

How are Residents of Waterloo Region *Really* Doing?

Residents' wellbeing after three years into COVID-19

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What is Wellbeing?

There are many definitions of wellbeing. *The Canadian Index of Wellbeing* has adopted the following as its working definition:

The presence of the highest possible quality of life in its full breadth of expression focused on but not necessarily exclusive to: good living standards, robust health, a sustainable environment, vital communities, an educated populace, balanced time use, high levels of democratic participation, and access to and participation in leisure and culture.



COMMUNITY
VITALITY



EDUCATION



HEALTHY
POPULATIONS



LIVING
STANDARDS



DEMOCRATIC
ENGAGEMENT



ENVIRONMENT



LEISURE AND
CULTURE



TIME USE

Introduction

The Waterloo Region Community Wellbeing Survey was launched in the fall of 2022 using several different strategies to encourage residents from across the Region to participate. The three approaches used to encourage residents who were 16 years of age or older to participate in the survey were:

1. an open access, online survey that was advertised through a variety of traditional and social media platforms;
2. a personalised letter to 40,000 randomly selected households across all seven municipalities in Waterloo Region; and
3. targeted outreach to specific populations who might not typically have the same opportunity to complete a questionnaire using traditional survey approaches (e.g., lower income residents; immigrants/refugees; people living with physical or mental health challenges; residents in precarious housing, older adults).

The random selection of households included an oversampling of the townships within the Region to ensure adequate representation of residents living in smaller communities and rural areas. To help ensure a broader age range of respondents, the household member 16 years of age or older with a birthday closest to June 1st was asked to complete the survey.

A total of 4,936 individuals comprised the final sample. Over 5,500 surveys were submitted, but several were excluded from the final sample principally because very little of the survey had been completed. Some other surveys were deemed unusable due to low response on critical sections of the questionnaire and/or questionable integrity (i.e., careful scrutiny of answers revealed patterns of invalid responses). Most surveys were completed online (88.5%; $n = 4,369$) with the remaining surveys (11.5%; $n = 567$) completed using a paper version that was either requested by residents or used with targeted groups.

Of note, most of the surveys completed on paper were from individuals supported by a variety of community-based support services such as the Social Development Centre, community health centres, and other community outreach groups. These groups were instrumental in ensuring that the voices of people typically excluded from community-wide surveys were included in the final sample, thereby creating an opportunity to explore and better understand how inequities experienced by many residents have direct consequences for their wellbeing.

Given the different strategies used to generate a sample, determining an accurate, final response rate is not possible, but based on the nature of the responses, the reach across the Region, and previous experience with general population surveys, a response rate of between 10% and 12% is probably a reasonable estimate.

Given the size of the sample, the margin of error when reporting the overall results for Waterloo Region is estimated to be between $\pm 1.5\%$ and 2.0% , 19 times out of 20. This margin of error is somewhat higher for individual municipalities, especially for the smaller townships where response rates were correspondingly lower. For example, with a final sample of 121 residents, the margin of error for Wellesley Township is between 8% and 10% whereas for the City of Kitchener, it is 2.4%.

This report is comprised mainly of summary, descriptive statistics. It provides frequency distributions and measures of central tendency for all questions across the eight domains comprising the Canadian Index of Wellbeing (CIW) conceptual framework: *Community Vitality, Democratic Engagement, Education, Environment, Healthy Populations, Leisure and Culture, Living Standards, and Time Use*. A demographic profile of residents is presented first and measures of overall wellbeing are reported to conclude the main body of the report.

Weighting of data

In an effort to ensure the results from the survey are reasonably representative of the residents of Waterloo Region, the data provided by the 4,936 respondents were weighted by sex, age grouping, and municipality to match the 2021 Census profile for those residents 16 years of age and older ($N = 485,795$). Weighting the data allows the overall results presented in this report to reflect the responses of residents more accurately without under- or over-representing any groups based on age, sex, or where they live in Waterloo Region.

The following tables provide a description of survey participants. Each table first presents the unweighted results for age, sex, and municipality, and then presents the results for these three characteristics once survey weights were applied as well as the numbers taken from the 2021 Census. Survey weights were based on the 2021 Census of Canada thereby adjusting the distributions of representative respondents to the survey to match the distributions of all residents in the Region.

Survey results based on both unweighted and weighted data are presented in the following tables: **sex** (see Table A), **age group** (see Table B), and **municipality** (see Table C). More specifically, Tables A and B compare the sample results to the actual distribution for the total population separately for sex and age. The final weighting of the sample incorporated age, sex, and municipality concurrently to generate the weighted sample, which reflects the overall population distribution in each of the seven municipalities of Waterloo Region (see Table C).

Table A
Distribution of Residents by Sex at Birth

Sex at birth	Unweighted ^a		Weighted Sample		2021 Census ^b	
	n	Pct.	n	Pct.	n	Pct.
Male	1,834	37.7	240,295	49.5	240,305	49.5
Female	3,035	62.3	245,495	50.5	245,490	50.5
Total	4,869	100.0	485,790	100.0	485,795	100.0

Note: ^a 67 residents did not report their sex at birth.
^b Figures from 2021 Census of Canada are for population 15 years of age and older.

Women routinely respond to surveys more frequently than men. Two-thirds of the respondents to the survey were women, so following weighting, the numbers were adjusted to better reflect the actual distribution of men and women in the Region.

Table B
Distribution of Residents *by Age Group*

Age Group	Unweighted ^a		Weighted Sample		2021 Census ^b	
	n	Pct.	n	Pct.	n	Pct.
15 to 34 years	756	16.3	167,909	34.6	167,970	34.6
35 to 44 years	752	16.2	79,536	16.4	79,480	16.4
45 to 54 years	750	16.2	74,160	15.3	74,155	15.3
55 to 64 years	986	21.3	72,885	15.0	72,895	15.0
65 to 74 years	888	19.2	51,935	10.7	51,970	10.7
75 years and older	503	10.9	39,365	8.1	39,325	8.1
Total	4,635	100.0	485,790	100.0	485,795	100.0

Note: ^a 301 residents did not report their ages.

^b Figures from 2021 Census of Canada are for population 15 years of age and older.

People in their middle and later years are more likely to respond to surveys than other age groups, and this was reflected in the Waterloo Region results. Many more people aged 55 to 64 years and fewer individuals under 34 years of age responded to the survey. Given the distribution of ages of the respondents, these six categories did, however, provide the overall number of responses necessary to allow for the weighting of responses and thereby better reflect the age distribution of the Region.

Table C
Distribution of Residents *by Municipality*

Municipality	Unweighted ^a		Weighted Sample		2021 Census ^b	
	n	Pct.	n	Pct.	n	Pct.
Cambridge	1,107	22.8	114,020	23.5	114,075	23.5
Kitchener	1,671	34.4	211,980	43.6	211,985	43.6
Waterloo	1,306	26.9	103,800	21.4	103,785	21.4
North Dumfries	152	3.1	8,675	1.8	8,675	1.8
Wellesley	121	2.5	8,535	1.8	8,530	1.8
Wilmot	192	3.9	17,395	3.6	17,400	3.6
Woolwich	313	6.4	21,385	4.4	21,395	4.4
Total	4,862	100.0	485,790	100.0	485,845	100.0

Notes: ^a Municipality was unavailable for 74 residents.

^b Figures from 2021 Census of Canada are for population 15 years of age and older.

A higher percentage of responses were received from Waterloo and a lower percentage from Kitchener than might be expected given their overall populations. The percentage of responses from other municipalities in the Region approximated their populations so weighting slightly adjusted the distributions accordingly, again to ensure that the results more accurately the voices of the residents of Waterloo Region regardless of where they live.

Reading the report

As noted, the results presented in the tables comprising the rest of this report are weighted to reflect estimates for the population of Waterloo Region, aged 16 years and older. In some cases, the total number of responses does not equal the total population due to missing responses. Non-response typically represents only a few people, so the totals are not substantially less than the population total for the region. In other instances, people might simply have chosen not to answer specific questions for a variety of reasons (e.g., they felt the question was not relevant to them, they did not recall the requested information, or they thought the question was too personal). For example, many people often choose not to answer questions about income; in this survey, 8.0% of the residents declined to report their incomes, which is fairly typical. For some questions, response categories of “does not apply” or “don’t know” were provided. These answers are not reported in the tables and typically are used by only a few people.

All tables in the report show results for each of the seven municipalities and for the Region overall. For questions that presented respondents with several statements or items to which they reported participation or providing ratings on scales such as level of agreement or perceptions, there are separate tables for each item in the scale. For example, in the section of Community Vitality concerning residents’ perceptions of their community as a place to live, there are 14 individual tables (Table 21a to 21n) comparing responses by municipality.

For questions that ask participants to indicate their level of agreement or satisfaction with a statement, the levels have been collapsed into more meaningful categories for ease of interpretation. For example, when measuring level of agreement along a 7-point scale where 1 = *strongly disagree* and 7 = *strongly agree*, the first three values (1, 2, and 3) have been categorised as *disagree*, a value of 4 is *neutral*, and the last three values (5, 6 and 7) are categorised as *agree*.

For some questions, like gender identity or type of household, if one of the provided options did not adequately capture the circumstances of some respondents, they had the option to write in a different response. However, not all responses to these open-ended questions are included in the tables because the numbers associated with a particular response were extremely low (e.g., only two people preferred to self-describe their gender as “queer”). In these instances, some explanatory text appears as notes beneath the relevant tables.

A cautionary note

When exploring these summary results, some caution should be exercised. For example, the comparatively lower number of responses from the Townships means that when the results are broken down into several categories, very few people might be representing one category. Then, when the data are weighted, certain categories might appear inflated even though a relatively small number of people fell within that category. For example, the number of people in Wellesley Township saying they had completed elementary school appears high compared to other municipalities (see Table 5), but is the result of a slightly higher proportion of the 121 respondents from Wellesley falling into this category. Nevertheless, by weighting the data, this result still likely falls within the larger margin of error for this municipality.

Perhaps more importantly, users of the report should remember that the survey results reflect a *population*-level response to the questions and do not necessarily reflect each *individual’s* experience. For example, when residents were asked about how satisfied they were with their

current housing circumstances, their overall level of satisfaction was 3.73 on a 5-point scale (see Table 66 – Summary) suggesting that people are quite satisfied. While this average on housing satisfaction is a valid indicator of the *overall population* in the Region, it should not be assumed to represent the level of satisfaction for every *individual* in the Region. Indeed, roughly one in five residents indicated that they were *dissatisfied* overall with their housing. If we hope to make real change to the wellbeing of residents, this is an example of why we must also focus our attention on the responses – the experiences – of groups of interest within the Region.

An opportunity

As the example above concerning satisfaction with current housing illustrates, there are real variations in people's experiences that exist beyond the summary statistics. Yet, the variation in experience is an example of the opportunity that the survey data provides for a closer look at the *disparities* that exist within the Region on selected indicators of wellbeing. In other words, the survey data can be used to reveal where *wellbeing inequities* are present *within* the population and what factors appear to be most strongly associated with those inequities. By doing so, we have the opportunity to make decisions and take strategic steps and policy actions that could bring about real social change based on evidence.

Additionally, as we continue on a path emerging from the worst of the pandemic, we also have an opportunity to compare the results of this survey to those from the results of the 2018 survey to see how things have changed since that pre-pandemic survey was conducted. Where have we seen the greatest changes in residents' wellbeing? Are those changes similar across all groups in the Region or have some residents felt the impact of COVID-19 more severely than others?

