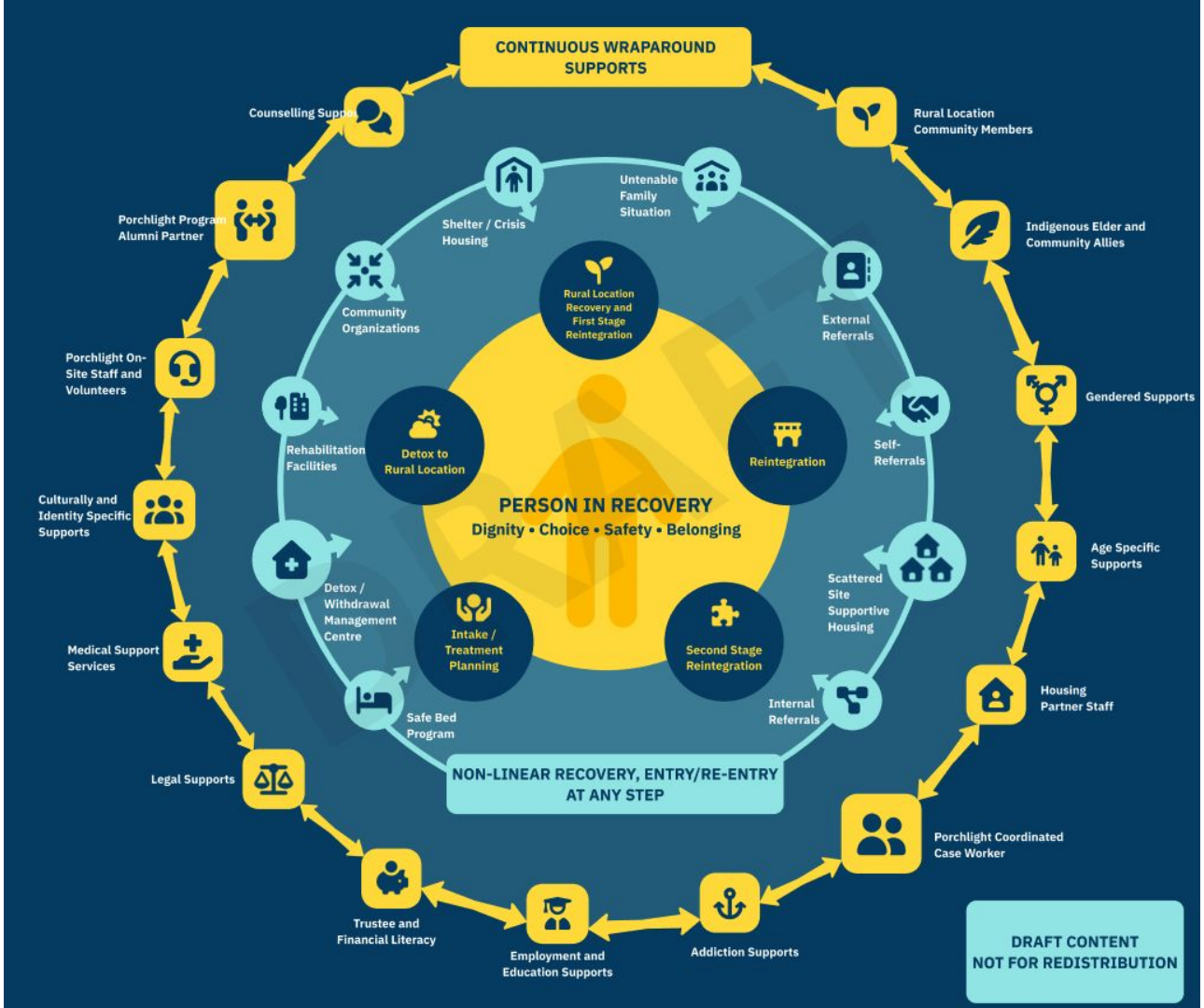
- Public Health Certified Kitchen
- Space for Family to Connect Privately
- Exercise Room, Group Activities, Social Events
- Events Booking for Congregation (Sundays; Weddings, Funerals, etc).
- Services and Programming
- Staff Offices
- Storage
- Stabilization (Post-Relapse Beds)

WHAT WE ARE PROPOSING (contd.)

Deliverable 2 - Service Model – Circle of Care for Healing

From point of entry to integration into community

- This service pathway is intended to map a possible iteration to the current pathway.
- Key differences include: A new Porchlight **Coordinated Case Worker Position and Service**
- **Scattered Site Supportive Housing Partnership**
- **Alumni Partner** role to offer mentorship throughout the program
- Inclusion of program and staff integration from **community partners**


CONTINUOUS WRAPAROUND SUPPORTS
Counselling Supports
Rural Location Community Members
Porchlight Program Alumni Partner
Indigenous Elder and Community Allies
Shelter / Crisis Housing
Untenable Family Situation
Community Organizations
External Referrals
Rural Location Recovery and First Stage Reintegration
Porchlight On-Site Staff and Volunteers
Gendered Supports
Rehabilitation Facilities
Detox to Rural Location
Reintegration
Self-Referrals
Culturally and Identity Specific Supports
PERSON IN RECOVERY
Dignity • Choice • Safety • Belonging
Age Specific Supports
Detox / Withdrawal Management Centre
Scattered Site Supportive Housing
Intake / Treatment Planning
Second Stage Reintegration
Medical Support Services
Housing Partner Staff
Safe Bed Program
Internal Referrals
NON-LINEAR RECOVERY, ENTRY/RE-ENTRY AT ANY STEP
Legal Supports
Porchlight Coordinated Case Worker
Trustee and Financial Literacy
Employment and Education Supports
Addiction Supports
DRAFT CONTENT
NOT FOR REDISTRIBUTION

WHAT WE ARE PROPOSING (contd.)

Deliverable 3 - Roadmap

- Building for Recovery Manual: a roadmap of our learning that will allow other communities to learn from our process and tailor our program/approaches to meet their unique contexts. This could be through the development of an app based tool, website, hard copy program manual, etc.
- Create a network of collective learning and growing work to support service providers working in supportive housing programming, throughout Canada.
- The Manual will be based on yours (and others) feedback today, and informed by Prototypes 1 and 2.

NEXT STEPS

- You will receive an email with a link to a feedback form to share more of your thoughts
- Prototype Refinement based on your feedback!
- Dissemination of the final project prototypes via Recorded Webinar, Social Media, Website, Community Events, Conferences, etc.

QUESTIONS?

THANK YOU

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