List of abbreviations and terms used in the tables

n	Number of residents
Pct.	Percentage of residents
Mean	Arithmetic average
Std. Dev.	Standard deviation (average amount the scores deviate from the mean)
Min.	Minimum score reported
Max.	Maximum score reported

Demographic Profile

Table 1
Profile of Respondents in Waterloo Region:
Sex at Birth

Sex	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Male	49.5	49.2	49.3	50.2	49.6	50.3	49.1	48.8
Female	50.5	50.8	50.7	49.8	50.4	49.7	50.9	51.2
Total	485,790	114,020	211,980	103,800	8,675	8,535	17,395	21,385

Table 2
Profile of Respondents in Waterloo Region:
Self-Identified Gender

Gender	Pct. in Region	Percentage	
		Cities	Townships ^a
Male	46.1	45.9	47.4
Female	50.4	50.3	50.9
Non-binary	1.8	1.9	–
Transgender	1.0	1.1	–
Two-Spirit	0.5	0.6	–
Other ^b	0.3	0.3	–
Total	478,425	423,293	55,132

Notes: ^a Numbers of respondents reporting a gender identity other than male or female were too low to report reliably.

^b Other preferred self-identified gender reported by two or fewer people included “gay”, “gay male”, “gender queer”, and “queer”.

Table 3a
 Profile of Respondents in Waterloo Region:
Age Groupings

Age Group ^a	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
16 to 24 years	7.8	6.5	6.7	9.5	3.4	10.5	13.3	14.3
25 to 29 years	10.8	9.6	10.9	14.9	4.6	15.2	1.6	5.1
30 to 34 years	15.8	15.8	17.2	15.7	18.3	11.1	8.5	9.7
35 to 44 years	16.4	16.4	17.6	13.7	16.6	12.2	18.7	17.2
45 to 54 years	15.3	16.2	15.0	14.3	17.6	16.2	15.9	15.9
55 to 64 years	15.0	16.1	14.7	13.7	18.4	16.2	16.2	15.6
65 to 74 years	10.7	11.2	10.3	9.8	12.4	11.2	15.0	12.0
75 years and older	8.1	8.2	7.6	8.3	8.1	7.4	10.9	10.2
Total	485,077	114,020	211,505	103,661	8,576	8,535	17,395	21,385

Note: ^a Residents had to be at least 16 years of age to participate in the survey.

Table 3b
 Profile of Respondents in Waterloo Region:
Age in Years

Age ^a	Region Overall	Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Age in years	46.44 (17.71)	47.47 (17.39)	46.16 (17.31)	44.99 (18.23)	48.72 (16.45)	45.31 (18.88)	49.72 (18.94)	47.57 (18.99)
Total	485,790	114,020	211,980	103,800	8,675	8,535	17,395	21,385

Note: ^a Mean age in years with standard deviation below in parentheses.

Table 4
Profile of Respondents in Waterloo Region: **Marital Status**

Marital Status	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Married	51.6	50.9	48.4	51.0	68.8	69.1	65.1	64.2
Single, never married	24.7	22.6	25.5	28.4	12.6	20.2	19.4	21.4
Living common-law	10.1	12.1	10.6	9.2	7.1	6.8	4.3	5.9
Divorced	5.8	6.7	6.6	4.9	4.9	2.1	2.5	2.6
Widowed	4.3	4.2	4.4	3.8	5.0	1.8	8.3	4.1
Separated	3.4	3.4	4.5	2.6	1.6	0.0	0.3	1.8
Total	484,100	113,571	211,056	103,582	8,576	8,535	17,395	21,385

Table 5
Profile of Respondents in Waterloo Region: **Highest Level of Education Completed**

Level of Education	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Elementary school	4.2	2.5	4.8	2.6	3.5	15.2	5.3	10.3
High school	18.0	20.3	18.9	13.4	13.5	16.7	22.3	17.3
Post-secondary ^a	8.9	12.9	7.2	6.3	14.0	8.1	12.2	11.4
College diploma	19.5	26.8	18.7	13.4	18.5	20.3	18.2	19.8
University degree ^b	31.9	26.6	32.1	38.5	36.3	25.3	29.8	28.3
Graduate degree ^c	17.5	10.9	18.2	25.8	14.2	14.4	12.2	13.0
Total	481,226	112,950	208,853	103,468	8,675	8,499	17,396	21,385

- Notes: ^a Post secondary includes certificate, trade, or apprenticeship.
^b University degree includes all undergraduate degree programs (e.g., B.A., B.Sc.)
^c Graduate degree includes all post-undergraduate programs (e.g., M.A., M.Sc., Ph.D.)

Table 6
 Profile of Respondents in Waterloo Region:
Main Activity

Main Activity	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Employed full-time	47.0	48.3	45.7	47.6	50.9	53.0	46.0	45.3
Retired, by choice	19.2	19.2	18.4	19.8	19.4	17.4	23.3	21.3
Employed part-time	6.8	5.8	7.0	7.2	8.0	8.7	5.9	7.6
Self-employed	5.6	5.7	4.7	6.8	3.2	9.3	9.9	4.4
Going to school	4.5	3.4	4.8	5.2	0.6	2.3	4.8	6.9
Unemployed, looking for work	4.2	4.6	4.7	3.6	4.0	0.9	2.6	3.5
Retired, <i>not</i> by choice	3.0	4.2	2.8	1.7	4.8	2.7	3.3	3.0
On leave from work ^a	2.5	2.0	3.6	1.2	2.2	0.0	1.5	3.1
Non-standard employment ^b	2.4	2.1	2.6	2.7	0.0	0.9	1.1	2.7
Unemployed, not looking for work	2.3	2.0	3.3	1.3	2.2	0.5	0.0	1.1
Household work/ caring for children	1.4	1.5	1.4	1.7	1.2	1.0	1.5	0.9
Temporary leave from work ^c	1.1	1.1	1.0	1.2	3.4	3.3	0.0	0.3
Total	478,147	113,460	206,439	102,780	8,675	8,501	17,011	21,281

Notes: ^a Leave due to long-term disability.
^b Includes contract, temporary, seasonal, and multiple jobs.
^c Temporary leave due to, for example, illness or parental leave.

Table 7
 Profile of Respondents in Waterloo Region:
 Annual Household Income from All Sources

Household Income	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Under \$10,000	5.3	4.9	6.5	4.5	0.5	0.0	3.1	4.5
\$10,000 to \$19,999	7.0	6.7	8.0	6.7	4.6	6.3	4.3	3.1
\$20,000 to \$29,999	6.0	7.1	7.0	4.7	2.1	0.9	1.8	3.8
\$30,000 to \$39,999	6.1	7.5	6.9	3.8	7.6	5.4	2.3	4.0
\$40,000 to \$59,999	12.7	14.1	11.8	11.9	9.5	18.6	15.2	14.1
\$60,000 to \$79,999	12.6	12.4	12.1	14.3	18.2	10.5	12.0	8.8
\$80,000 to \$99,999	11.8	10.9	13.1	10.8	9.8	6.9	8.2	13.3
\$100,000 to \$119,999	10.5	11.4	10.2	9.9	16.4	7.6	7.5	12.3
\$120,000 to \$149,999	10.5	10.9	9.4	11.2	8.0	9.8	12.6	14.1
\$150,000 and over	17.8	14.0	15.1	22.2	23.4	33.9	32.9	21.8
Total	461,667	108,890	200,958	99,151	8,210	7,950	16,384	20,124

Table 8
 Profile of Respondents in Waterloo Region:
Born in Canada

Birthplace	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Born in Canada	83.6	86.2	82.5	78.7	89.2	93.6	89.8	94.1

Table 9
 Profile of Respondents in Waterloo Region:
Years Lived in Canada (if not born in Canada)

Years Lived in Canada	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
10 years or less	32.4	22.3	30.0	48.4	6.4	0.0	0.0	27.8
11 to 20 years	18.6	18.6	16.9	20.9	19.4	76.6	6.9	18.2
21 to 30 years	14.4	9.2	18.2	11.2	6.8	0.0	24.0	21.5
31 to 50 years	18.8	29.4	20.3	9.2	47.0	0.0	8.1	10.1
51 years or more	15.8	20.5	14.6	10.2	20.5	23.4	60.9	22.3
Total	69,335	13,888	32,224	19,397	826	465	1,518	1,017

Note: Not all respondents born outside of Canada reported years lived in Canada. For those respondents who were born outside of Canada and who reported years lived in Canada ($n = 71,522$, 16.4%), the average length of time they had lived in Canada was just over 25 years ($M = 25.36$, $SD = 20.47$). However, there was a lot of variation around this average with about one-third (32.4%) having lived in the Region for less than 10 years and another one-third (34.6%) having lived in the Region for over 30 years.

Table 10
 Profile of Respondents in Waterloo Region:
 First Nations, Métis, or Inuit

First Nations Status	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
No, do not identify	93.9	93.9	93.1	94.5	95.3	97.2	94.0	95.8
Yes, as First Nations	3.0	2.3	3.3	4.2	2.4	2.4	0.4	0.9
Yes, as Métis	0.9	0.8	1.1	0.6	0.0	0.4	1.2	1.7
Yes, as Inuit	0.3	0.5	0.0	0.1	1.2	0.0	3.3	0.5
Another Indigenous identity	0.6	0.5	0.9	0.0	1.2	0.0	0.8	0.0
Not sure/ do not know	1.3	2.0	1.6	0.6	0.0	0.0	0.2	1.1
Total	464,168	109,799	199,933	100,353	8,278	8,343	16,700	20,762

Table 11
 Profile of Respondents in Waterloo Region:
First Official Language

First Language	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
English	90.2	91.2	89.5	88.1	93.5	98.1	91.8	95.3
French	1.0	0.8	1.0	1.5	1.7	0.0	0.4	0.0
Other	8.8	8.0	9.5	10.4	4.7	1.9	7.8	4.7
Total	483,404	113,367	210,477	103,698	8,675	8,492	17,395	21,300

Table 12
 Profile of Respondents in Waterloo Region:
Self-Identified Racial Identity

Racial Identity	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
White	84.4	87.4	82.8	79.0	94.6	96.3	93.1	95.4
Black	3.2	1.8	4.2	4.5	1.2	0.0	0.4	0.3
South Asian	2.9	3.0	2.1	5.6	0.0	0.9	0.0	0.8
East Asian	2.0	1.6	2.0	3.2	1.2	0.0	0.0	0.0
Middle Eastern	1.7	1.4	2.0	2.4	0.0	0.0	0.0	0.5
Biracial/multiracial	1.6	0.8	1.9	1.5	0.0	2.4	3.0	1.7
Latino	1.3	0.8	1.5	1.3	0.7	0.0	3.1	0.0
Total	463,296	108,928	200,544	100,410	8,259	8,342	16,263	20,550

Notes: Only the most frequently racial identities are reported in the table (i.e. at least 1% of the population). Racial identities *not* reported in the table due to low response (under 0.1%) were Southeast Asian and self-reported other identities including Jewish, Saraswat Brahmin, and Indo-Caribbean.

Table 13
Profile of Respondents in Waterloo Region:
Self-Identified Ethnic Origin

Ethnic Origin	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Canadian	68.3	67.6	67.3	64.2	73.6	76.2	84.5	83.5
English	5.7	6.3	5.8	5.8	9.4	3.1	4.0	3.0
German	4.1	2.9	4.4	4.6	3.7	5.9	4.5	2.8
Dutch	1.8	1.6	1.6	1.5	1.7	8.3	1.8	3.4
East Indian	1.7	1.9	1.4	2.9	0.0	0.9	0.0	0.7
Scottish	1.5	2.3	1.1	1.7	4.6	0.0	0.6	1.4
Irish	1.2	1.6	1.5	0.7	0.5	0.0	0.0	0.0
Portuguese	1.1	2.0	1.2	0.3	0.6	0.9	0.0	0.0
Polish	1.0	2.2	0.7	0.8	0.0	0.0	0.2	0.3
Total	477,967	112,359	207,783	102,407	8,588	8,534	16,974	21,322

Note: Only the most frequently reported ethnicities are reported in the table. Backgrounds *not* reported in the table due to low response (under 1.0%) include French, Chinese, Romanian, Italian, Ukrainian, Colombian, Syrian, Turkish, Vietnamese, Korean, Hungarian, and Nigerian.

Table 14
Profile of Respondents in Waterloo Region:
Having Served in the Canadian Military

Served in Canadian Military	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Personally served	3.4	3.2	3.3	4.1	2.9	1.9	3.5	2.1
Spouse/partner/family member served	9.9	11.7	9.3	10.3	9.4	8.6	8.2	6.8

Table 15a
 Profile of Respondents in Waterloo Region:
 Living with a Disability (physical or mental) or a Chronic Illness that Limits Activity

Living with Disability	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Yes	28.9	30.9	32.5	24.4	22.9	7.3	23.1	21.2
No	71.1	69.1	67.5	75.6	77.1	92.7	76.9	78.8
Total	480,978	112,600	209,468	103,348	8,593	8,500	17,131	21,338

Table 15b
 Profile of Respondents in Waterloo Region:
 Physical or Mental Health Limits Ability to Fully Participate in Community

Participation in community limited by ... ^a	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Physical disability	41.3	42.1	43.4	33.8	34.2	12.7	45.9	48.3
Mental health challenge	45.4	42.0	48.4	44.5	46.3	12.5	35.5	45.0
Chronic illness	42.0	38.9	44.4	37.2	39.8	31.1	48.3	55.9

Note: Only those individuals who reported living with a disability or chronic illness (Table 15a) included in the table.

Table 16
 Profile of Respondents in Waterloo Region:
 Years Resident of Waterloo Region

Length of Residency	Region Overall	Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Years resident	23.48 (18.88)	24.82 (20.05)	24.20 (19.11)	21.31 (17.22)	18.94 (15.24)	18.11 (17.22)	22.59 (17.79)	24.32 (19.09)
Total	475,348	110,941	208,605	101,818	7,739	8,379	16,871	20,995

Note: ^a Mean years of residency in Region with standard deviation below in parentheses.

Table 17
 Profile of Respondents in Waterloo Region:
 Years Lived in Current Residence

Years in Current Residence	Region Overall	Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Years resident	13.05 (12.61)	13.19 (12.59)	12.48 (12.53)	12.92 (12.61)	15.17 (12.56)	13.36 (13.57)	14.92 (11.44)	16.00 (13.29)
Total	473,749	110,254	207,050	102,050	7,740	8,495	16,943	21,216

Note: ^a Mean years in current residence with standard deviation below in parentheses.

Table 18
Profile of Respondents in Waterloo Region:
Household Type

Household Type	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Couple with children living at home	32.2	31.6	29.5	31.9	46.1	41.9	44.2	43.9
Adult living alone	17.1	17.5	19.1	15.7	11.3	10.8	14.2	8.2
Couple with no children at home	16.4	17.1	14.4	16.5	20.0	25.3	21.9	23.1
Couple with no children	15.2	14.9	17.0	13.6	11.2	17.0	11.3	11.2
Adult sharing accommodation	9.7	8.5	10.1	12.9	4.0	0.8	6.8	5.6
Adult with children living at home	6.4	7.3	6.2	7.8	5.8	0.0	1.3	4.6
Other ^a	3.0	3.1	3.7	1.7	1.6	4.1	0.4	3.4
Total	482,445	113,225	209,997	103,289	8,619	8,535	17,395	21,385

Notes: ^a Among respondents who indicated an *other* household type (under 1% in each case), most of the responses indicated living in shelters (or were homeless), living with parents or other family members, and living in multigenerational households. Specifically, frequently reported examples included living arrangements such as adult children living at home, grandchildren living with grandparents, or elderly parents living with adult children.

Table 19
 Profile of Respondents in Waterloo Region:
 Percentage of Households with at Least One Child Living at Home of Selected Ages

Presence of Children Living at Home	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Under 5 years	10.3	11.4	9.8	9.2	16.6	10.4	13.8	9.2
5 to 12 years	14.3	14.1	13.4	14.7	14.9	16.2	14.6	20.6
13 to 18 years	12.7	14.4	10.8	13.1	17.7	17.1	13.4	16.0
Over 18 years	14.9	17.2	14.4	13.0	13.9	15.8	15.7	15.8

Community Vitality

Volunteering

Table 20
Residents who Volunteered During the Past 12 Months

Municipality	n	Pct.
Cambridge	42,431	41.7
Kitchener	92,212	48.3
Waterloo	46,782	50.5
North Dumfries	4,406	56.4
Wellesley	3,865	51.4
Wilmot	10,539	67.0
Woolwich	11,355	59.1
Region Overall	211,590	48.6

Sense of Community

Table 21a
Residents' Perceptions of Sense of Community as a Place to Live

"Many people in this community are available to give help if somebody needs it"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	113,906	15.7	25.4	58.9	4.66	1.26
Kitchener	211,335	13.3	19.7	67.0	4.79	1.22
Waterloo	103,504	9.2	20.4	70.4	4.91	1.17
North Dumfries	8,577	15.5	14.2	70.3	4.93	1.26
Wellesley	8,535	7.3	9.6	83.1	5.21	1.23
Wilmot	17,339	6.8	13.6	79.6	5.19	1.26
Woolwich	21,352	8.4	9.1	82.5	5.19	1.12
Region Overall	484,548	12.5	20.2	67.3	4.83	1.23

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 21b
Residents' Perceptions of Sense of Community as a Place to Live

"I have good friends in this community"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	113,553	17.5	11.6	71.0	4.98	1.48
Kitchener	210,852	10.9	9.0	80.1	5.30	1.37
Waterloo	103,437	13.9	7.8	78.3	5.23	1.48
North Dumfries	8,674	20.9	9.3	69.8	4.97	1.61
Wellesley	8,535	7.9	6.8	85.3	5.62	1.31
Wilmot	17,394	4.3	8.4	87.3	5.71	1.15
Woolwich	21,353	7.7	6.9	85.4	5.58	1.28
Region Overall	483,798	12.8	9.2	78.0	5.24	1.42

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 21c
Residents' Perceptions of Sense of Community as a Place to Live

"This community provides opportunities for me to do a lot of different things"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	113,729	18.7	16.6	64.6	4.67	1.27
Kitchener	210,429	10.3	10.4	79.3	5.13	1.28
Waterloo	103,008	10.9	10.7	78.3	5.14	1.30
North Dumfries	8,676	23.5	21.2	55.3	4.50	1.49
Wellesley	8,535	20.2	9.9	69.9	4.97	1.48
Wilmot	17,256	6.6	12.7	80.7	5.29	1.05
Woolwich	21,320	12.6	7.5	80.0	5.15	1.25
Region Overall	482,953	12.8	12.1	75.1	5.02	1.30

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 21d
Residents' Perceptions of Sense of Community as a Place to Live

"If I had a problem, few people in this community would try to help me"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	113,357	37.4	28.1	34.5	3.93	1.32
Kitchener	209,912	47.8	21.9	30.4	3.73	1.38
Waterloo	103,427	51.4	17.2	31.4	3.69	1.44
North Dumfries	8,635	47.0	21.0	32.0	3.80	1.56
Wellesley	8,534	73.1	8.5	18.4	3.18	1.41
Wilmot	17,396	53.7	14.5	31.8	3.58	1.54
Woolwich	21,353	58.0	17.8	24.2	3.48	1.40
Region Overall	482,614	47.2	21.6	31.2	3.74	1.40

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 21e
Residents' Perceptions of Sense of Community as a Place to Live
"I feel at ease with the people in this community"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	113,140	20.9	16.9	62.2	4.54	1.36
Kitchener	209,865	17.6	14.1	68.3	4.72	1.36
Waterloo	103,455	12.2	12.5	75.3	4.97	1.28
North Dumfries	8,637	15.9	16.5	67.7	4.87	1.33
Wellesley	8,454	9.3	10.6	80.2	5.20	1.24
Wilmot	17,060	5.1	17.6	77.3	5.16	1.10
Woolwich	21,384	13.5	10.0	76.5	5.04	1.28
Region Overall	481,995	16.4	14.4	69.2	4.77	1.34

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 21f
Residents' Perceptions of Sense of Community as a Place to Live
"If I need help, this community has many excellent services to meet my needs"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	113,694	20.2	27.8	52.0	4.45	1.30
Kitchener	210,549	14.1	21.4	64.4	4.74	1.27
Waterloo	103,103	12.0	24.5	63.5	4.80	1.26
North Dumfries	8,575	22.9	23.0	54.2	4.50	1.44
Wellesley	8,534	23.6	24.1	52.4	4.50	1.45
Wilmot	17,396	6.8	23.0	70.2	4.99	1.06
Woolwich	21,252	10.8	17.2	72.1	4.96	1.20
Region Overall	483,103	15.1	23.5	61.5	4.69	1.28

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 21g
Residents' Perceptions of Sense of Community as a Place to Live
"In this community, people are not willing to help those in need"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	113,565	61.1	20.9	17.9	3.36	1.31
Kitchener	209,524	66.7	18.5	14.8	3.18	1.31
Waterloo	102,960	73.3	16.1	10.6	2.95	1.24
North Dumfries	8,588	67.4	15.6	17.0	3.15	1.48
Wellesley	8,535	83.6	11.4	5.0	2.56	1.15
Wilmot	17,329	68.8	24.6	6.6	2.80	1.24
Woolwich	21,353	79.0	11.8	9.2	2.79	1.22
Region Overall	481,854	67.8	18.3	14.0	3.13	1.30

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 21h
Residents' Perceptions of Sense of Community as a Place to Live
"People are sociable here"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	112,807	18.1	22.3	59.6	4.56	1.24
Kitchener	208,992	13.4	17.8	68.8	4.77	1.20
Waterloo	102,849	12.0	13.7	74.3	4.90	1.17
North Dumfries	8,630	14.0	16.3	69.7	4.90	1.29
Wellesley	8,492	7.4	5.7	86.9	5.50	1.16
Wilmot	17,147	4.1	13.5	82.3	5.25	0.96
Woolwich	20,934	10.7	7.5	81.7	5.10	1.11
Region Overall	479,851	13.7	17.1	69.2	4.80	1.21

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 21i
Residents' Perceptions of Sense of Community as a Place to Live
"In this community, there is never much to do"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	112,967	54.0	16.5	29.5	3.67	1.42
Kitchener	207,971	67.0	15.1	17.9	3.19	1.42
Waterloo	102,501	69.1	15.6	15.3	3.13	1.34
North Dumfries	8,674	55.0	16.3	28.7	3.65	1.57
Wellesley	8,536	54.8	22.3	22.9	3.43	1.33
Wilmot	17,271	71.4	13.7	14.9	2.92	1.33
Woolwich	21,126	63.5	15.5	21.0	3.21	1.41
Region Overall	479,046	64.0	15.6	20.4	3.29	1.42

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 21j
Residents' Perceptions of Sense of Community as a Place to Live
"If I had an emergency, even people I do not know would be willing to help me"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	113,431	18.7	27.1	54.2	4.47	1.31
Kitchener	210,297	20.7	21.6	57.7	4.51	1.37
Waterloo	103,067	15.9	20.9	63.2	4.66	1.33
North Dumfries	8,589	18.0	11.9	70.1	4.79	1.45
Wellesley	8,491	13.7	10.9	75.4	5.14	1.41
Wilmot	17,276	9.5	14.1	76.4	5.08	1.40
Woolwich	21,062	14.7	15.1	70.2	4.83	1.33
Region Overall	482,213	18.4	21.8	59.8	4.58	1.36

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 21k
Residents' Perceptions of Sense of Community as a Place to Live
"It is difficult for me to connect with the people in this community"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	112,867	55.0	17.2	27.8	3.56	1.42
Kitchener	210,482	54.8	17.1	28.1	3.55	1.46
Waterloo	102,531	59.0	16.8	24.2	3.41	1.43
North Dumfries	8,675	58.8	14.6	26.5	3.42	1.54
Wellesley	8,498	70.0	11.9	18.1	3.08	1.30
Wilmot	17,395	69.8	13.7	16.5	2.95	1.27
Woolwich	21,102	68.1	14.2	17.7	3.15	1.39
Region Overall	481,550	57.2	16.7	26.1	3.47	1.44

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 21l
Residents' Perceptions of Sense of Community as a Place to Live
"In this community, I have few opportunities to satisfy my needs"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	113,287	58.1	19.8	22.1	3.45	1.34
Kitchener	209,404	65.0	15.5	19.4	3.27	1.42
Waterloo	102,837	67.5	14.3	18.2	3.18	1.38
North Dumfries	8,675	51.6	17.5	30.9	3.65	1.55
Wellesley	8,534	61.5	20.6	17.9	3.14	1.37
Wilmot	17,363	59.8	26.1	14.1	3.11	1.28
Woolwich	21,062	70.1	18.8	11.1	3.00	1.25
Region Overall	481,162	63.6	16.9	19.5	3.28	1.39

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 21m
Residents' Perceptions of Sense of Community as a Place to Live
"I regularly stop to talk to people in my neighbourhood"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	113,058	29.8	10.8	59.4	4.44	1.55
Kitchener	210,913	29.9	12.2	57.9	4.44	1.60
Waterloo	103,368	26.4	13.3	60.3	4.53	1.54
North Dumfries	8,675	21.4	13.6	65.0	4.72	1.57
Wellesley	8,535	10.7	6.8	82.5	5.48	1.30
Wilmot	17,396	15.8	9.2	75.0	4.99	1.23
Woolwich	21,094	19.5	14.7	65.8	4.81	1.44
Region Overall	483,039	27.7	12.0	60.3	4.52	1.56

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 21n
Residents' Perceptions of Sense of Community as a Place to Live
"The wellbeing of others in the community is important to me"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	113,474	6.3	10.6	83.1	5.33	1.21
Kitchener	211,229	3.3	7.9	88.8	5.56	1.15
Waterloo	103,408	3.0	7.6	89.4	5.60	1.13
North Dumfries	8,674	6.9	7.6	85.6	5.38	1.24
Wellesley	8,455	4.2	5.6	90.2	5.57	1.21
Wilmot	17,307	1.7	9.1	89.3	5.67	1.01
Woolwich	21,150	3.9	6.8	89.3	5.61	1.17
Region Overall	483,697	4.0	8.4	87.6	5.52	1.16

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 21 – Summary
Dimensions of Overall Sense of Community
Summary Statistics

Sense of Community ^a	Region Overall	Municipality ^b						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Social climate and bonds	4.83 (1.05)	4.63 (1.06)	4.81 (1.05)	4.93 (1.02)	4.83 (1.05)	5.31 (1.04)	5.29 (0.83)	5.14 (1.00)
Help in case of need	4.64 (0.93)	4.46 (0.94)	4.60 (0.94)	4.73 (0.86)	4.70 (0.96)	5.15 (1.00)	4.97 (0.90)	4.94 (0.89)
Needs fulfillment	4.78 (1.06)	4.50 (1.02)	4.85 (1.08)	4.91 (1.01)	4.43 (1.17)	4.72 (1.21)	5.06 (0.96)	4.97 (1.01)
Overall sense of community	4.75 (0.89)	4.53 (0.88)	4.75 (0.91)	4.86 (0.84)	4.65 (0.86)	5.06 (0.93)	5.11 (0.78)	5.02 (0.86)

Notes: ^a *Social climate and bonds* is an average of responses to statements assessing friendships, sociability, and ability to connect with people in the city.
Help in case of need includes responses to statements about the number and willingness of people to provide help in an emergency or situation of need.
Needs fulfillment refers to perceptions of the range and accessibility of opportunities to satisfy activity needs.

^b Based on the original 7-point scale where higher scores reflect greater satisfaction with dimension of sense of community. Mean above with standard deviation below in parentheses.

Feelings of Loneliness

(a component of the Sense of Community scale)

Table 22a
Residents' Feelings of Loneliness:
"I often feel that I lack companionship"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	113,762	56.6	12.5	30.9	3.51	1.59
Kitchener	210,087	57.6	12.0	30.4	3.49	1.64
Waterloo	103,307	58.2	12.3	29.5	3.48	1.64
North Dumfries	8,677	62.3	14.3	23.3	3.33	1.55
Wellesley	8,535	79.5	3.7	16.8	2.84	1.39
Wilmot	17,396	71.1	8.5	20.4	2.94	1.49
Woolwich	21,216	69.3	9.9	20.7	3.11	1.53
Region Overall	482,980	59.0	11.9	29.2	3.44	1.62

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater feelings of loneliness.

Table 22b
Residents' Feelings of Loneliness:
"I often feel left out"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	113,213	59.3	20.9	19.9	3.30	1.39
Kitchener	209,305	61.7	17.3	21.0	3.25	1.49
Waterloo	103,026	65.3	16.0	18.7	3.15	1.53
North Dumfries	8,614	58.4	17.5	24.1	3.40	1.49
Wellesley	8,535	83.6	10.8	5.6	2.55	1.20
Wilmot	17,244	71.3	9.0	19.7	2.99	1.47
Woolwich	21,197	72.2	14.9	12.9	2.93	1.38
Region Overall	481,134	63.1	17.3	19.6	3.21	1.47

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater feelings of loneliness.

Table 22c
Residents' Feelings of Loneliness:

"I often feel isolated from others in the community"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	112,592	61.1	17.0	21.9	3.34	1.40
Kitchener	209,643	61.6	16.7	21.7	3.32	1.49
Waterloo	103,216	63.5	16.5	20.0	3.22	1.47
North Dumfries	8,584	57.3	15.8	27.0	3.54	1.59
Wellesley	8,536	83.0	7.4	9.6	2.75	1.16
Wilmot	17,362	65.4	16.5	18.1	3.11	1.40
Woolwich	21,158	73.4	13.1	13.6	3.00	1.42
Region Overall	481,091	62.9	16.4	20.8	3.27	1.46

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater feelings of loneliness.

Table 22 – Summary
Residents' Overall Feelings of Loneliness:
Summary Statistics

Municipality	n	Loneliness ^a	
		Mean	Std. Dev.
Cambridge	113,637	3.39	1.25
Kitchener	211,006	3.36	1.34
Waterloo	103,381	3.28	1.37
North Dumfries	8,675	3.42	1.31
Wellesley	8,535	2.72	1.11
Wilmot	17,395	3.02	1.21
Woolwich	21,197	3.01	1.28
Region Overall	483,825	3.31	1.32

Note: ^a Based on the original 7-point scale where higher scores reflect greater feelings of loneliness.

Table 23
Residents' Sense of Belonging to the Community

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Weak	Neutral	Strong	Mean	Std. Dev.
Cambridge	110,151	20.3	25.3	54.4	4.56	1.51
Kitchener	205,380	17.7	21.2	61.1	4.73	1.53
Waterloo	101,055	15.8	18.5	65.7	4.85	1.47
North Dumfries	8,478	21.2	20.4	58.4	4.63	1.69
Wellesley	8,228	4.7	15.7	79.6	5.42	1.17
Wilmot	16,752	16.0	11.2	72.8	5.09	1.42
Woolwich	20,902	12.3	17.6	70.0	4.98	1.43
Region Overall	470,946	17.4	21.0	61.6	4.75	1.51

Notes: ^a Percentages based on combining responses 1 to 3 = *Weak*; 4 = *Neutral*; and 5 to 7 = *Strong*.
^b Based on the original 7-point scale where higher scores reflect stronger feelings of belonging.

Perceptions of Safety

Table 24a
Feeling Safe from Crime Walking Alone after Dark:
In your neighbourhood

Municipality	n	Percentage of Residents				Never walk there alone after dark
		Very unsafe	Unsafe	Safe	Very safe	
Cambridge	112,881	4.9	14.3	40.4	34.8	5.7
Kitchener	209,686	4.5	15.3	38.3	36.7	5.2
Waterloo	103,568	1.6	8.3	31.9	55.1	3.1
North Dumfries	8,519	3.0	3.8	28.8	60.4	3.9
Wellesley	8,535	0.0	0.5	21.4	72.8	5.3
Wilmot	17,330	1.6	11.2	17.9	66.7	2.6
Woolwich	21,225	0.9	3.6	19.1	72.1	4.4
Region Overall	481,744	3.6	12.4	35.4	43.9	4.7

Table 24b
 Feeling Safe from Crime Walking Alone after Dark:
 In your downtown area

Municipality	n	Percentage of Residents				Never walk there alone after dark
		Very unsafe	Unsafe	Safe	Very safe	
Cambridge	111,678	19.9	29.0	29.4	9.1	12.6
Kitchener	209,682	17.7	27.1	30.7	9.0	15.6
Waterloo	102,875	6.0	17.3	43.9	22.1	10.7
North Dumfries	8,483	4.5	7.8	33.1	47.3	7.3
Wellesley	8,498	0.0	5.0	23.6	62.2	9.1
Wilmot	17,147	5.1	14.7	31.9	39.9	8.4
Woolwich	21,183	1.5	8.2	32.8	48.4	9.0
Region Overall	479,546	14.0	23.4	33.3	16.3	13.0

Table 24c
 Feeling Safe from Crime Walking Alone after Dark:
 In Downtown Cambridge

Municipality	n	Percentage of Residents				Never walk there alone after dark
		Very unsafe	Unsafe	Safe	Very safe	
Cambridge	112,776	23.8	32.4	21.9	8.0	13.9
Kitchener	198,839	16.9	20.3	17.3	5.2	40.2
Waterloo	98,886	12.6	19.0	19.4	5.3	43.8
North Dumfries	8,146	21.3	25.5	24.4	4.3	24.6
Wellesley	8,221	23.4	24.2	9.8	5.1	37.6
Wilmot	16,464	17.6	26.8	21.9	4.9	28.9
Woolwich	20,222	21.5	23.7	16.3	2.9	35.6
Region Overall	463,554	18.1	23.5	19.0	5.8	33.7

Table 24d
 Feeling Safe from Crime Walking Alone after Dark:
 In Downtown Kitchener

Municipality	n	Percentage of Residents				Never walk there alone after dark
		Very unsafe	Unsafe	Safe	Very safe	
Cambridge	109,322	22.1	27.8	20.8	4.6	24.7
Kitchener	208,774	18.0	26.6	28.7	9.2	17.5
Waterloo	101,220	16.9	32.0	19.3	7.2	24.6
North Dumfries	8,298	24.5	26.7	24.0	4.9	19.8
Wellesley	8,262	22.8	34.2	15.4	6.1	21.6
Wilmot	16,647	19.7	29.6	21.6	5.2	23.9
Woolwich	20,411	21.5	27.1	17.1	3.8	30.6
Region Overall	472,934	19.1	28.3	23.8	7.2	21.6

Table 24e
 Feeling Safe from Crime Walking Alone after Dark:
 In Downtown Waterloo

Municipality	n	Percentage of Residents				Never walk there alone after dark
		Very unsafe	Unsafe	Safe	Very safe	
Cambridge	109,361	10.5	21.2	31.9	12.1	24.4
Kitchener	205,332	6.3	15.4	39.5	20.0	18.8
Waterloo	103,130	4.1	14.1	42.7	26.5	12.6
North Dumfries	8,299	10.5	23.0	33.5	11.6	21.4
Wellesley	8,344	12.2	9.3	41.7	13.1	23.6
Wilmot	16,615	7.4	15.8	38.5	13.7	24.6
Woolwich	20,410	6.8	20.5	38.5	9.8	24.4
Region Overall	471,491	7.0	16.7	38.3	18.6	19.3

Table 24f
 Feeling Safe from Crime Walking Alone after Dark:
 In North Dumfries Township

Municipality	n	Percentage of Residents				Never walk there alone after dark
		Very unsafe	Unsafe	Safe	Very safe	
Cambridge	106,552	2.7	10.2	30.8	15.4	40.9
Kitchener	192,060	3.4	6.9	22.1	13.9	53.6
Waterloo	95,553	1.7	4.9	22.0	12.9	58.5
North Dumfries	8,307	1.7	5.3	29.0	52.5	11.4
Wellesley	7,996	1.4	4.0	27.2	29.2	38.2
Wilmot	16,119	3.0	4.9	23.0	29.7	39.3
Woolwich	19,604	2.3	5.4	29.3	18.2	44.9
Region Overall	446,191	2.7	7.1	24.7	15.8	49.7

Table 24g
 Feeling Safe from Crime Walking Alone after Dark:
 In Wellesley Township

Municipality	n	Percentage of Residents				Never walk there alone after dark
		Very unsafe	Unsafe	Safe	Very safe	
Cambridge	105,452	2.0	9.4	29.9	15.2	43.6
Kitchener	192,802	3.1	5.7	23.0	15.6	52.6
Waterloo	96,331	1.6	4.5	20.6	15.8	57.5
North Dumfries	7,879	3.3	4.2	29.9	23.1	39.5
Wellesley	8,491	0.0	0.5	17.2	68.7	13.7
Wilmot	16,161	2.3	4.9	17.6	42.7	32.6
Woolwich	20,152	1.2	4.7	29.6	27.9	36.6
Region Overall	447,268	2.4	6.1	24.2	18.2	49.1

Table 24h
 Feeling Safe from Crime Walking Alone after Dark:
 In Wilmot Township

Municipality	n	Percentage of Residents				Never walk there alone after dark
		Very unsafe	Unsafe	Safe	Very safe	
Cambridge	105,632	2.8	8.0	30.5	15.5	43.1
Kitchener	192,395	3.3	6.4	22.4	15.4	52.5
Waterloo	96,132	1.6	4.0	22.5	14.0	57.9
North Dumfries	7,979	0.0	7.4	26.8	25.3	40.6
Wellesley	8,110	1.0	0.9	23.5	47.8	26.8
Wilmot	17,244	4.1	7.0	29.5	48.6	10.8
Woolwich	19,913	1.8	4.7	28.3	24.7	40.5
Region Overall	447,405	2.7	6.1	25.0	17.6	48.6

Table 24i
 Feeling Safe from Crime Walking Alone after Dark:
 In Woolwich Township

Municipality	n	Percentage of Residents				Never walk there alone after dark
		Very unsafe	Unsafe	Safe	Very safe	
Cambridge	105,102	2.0	8.7	31.7	14.7	42.9
Kitchener	192,218	3.2	5.7	23.1	15.8	52.1
Waterloo	95,920	1.7	4.2	22.9	14.9	56.3
North Dumfries	8,192	1.5	4.7	27.8	26.7	39.3
Wellesley	8,186	1.0	0.9	22.1	44.0	32.0
Wilmot	16,294	4.0	4.7	18.8	35.5	37.0
Woolwich	20,944	1.6	6.5	28.0	57.5	6.4
Region Overall	446,856	2.5	6.0	25.2	18.7	47.6

Experience of Discrimination¹

Table 25a
Experience of Discrimination in Community Due to:
Ethnicity, culture, race, or skin colour

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Never	Sometimes	Often	Mean	Std. Dev.
Cambridge	113,252	73.7	18.9	7.4	1.73	1.42
Kitchener	209,405	72.8	18.7	8.5	1.76	1.51
Waterloo	103,361	73.2	17.9	8.8	1.73	1.49
North Dumfries	8,635	77.6	14.4	8.0	1.72	1.53
Wellesley	8,535	96.3	2.4	1.3	1.08	0.52
Wilmot	17,395	88.1	5.9	6.0	1.38	1.19
Woolwich	21,194	85.5	10.5	4.0	1.37	1.10
Region Overall	481,777	74.4	17.4	7.9	1.70	1.45

Notes: ^a Percentages based on combining responses 1 = *Never*; 2 to 4 = *Sometimes*; and 5 to 7 = *Often/all the time*.

^b Based on the original 7-point scale where higher scores reflect more frequent experience of discrimination.

Table 25b
Experience of Discrimination in Community Due to:
Sexual Orientation

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Never	Sometimes	Often	Mean	Std. Dev.
Cambridge	112,906	82.7	13.1	4.2	1.46	1.15
Kitchener	208,675	80.2	14.0	5.7	1.53	1.26
Waterloo	103,111	81.9	13.6	4.5	1.48	1.22
North Dumfries	8,635	81.5	10.3	8.1	1.54	1.31
Wellesley	8,535	98.6	1.4	0.0	1.01	0.12
Wilmot	17,329	91.2	5.8	3.0	1.28	0.98
Woolwich	21,241	88.0	8.3	3.7	1.34	1.08
Region Overall	480,432	82.3	12.9	4.8	1.48	1.20

Notes: ^a Percentages based on combining responses 1 = *Never*; 2 to 4 = *Sometimes*; and 5 to 7 = *Often/all the time*.

^b Based on the original 7-point scale where higher scores reflect more frequent experience of discrimination.

¹ Experiences of discrimination are reported at the population level and therefore do not represent the frequency that selected groups within the Region experience discrimination specific to certain characteristics. For example, Black residents report significantly higher experiences of discrimination due to their racial identity.

Table 25c
Experience of Discrimination in Community Due to:
Age

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Never	Sometimes	Often	Mean	Std. Dev.
Cambridge	113,081	65.0	28.9	6.1	1.85	1.39
Kitchener	208,414	66.3	26.2	7.5	1.82	1.42
Waterloo	103,036	66.3	26.3	7.4	1.83	1.45
North Dumfries	8,634	69.5	18.4	12.1	1.94	1.67
Wellesley	8,535	84.2	14.1	1.7	1.28	0.84
Wilmot	17,396	79.3	15.0	5.7	1.59	1.38
Woolwich	21,209	72.3	22.2	5.6	1.65	1.35
Region Overall	480,305	67.1	25.9	7.0	1.81	1.41

Notes: ^a Percentages based on combining responses 1 = *Never*; 2 to 4 = *Sometimes*; and 5 to 7 = *Often/all the time*.
^b Based on the original 7-point scale where higher scores reflect more frequent experience of discrimination.

Table 25d
Experience of Discrimination in Community Due to:
Gender

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Never	Sometimes	Often	Mean	Std. Dev.
Cambridge	112,310	66.7	25.3	8.1	1.85	1.44
Kitchener	209,208	63.5	27.0	9.5	1.96	1.56
Waterloo	103,169	68.7	22.6	8.7	1.81	1.48
North Dumfries	8,674	66.6	21.5	11.9	2.02	1.75
Wellesley	8,535	82.0	15.7	2.3	1.35	0.90
Wilmot	17,396	75.3	16.2	8.5	1.73	1.50
Woolwich	21,241	73.0	19.2	7.8	1.76	1.50
Region Overall	480,533	66.6	24.6	8.8	1.88	1.51

Notes: ^a Percentages based on combining responses 1 = *Never*; 2 to 4 = *Sometimes*; and 5 to 7 = *Often/all the time*.
^b Based on the original 7-point scale where higher scores reflect more frequent experience of discrimination.

Table 25e
Experience of Discrimination in Community Due to:
Physical Appearance

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Never	Sometimes	Often	Mean	Std. Dev.
Cambridge	113,015	66.8	23.9	9.3	1.89	1.52
Kitchener	208,177	67.1	21.1	11.8	1.94	1.66
Waterloo	103,231	67.6	24.9	7.5	1.80	1.45
North Dumfries	8,494	69.3	19.8	10.9	1.88	1.55
Wellesley	8,535	90.4	9.6	0.0	1.20	0.68
Wilmot	17,395	76.2	14.1	9.7	1.78	1.57
Woolwich	21,293	73.7	20.4	5.9	1.65	1.39
Region Overall	480,140	68.2	22.1	9.7	1.87	1.56

Notes: ^a Percentages based on combining responses 1 = *Never*; 2 to 4 = *Sometimes*; and 5 to 7 = *Often/all the time*.
^b Based on the original 7-point scale where higher scores reflect more frequent experience of discrimination.

Table 25f
Experience of Discrimination in Community Due to:
Religion

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Never	Sometimes	Often	Mean	Std. Dev.
Cambridge	113,077	78.2	16.8	5.1	1.58	1.31
Kitchener	208,563	76.7	16.9	6.4	1.64	1.39
Waterloo	103,210	78.5	14.8	6.6	1.59	1.34
North Dumfries	8,675	78.7	11.7	9.6	1.69	1.48
Wellesley	8,457	87.5	9.2	3.2	1.33	1.03
Wilmot	17,244	84.5	11.9	3.6	1.44	1.18
Woolwich	21,353	73.2	19.7	7.1	1.71	1.41
Region Overall	480,579	77.8	16.1	6.1	1.60	1.35

Notes: ^a Percentages based on combining responses 1 = *Never*; 2 to 4 = *Sometimes*; and 5 to 7 = *Often/all the time*.
^b Based on the original 7-point scale where higher scores reflect more frequent experience of discrimination.

Table 25g
Experience of Discrimination in Community Due to:
Language

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Never	Sometimes	Often	Mean	Std. Dev.
Cambridge	112,913	83.3	13.1	3.5	1.41	1.10
Kitchener	208,716	83.8	11.5	4.7	1.43	1.17
Waterloo	103,369	85.0	11.2	3.7	1.40	1.12
North Dumfries	8,594	81.2	9.1	9.7	1.66	1.54
Wellesley	8,535	92.7	7.3	0.0	1.11	0.43
Wilmot	17,329	94.1	5.9	0.0	1.10	0.44
Woolwich	21,353	89.9	8.0	2.1	1.25	0.95
Region Overall	480,809	84.7	11.3	4.0	1.40	1.12

Notes: ^a Percentages based on combining responses 1 = *Never*; 2 to 4 = *Sometimes*; and 5 to 7 = *Often/all the time*.
^b Based on the original 7-point scale where higher scores reflect more frequent experience of discrimination.

Table 25h
Experience of Discrimination in Community Due to:
Disability

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Never	Sometimes	Often	Mean	Std. Dev.
Cambridge	111,490	79.5	15.1	5.5	1.55	1.29
Kitchener	207,196	78.2	14.1	7.6	1.66	1.50
Waterloo	101,883	82.8	11.9	5.3	1.48	1.28
North Dumfries	8,506	75.7	14.7	9.6	1.83	1.67
Wellesley	8,498	98.1	1.9	0.0	1.03	0.21
Wilmot	17,015	84.2	11.7	4.1	1.41	1.22
Woolwich	21,046	84.1	10.6	5.3	1.46	1.30
Region Overall	475,632	80.3	13.4	6.3	1.57	1.38

Notes: ^a Percentages based on combining responses 1 = *Never*; 2 to 4 = *Sometimes*; and 5 to 7 = *Often/all the time*.
^b Based on the original 7-point scale where higher scores reflect more frequent experience of discrimination.

Confidence in Institutions

Table 26a
Confidence in the **Police**

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Less confidence	Neutral/ not sure	More confidence	Mean	Std. Dev.
Cambridge	112,560	31.6	14.6	53.8	4.44	1.93
Kitchener	210,448	31.9	14.9	53.2	4.39	1.96
Waterloo	103,271	26.1	15.5	58.3	4.67	1.79
North Dumfries	8,629	28.8	21.0	50.2	4.50	1.74
Wellesley	8,535	7.2	18.8	74.0	5.37	1.33
Wilmot	17,395	18.2	21.3	60.5	4.90	1.76
Woolwich	21,385	23.5	16.8	59.7	4.72	1.80
Region Overall	482,223	29.2	15.5	55.3	4.52	1.90

Notes: ^a Percentages based on combining responses 1 to 3 = *Less confidence*; 4 = *Neutral/unsure*; and 5 to 7 = *More confidence*.

^b Based on the original 7-point scale where higher scores reflect greater confidence.

Table 26b
Confidence in the **Justice System and Courts**

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Less confidence	Neutral/ not sure	More confidence	Mean	Std. Dev.
Cambridge	112,473	40.0	20.6	39.5	3.89	1.84
Kitchener	209,488	34.6	19.4	46.0	4.12	1.83
Waterloo	102,768	25.2	20.8	53.9	4.52	1.67
North Dumfries	8,543	30.6	25.4	44.0	4.19	1.73
Wellesley	8,455	25.3	15.7	59.0	4.52	1.68
Wilmot	17,329	28.3	25.2	46.5	4.26	1.70
Woolwich	21,297	28.8	23.6	47.6	4.35	1.68
Region Overall	480,353	33.1	20.4	46.4	4.18	1.80

Notes: ^a Percentages based on combining responses 1 to 3 = *Less confidence*; 4 = *Neutral/unsure*; and 5 to 7 = *More confidence*.

^b Based on the original 7-point scale where higher scores reflect greater confidence.

Table 26c
Confidence in the **School System**

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Less confidence	Neutral/ not sure	More confidence	Mean	Std. Dev.
Cambridge	111,365	39.7	20.6	39.7	3.96	1.72
Kitchener	208,050	27.4	24.7	47.9	4.29	1.58
Waterloo	102,446	23.6	21.8	54.6	4.49	1.60
North Dumfries	8,482	28.9	19.7	51.4	4.26	1.76
Wellesley	8,496	41.0	11.1	47.9	4.18	1.86
Wilmot	17,363	22.4	22.4	55.2	4.45	1.60
Woolwich	21,179	34.5	18.7	46.9	4.17	1.74
Region Overall	477,381	29.9	22.4	47.7	4.25	1.65

Notes: ^a Percentages based on combining responses 1 to 3 = *Less confidence*; 4 = *Neutral/unsure*; and 5 to 7 = *More confidence*.

^b Based on the original 7-point scale where higher scores reflect greater confidence.

Table 26d
Confidence in the **Health Care System**

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Less confidence	Neutral/ not sure	More confidence	Mean	Std. Dev.
Cambridge	112,819	41.8	19.9	38.3	3.87	1.79
Kitchener	209,834	34.2	20.4	45.5	4.14	1.72
Waterloo	103,322	32.4	20.3	47.3	4.23	1.71
North Dumfries	8,675	42.9	15.6	41.5	3.98	1.72
Wellesley	8,535	29.7	8.3	62.0	4.67	1.80
Wilmot	17,395	28.1	20.2	51.7	4.40	1.66
Woolwich	21,385	31.7	19.2	49.2	4.30	1.70
Region Overall	481,965	35.3	19.9	44.8	4.12	1.74

Notes: ^a Percentages based on combining responses 1 to 3 = *Less confidence*; 4 = *Neutral/unsure*; and 5 to 7 = *More confidence*.

^b Based on the original 7-point scale where higher scores reflect greater confidence.

Table 26e
Confidence in the Local Government

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Less confidence	Neutral/ not sure	More confidence	Mean	Std. Dev.
Cambridge	112,474	49.2	24.1	26.8	3.40	1.70
Kitchener	209,512	36.1	21.4	42.5	4.01	1.68
Waterloo	103,273	28.6	24.8	46.6	4.26	1.60
North Dumfries	8,557	41.2	24.0	34.8	3.79	1.62
Wellesley	8,535	33.8	19.5	46.7	4.06	1.83
Wilmot	17,396	30.3	32.1	37.6	4.11	1.54
Woolwich	21,384	35.5	19.3	45.2	4.09	1.73
Region Overall	481,131	37.4	23.1	39.6	3.93	1.70

Notes: ^a Percentages based on combining responses 1 to 3 = *Less confidence*; 4 = *Neutral/unsure*; and 5 to 7 = *More confidence*.

^b Based on the original 7-point scale where higher scores reflect greater confidence.

Table 26f
Confidence in the Local Merchants and Business People

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Less confidence	Neutral/ not sure	More confidence	Mean	Std. Dev.
Cambridge	112,721	9.4	18.7	72.0	5.13	1.35
Kitchener	209,692	12.2	21.4	66.4	4.98	1.43
Waterloo	103,349	9.0	17.8	73.1	5.18	1.27
North Dumfries	8,676	11.8	15.4	72.8	5.10	1.50
Wellesley	8,535	3.2	10.6	86.2	5.77	1.14
Wilmot	17,395	5.5	13.7	80.7	5.44	1.26
Woolwich	21,386	8.6	20.1	71.3	5.25	1.39
Region Overall	481,754	10.3	19.4	70.4	5.10	1.38

Notes: ^a Percentages based on combining responses 1 to 3 = *Less confidence*; 4 = *Neutral/unsure*; and 5 to 7 = *More confidence*.

^b Based on the original 7-point scale where higher scores reflect greater confidence.

Perceptions of Waterloo Regional Police Service

Table 27a
Perceptions of Waterloo Regional Police Service:

“The police can be relied on to be there when you need them”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	113,156	28.1	19.3	52.6	4.34	1.59
Kitchener	210,410	26.5	18.7	54.8	4.38	1.65
Waterloo	103,590	18.8	19.8	61.4	4.66	1.48
North Dumfries	8,675	20.9	28.9	50.1	4.48	1.42
Wellesley	8,536	9.1	16.9	74.0	5.06	1.24
Wilmot	17,395	18.7	26.2	55.1	4.64	1.55
Woolwich	21,385	20.9	20.2	58.9	4.59	1.53
Region Overall	483,147	24.3	19.6	56.2	4.46	1.59

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 27b
Perceptions of Waterloo Regional Police Service:

“The police provide everyone with the same quality of service”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	112,871	39.1	25.4	35.5	3.83	1.67
Kitchener	210,745	45.2	25.5	29.3	3.61	1.72
Waterloo	103,472	37.4	28.5	34.2	3.94	1.64
North Dumfries	8,675	33.1	33.0	34.0	3.96	1.55
Wellesley	8,535	19.3	35.6	45.1	4.71	1.55
Wilmot	17,394	24.7	32.0	43.3	4.28	1.62
Woolwich	21,384	32.7	29.4	37.9	4.01	1.61
Region Overall	483,076	40.1	26.8	33.0	3.80	1.69

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Healthy Populations

Self-Assessed Health

Table 28
Residents Self-Assessed Physical Health

Municipality	n	Percentage of Residents					Summary ^a	
		Poor	Fair	Good	Very good	Excellent	Mean	Std. Dev.
Cambridge	113,235	5.6	16.8	40.5	29.5	7.7	3.17	0.98
Kitchener	211,189	6.6	19.2	34.6	31.3	8.3	3.15	1.04
Waterloo	103,561	3.0	14.0	34.3	37.3	11.5	3.40	0.96
North Dumfries	8,674	2.3	13.4	32.6	36.6	15.2	3.49	0.98
Wellesley	8,535	0.0	6.9	31.3	41.7	20.1	3.75	0.85
Wilmot	17,338	2.9	12.9	36.2	40.4	7.6	3.37	0.90
Woolwich	21,385	5.2	11.6	35.6	39.2	8.4	3.34	0.97
Region Overall	483,917	5.2	16.6	35.9	33.1	9.2	3.24	1.01

Note: ^a Based on a 5-point scale where higher scores reflect higher perceived levels of physical health.

Table 29
Residents Self-Assessed **Mental Health**

Municipality	n	Percentage of Residents					Summary ^a	
		Poor	Fair	Good	Very good	Excellent	Mean	Std. Dev.
Cambridge	113,351	7.9	21.1	33.9	27.9	9.1	3.09	1.08
Kitchener	211,086	9.0	20.3	33.5	28.5	8.8	3.08	1.09
Waterloo	103,562	7.4	19.5	30.7	31.3	11.0	3.19	1.10
North Dumfries	8,675	6.0	14.4	33.1	30.2	16.2	3.36	1.10
Wellesley	8,534	0.9	14.3	31.8	38.1	14.9	3.52	0.94
Wilmot	17,394	6.2	15.1	40.0	30.8	7.9	3.19	0.99
Woolwich	21,385	6.4	13.1	37.7	34.0	8.7	3.26	1.01
Region Overall	483,987	8.0	19.6	33.4	29.5	9.5	3.13	1.08

Note: ^a Based on a 5-point scale where higher scores reflect higher perceived levels of mental health.

Perceptions of the Quality and Accessibility of Health Care Services

Perceived Quality

Table 30
Residents' Perceptions of the **Quality** of Health Care Services in the Community

Municipality	n	Percentage of Residents					Summary ^a	
		Poor	Fair	Good	Very good	Excellent	Mean	Std. Dev.
Cambridge	113,388	16.1	31.8	34.0	15.7	2.4	2.57	1.01
Kitchener	210,356	11.9	27.4	40.2	17.5	3.1	2.73	0.99
Waterloo	103,222	11.9	25.2	35.2	24.4	3.3	2.82	1.04
North Dumfries	8,675	9.8	25.3	37.5	20.8	6.7	2.89	1.05
Wellesley	8,536	7.3	24.3	29.0	37.5	1.8	3.02	0.99
Wilmot	17,361	4.2	32.5	31.9	26.1	5.2	2.96	0.98
Woolwich	21,346	8.6	23.9	42.5	22.9	2.1	2.86	0.94
Region Overall	482,884	12.3	27.9	37.2	19.5	3.1	2.73	1.01

Note: ^a Based on a 5-point scale where higher scores reflect higher perceived quality.

Perceived Accessibility

Table 31
Residents' Perceptions of the **Accessibility** of Health Care Services in the Community

Municipality	n	Percentage of Residents					Summary ^a	
		Poor	Fair	Good	Very good	Excellent	Mean	Std. Dev.
Cambridge	113,013	23.2	35.3	25.5	13.0	2.9	2.37	1.06
Kitchener	210,122	19.1	33.3	32.5	12.7	2.4	2.46	1.01
Waterloo	103,215	19.1	32.1	29.0	15.7	4.1	2.54	1.09
North Dumfries	8,675	16.7	35.5	29.9	13.4	4.4	2.53	1.06
Wellesley	8,534	13.7	24.4	32.8	28.3	0.9	2.78	1.03
Wilmot	17,395	14.4	38.1	29.7	14.3	3.4	2.54	1.01
Woolwich	21,143	15.6	30.7	36.1	15.6	2.0	2.58	0.99
Region Overall	482,097	19.6	33.4	30.2	13.9	2.9	2.47	1.05

Note: ^a Based on a 5-point scale where higher scores reflect higher perceived accessibility.

Negative Impacts due to Mental Health and Substance Use Issues

Table 32
Residents Who Experienced Negative Impacts in the Past 12 Months Due to Mental Health Issues

Experienced Negative Impacts from Mental Health Issue	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Own mental health issues	42.6	41.7	45.2	41.6	32.4	44.1	31.4	38.5
Family member's mental health issues	43.7	45.8	45.1	41.4	40.2	32.6	32.6	45.2
Someone else's mental health issues (e.g., friend)	43.1	44.4	44.3	41.2	38.8	39.9	37.8	39.9

Table 33a
Perceptions of Availability of Mental Health Services for Residents Who Experienced Negative Impacts Due to Mental Health Issues

"I feel local mental health resources are adequate"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	73,626	59.7	29.4	10.9	2.22	1.01
Kitchener	140,814	52.9	32.0	15.1	2.42	1.03
Waterloo	67,251	50.2	34.2	15.6	2.48	1.00
North Dumfries	5,057	44.3	42.4	13.3	2.45	0.99
Wellesley	5,318	40.3	49.4	10.3	2.57	0.86
Wilmot	10,240	54.2	31.9	13.9	2.45	1.11
Woolwich	13,383	44.4	38.9	16.8	2.57	1.02
Region Overall	315,689	53.2	32.6	14.2	2.40	1.02

Notes: ^a Percentages based on combining responses 1 and 2 = *Disagree*; 3 = *Neutral/unsure*; and 4 and 5 = *Agree*.

^b Based on the original 5-point scale where higher scores reflect greater agreement.

Table 33b
 Perceptions of Availability of Mental Health Services for Residents Who Experienced Negative Impacts Due to Mental Health Issues

“I know where to find mental health resources in the community”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	73,548	42.3	23.6	34.0	2.80	1.14
Kitchener	140,541	27.1	28.2	44.7	3.16	1.08
Waterloo	67,251	26.8	34.3	38.9	3.09	1.01
North Dumfries	5,059	27.5	32.9	39.6	3.07	1.01
Wellesley	5,317	18.3	31.2	50.5	3.31	0.89
Wilmot	10,239	19.5	39.8	40.7	3.22	0.94
Woolwich	13,382	25.6	26.9	47.5	3.20	1.07
Region Overall	315,337	30.1	28.9	41.0	3.07	1.08

Notes: ^a Percentages based on combining responses 1 and 2 = *Disagree*; 3 = *Neutral/unsure*; and 4 and 5 = *Agree*.

^b Based on the original 5-point scale where higher scores reflect greater agreement.

Table 33c
 Perceptions of Availability of Mental Health Services for Residents Who Experienced Negative Impacts Due to Mental Health Issues

“For me, cost is a barrier to accessing mental health resources”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	73,567	25.5	26.7	47.7	3.34	1.27
Kitchener	140,887	31.9	23.1	45.0	3.23	1.28
Waterloo	67,191	34.0	24.2	41.8	3.13	1.24
North Dumfries	5,058	25.5	24.6	49.9	3.35	1.26
Wellesley	5,318	39.0	29.2	31.8	2.78	1.29
Wilmot	10,238	30.4	43.9	25.7	3.00	1.22
Woolwich	13,384	42.0	24.6	33.3	2.96	1.27
Region Overall	315,643	31.3	25.1	43.7	3.21	1.27

Notes: ^a Percentages based on combining responses 1 and 2 = *Disagree*; 3 = *Neutral/unsure*; and 4 and 5 = *Agree*.

^b Based on the original 5-point scale where higher scores reflect greater agreement.

Table 34
Residents Who Experienced Negative Impacts in the Past 12 Months Due to Substance Use Behaviours

Experienced Negative Impacts from Substance Use	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Own substance use	8.1	8.3	9.4	6.3	9.2	1.4	6.1	7.3
Family member's substance use	12.9	14.9	12.9	10.7	15.9	9.1	15.5	11.1
Someone else's substance use (e.g., friend)	17.7	21.9	18.9	13.1	16.8	13.9	13.7	11.0

Table 35
Types of Substances Identified by Residents who Experienced Negative Impacts from Substance Use Behaviours

Type of Substance	Pct. in Region	Percentage in Municipality ^a						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Alcohol	63.7	65.6	60.3	69.1	59.2	63.6	76.6	56.5
Cannabis	41.4	34.5	43.4	43.9	54.5	67.0	41.2	40.0
Opioids	38.6	47.1	40.6	27.8	33.0	13.9	29.1	22.1
Tobacco	27.4	28.8	28.0	25.7	35.0	19.4	31.7	13.5
Stimulants	24.8	30.4	27.0	18.2	22.2	0.0	11.9	8.3
Sedatives, including benzodiazepines	13.8	13.2	16.2	9.9	14.8	3.1	19.2	7.5
Other substance ^b	6.5	4.9	7.6	5.3	26.5	5.7	1.5	6.9
Not sure what substance was	12.7	10.1	13.5	12.9	23.0	5.3	21.6	11.0

Notes: ^a Table includes only those residents who reported having experienced a negative impact from substance use.

In many instances, respondents identified more than one substance as contributing to experience of negative impacts.

^b Other substances reported included cocaine, fentanyl, marijuana, and methamphetamines, but these were reported by very few respondents.

Health-Related Behaviours

Table 36
Residents' Health Behaviours in Past Week:
Good quality exercise

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	113,094	31.7	9.1	59.2	4.50	1.66
Kitchener	210,379	33.0	9.7	57.3	4.42	1.69
Waterloo	103,128	21.6	8.4	70.0	4.92	1.60
North Dumfries	8,441	23.4	13.5	63.1	4.65	1.59
Wellesley	8,535	16.6	3.4	80.1	5.42	1.56
Wilmot	16,993	33.0	5.3	61.7	4.66	1.65
Woolwich	21,384	25.5	4.3	70.1	4.87	1.51
Region Overall	481,954	29.4	8.9	61.7	4.60	1.67

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 37
Residents' Health Behaviours in Past Week:
Regularly ate healthy meals

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	112,720	18.3	8.0	73.8	4.92	1.46
Kitchener	210,928	21.6	8.1	70.3	4.87	1.54
Waterloo	103,249	13.5	5.1	81.4	5.25	1.38
North Dumfries	8,441	14.5	9.6	75.9	5.04	1.36
Wellesley	8,536	6.0	6.8	87.2	5.58	1.15
Wilmot	17,333	13.8	7.5	78.7	5.19	1.32
Woolwich	21,386	12.1	7.3	80.6	5.25	1.32
Region Overall	482,593	18.0	7.3	74.7	5.01	1.48

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Democratic Engagement

Participation in Democratic Activities

Table 38
Residents Participating in Democratic Activities During the Past 12 Months

Democratic Activity	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Participated in local event for my community ^b	49.7	45.8	50.5	50.6	50.3	70.5	51.1	49.2
Wrote to or spoke with municipal official about local issue	32.2	35.1	30.0	32.6	31.6	26.5	39.4	32.2
Participated in local event for charitable organization ^a	30.8	28.2	29.6	33.2	39.0	35.1	31.3	39.2
Joined Facebook page on a local issue	26.3	32.6	23.2	23.8	33.3	34.4	33.8	22.6
Attended a neighbourhood meeting	16.9	14.5	17.0	18.3	25.5	8.8	28.4	13.2
Participated in a public demonstration or protest	14.7	11.4	18.1	13.0	16.2	5.9	15.2	8.5
Attended a local planning meeting or open house	14.6	12.1	15.8	14.0	17.2	14.5	18.1	14.4
Attended a municipal/regional council meeting	13.0	14.0	12.5	9.7	20.6	9.1	25.2	17.3
Wrote letter to editor of newspaper about local issue	6.3	6.9	6.1	6.9	12.8	0.9	3.8	3.8

Notes: ^a For example: Terry Fox Run, Jeans and Scrubs.

^b For example: Cambridge Riverfest, Elmira Maple Syrup Festival, Oktoberfest.

Table 39
Residents who Feel Programmes and Services of Local Government Have Made Them Better Off^a

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Worse off	Not made any difference	Better off	Mean	Std. Dev.
Cambridge	94,947	10.8	57.3	31.9	4.36	1.30
Kitchener	170,725	8.3	46.3	45.4	4.66	1.29
Waterloo	80,724	6.5	43.9	49.6	4.84	1.35
North Dumfries	7,462	12.7	49.7	37.6	4.51	1.44
Wellesley	7,008	14.0	53.5	32.5	4.18	1.31
Wilmot	13,119	4.8	50.6	44.6	4.83	1.23
Woolwich	17,353	5.1	49.2	45.8	4.75	1.19
Region Overall	391,338	8.5	49.0	42.6	4.63	1.31

Notes: ^a Percentages based on combining responses 1 to 3 = *Worse off*; 4 = *Have not made any difference*; and 5 to 7 = *Better off*.
^b Based on the original 7-point scale where higher scores reflect greater feelings that they are better off.

Feelings of Influence on Government (Political Efficacy)

Table 40a
Residents' Perceptions of Their Influence on Government:
"I consider myself to be well-qualified to participate in politics"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	113,692	26.8	19.8	53.4	4.45	1.47
Kitchener	209,940	28.8	17.8	53.4	4.38	1.48
Waterloo	102,925	23.3	20.2	56.5	4.48	1.43
North Dumfries	8,577	36.6	14.1	49.3	4.16	1.74
Wellesley	8,536	36.5	16.6	46.9	4.02	1.57
Wilmot	17,309	24.0	19.5	56.5	4.62	1.41
Woolwich	21,384	28.3	22.0	49.8	4.31	1.42
Region Overall	482,363	27.2	18.9	53.8	4.41	1.47

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 40b
Residents' Perceptions of Their Influence on Government:

"I feel I have a pretty good understanding of the important issues facing our region"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	113,751	15.4	15.2	69.4	4.83	1.29
Kitchener	209,950	16.6	14.1	69.4	4.78	1.32
Waterloo	103,044	16.2	16.2	67.6	4.75	1.22
North Dumfries	8,576	21.0	11.9	67.1	4.67	1.43
Wellesley	8,535	26.6	9.0	64.4	4.46	1.63
Wilmot	17,309	13.2	21.2	65.7	4.84	1.20
Woolwich	21,384	17.1	15.7	67.2	4.70	1.28
Region Overall	482,549	16.4	15.0	68.6	4.78	1.30

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 40c
Residents' Perceptions of Their Influence on Government:
"People like me do not have any say about what government does"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	113,673	42.9	16.8	40.3	4.02	1.63
Kitchener	210,416	50.8	16.3	32.8	3.78	1.62
Waterloo	102,990	53.5	14.7	31.8	3.69	1.60
North Dumfries	8,531	41.2	23.0	35.8	3.92	1.60
Wellesley	8,534	48.7	11.6	39.7	4.02	1.66
Wilmot	17,309	50.4	17.1	32.5	3.75	1.50
Woolwich	21,282	46.5	20.7	32.8	3.80	1.52
Region Overall	482,735	49.1	16.4	34.5	3.82	1.62

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 40d
Residents' Perceptions of Their Influence on Government:
"I feel I could do as good a job in public office as most people"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	113,087	28.1	24.6	47.2	4.36	1.51
Kitchener	210,043	31.5	25.6	42.9	4.19	1.47
Waterloo	102,754	31.3	24.3	44.4	4.22	1.46
North Dumfries	8,336	36.0	22.3	41.7	3.98	1.79
Wellesley	8,535	29.8	38.1	32.0	4.08	1.45
Wilmot	17,247	28.6	30.6	40.8	4.23	1.31
Woolwich	21,282	32.0	24.3	43.8	4.15	1.37
Region Overall	481,284	30.6	25.4	44.0	4.23	1.48

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 40e
Residents' Perceptions of Their Influence on Government:
"I do not think public officials care much what people like me think"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	113,635	31.1	17.8	51.1	4.49	1.55
Kitchener	209,951	42.6	19.9	37.5	4.05	1.58
Waterloo	102,992	44.4	21.5	34.1	3.91	1.56
North Dumfries	8,577	43.0	16.8	40.2	4.02	1.61
Wellesley	8,534	37.9	8.6	53.5	4.26	1.66
Wilmot	17,310	46.9	25.1	27.9	3.82	1.36
Woolwich	21,384	45.0	17.4	37.6	3.99	1.53
Region Overall	482,383	40.5	19.6	40.0	4.12	1.58

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 40f
Residents' Perceptions of Their Influence on Government:
"I think I am as well-informed about politics and government as most people"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	113,342	15.2	18.7	66.1	4.88	1.36
Kitchener	209,778	18.5	17.4	64.1	4.70	1.41
Waterloo	102,993	17.2	18.0	64.8	4.77	1.31
North Dumfries	8,524	20.9	22.2	56.9	4.55	1.40
Wellesley	8,534	18.3	12.5	69.2	4.78	1.33
Wilmot	17,309	15.3	15.3	69.4	4.79	1.25
Woolwich	21,385	18.9	18.4	62.7	4.61	1.40
Region Overall	481,865	17.4	17.8	64.8	4.76	1.37

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 40 – Summary
 Residents' Perceptions of Their Influence on Government (*Political Efficacy*):
Summary Statistics^a

Influence on Government	Region Overall	Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Political efficacy	4.37 (0.88)	4.33 (0.86)	4.37 (0.91)	4.44 (0.83)	4.24 (0.93)	4.18 (1.00)	4.48 (0.78)	4.33 (0.86)

Notes: ^a Mean political efficacy with standard deviation below in parentheses.
 Based on the original 7-point scale where higher scores reflect greater feelings of influence on government

Environment

Perceptions of Environment

Table 41a
Residents' Perceptions of the Environment in Waterloo Region:
"The quality of the natural environment in my neighbourhood is very high"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	113,531	19.6	12.4	68.0	4.68	1.40
Kitchener	210,156	20.4	11.6	68.0	4.73	1.38
Waterloo	103,363	11.4	9.0	79.6	5.11	1.17
North Dumfries	8,674	17.1	5.5	77.4	5.03	1.39
Wellesley	8,535	8.0	2.2	89.9	5.64	1.11
Wilmot	17,362	9.4	6.9	83.7	5.19	1.16
Woolwich	21,384	14.8	9.1	76.2	4.99	1.39
Region Overall	483,005	17.4	10.7	72.0	4.85	1.35

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 41b
 Residents' Perceptions of the Environment in Waterloo Region:
 "The quality of the natural environment in my town/city is very high"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	113,262	22.2	16.8	61.1	4.53	1.32
Kitchener	209,632	19.4	17.3	63.3	4.57	1.25
Waterloo	103,365	12.9	13.5	73.6	4.90	1.13
North Dumfries	8,675	13.3	8.8	77.9	5.07	1.32
Wellesley	8,535	7.5	7.3	85.1	5.45	1.13
Wilmot	17,264	7.9	11.5	80.6	5.10	1.11
Woolwich	21,385	12.4	11.2	76.4	4.97	1.26
Region Overall	482,118	17.6	15.6	66.8	4.69	1.25

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 41c
 Residents' Perceptions of the Environment in Waterloo Region:

"There are plenty of opportunities to enjoy nature in my neighbourhood"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	113,270	17.9	7.4	74.7	4.93	1.41
Kitchener	210,494	16.2	9.2	74.7	4.95	1.37
Waterloo	103,435	11.9	6.8	81.4	5.20	1.26
North Dumfries	8,675	15.0	7.3	77.7	5.13	1.43
Wellesley	8,534	14.0	5.2	80.8	5.46	1.36
Wilmot	17,330	6.0	5.8	88.1	5.34	1.15
Woolwich	21,386	10.6	3.2	86.2	5.30	1.27
Region Overall	483,124	15.0	7.8	77.3	5.04	1.35

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 41d
Residents' Perceptions of the Environment in Waterloo Region:
"There are plenty of opportunities to enjoy nature in my town/city"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	113,423	12.4	9.3	78.3	5.07	1.27
Kitchener	210,365	10.9	8.7	80.4	5.09	1.25
Waterloo	102,927	8.2	7.5	84.3	5.29	1.12
North Dumfries	8,675	10.5	6.4	83.1	5.24	1.40
Wellesley	8,535	12.2	7.1	80.8	5.43	1.33
Wilmot	17,268	8.3	6.6	85.0	5.30	1.20
Woolwich	21,385	6.2	7.2	86.6	5.35	1.13
Region Overall	482,578	10.4	8.4	81.2	5.16	1.23

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 41e
Residents' Perceptions of the Environment in Waterloo Region:
"Traffic congestion in our community is a problem"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	113,157	17.2	8.7	74.1	5.20	1.52
Kitchener	209,496	25.1	15.0	59.8	4.72	1.51
Waterloo	103,264	31.4	14.3	54.2	4.46	1.52
North Dumfries	8,531	29.4	11.0	59.6	4.46	1.51
Wellesley	8,535	72.3	11.6	16.1	2.93	1.62
Wilmot	17,395	60.6	9.1	30.3	3.34	1.52
Woolwich	21,322	29.4	11.2	59.4	4.65	1.55
Region Overall	481,700	27.0	12.9	60.1	4.69	1.58

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 41f
Residents' Perceptions of the Environment in Waterloo Region:

"The air quality in our community is very good"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	112,640	19.8	27.8	52.4	4.43	1.26
Kitchener	210,038	22.6	26.6	50.8	4.38	1.26
Waterloo	102,863	15.1	24.7	60.3	4.71	1.25
North Dumfries	8,624	13.1	15.1	71.8	4.93	1.38
Wellesley	8,535	6.9	9.2	83.9	5.54	1.28
Wilmot	17,395	9.9	19.0	71.1	4.92	1.27
Woolwich	21,284	18.2	18.0	63.8	4.77	1.40
Region Overall	481,379	19.2	25.3	55.5	4.53	1.28

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 41g
Residents' Perceptions of the Environment in Waterloo Region:

"The water quality in our community is very good"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	113,106	32.4	19.5	48.1	4.18	1.53
Kitchener	208,992	19.7	20.7	59.6	4.58	1.40
Waterloo	103,337	20.0	16.6	63.5	4.71	1.42
North Dumfries	8,675	8.5	16.5	75.0	5.09	1.26
Wellesley	8,535	8.6	10.1	81.3	5.39	1.29
Wilmot	17,395	8.0	12.9	79.1	5.08	1.18
Woolwich	21,385	19.9	14.5	65.6	4.65	1.48
Region Overall	481,425	21.9	18.7	59.3	4.56	1.45

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 41h
Residents' Perceptions of the Environment in Waterloo Region:

"I feel I have a personal responsibility to help protect the natural environment"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	113,152	5.1	7.6	87.3	5.58	1.18
Kitchener	210,306	4.9	9.3	85.8	5.55	1.18
Waterloo	103,103	2.2	8.2	89.6	5.74	1.08
North Dumfries	8,579	5.1	8.6	86.3	5.58	1.21
Wellesley	8,535	7.3	6.5	86.2	5.55	1.35
Wilmot	17,395	2.1	7.8	90.0	5.56	1.10
Woolwich	21,352	6.3	8.6	85.1	5.49	1.24
Region Overall	482,422	4.4	8.5	87.1	5.60	1.16

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 41i
Residents' Perceptions of the Environment in Waterloo Region:

"I regularly participate in events organized by local groups to protect the natural environment (e.g., protests, fund raising)"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	113,201	54.2	22.7	23.1	3.44	1.51
Kitchener	209,837	55.0	21.8	23.2	3.41	1.55
Waterloo	102,749	52.4	23.1	24.5	3.51	1.52
North Dumfries	8,629	48.3	22.3	29.3	3.59	1.56
Wellesley	8,535	69.0	16.5	14.4	2.99	1.35
Wilmot	17,116	54.6	24.5	21.0	3.53	1.51
Woolwich	21,319	54.4	26.5	19.1	3.46	1.39
Region Overall	481,386	54.3	22.5	23.2	3.44	1.53

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Participation in Resource Conservation and Sustainable Activities

Table 42a

Residents Participation in Resource Conservation and Sustainable Activities in Past 12 Months

“Reuse materials (e.g., plastic bottles, plastic bags, tins cans, etc.)”

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	113,388	1.8	13.2	21.2	22.5	41.3
Kitchener	211,461	3.2	14.3	20.3	22.3	40.0
Waterloo	103,438	1.4	10.0	20.0	25.9	42.8
North Dumfries	8,676	4.3	15.1	17.8	15.3	47.5
Wellesley	8,535	8.2	17.0	14.9	25.3	34.7
Wilmot	17,395	0.9	13.3	24.3	27.1	34.4
Woolwich	21,386	2.1	10.3	22.2	22.2	43.2
Region Overall	484,279	2.5	13.0	20.5	23.2	40.9

Table 42b

Residents Participation in Resource Conservation and Sustainable Activities in Past 12 Months

“Recycle materials (e.g., plastics, tin cans, cardboard, etc.)”

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	113,500	1.9	3.2	11.1	14.7	69.0
Kitchener	210,901	1.7	5.5	10.9	15.6	66.4
Waterloo	103,487	1.3	5.4	8.0	16.1	69.3
North Dumfries	8,675	3.0	4.1	10.5	7.2	75.3
Wellesley	8,535	4.1	1.4	5.0	17.6	71.9
Wilmot	17,394	0.2	4.9	12.3	15.3	67.4
Woolwich	21,385	0.7	2.0	9.6	10.0	77.7
Region Overall	483,877	1.6	4.7	10.2	15.1	68.4

Table D2c
Residents Participation in Resource Conservation and Sustainable Activities in Past 12 Months

“Try to reduce household waste”

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	112,506	1.5	8.7	18.3	23.6	47.9
Kitchener	208,955	2.5	11.5	21.1	21.5	43.4
Waterloo	103,240	1.2	9.6	18.2	22.9	48.0
North Dumfries	8,622	2.5	7.2	16.9	23.3	50.1
Wellesley	8,536	8.2	12.1	19.3	19.2	41.2
Wilmot	17,083	2.2	9.7	13.5	21.6	53.1
Woolwich	20,917	1.8	13.9	16.9	21.0	46.4
Region Overall	479,859	2.1	10.4	19.2	22.3	46.0

Table 42d
Residents Participation in Resource Conservation and Sustainable Activities in Past 12 Months

“Separate waste (e.g., sort biodegradable and non-biodegradable waste and dispose of it in special containers)”

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	112,677	10.3	8.5	13.6	13.7	54.0
Kitchener	210,274	9.6	10.9	12.5	15.1	52.0
Waterloo	103,147	5.3	9.7	9.9	16.9	58.2
North Dumfries	8,608	4.1	7.0	16.3	14.1	58.4
Wellesley	8,535	9.1	9.2	5.5	13.8	62.3
Wilmot	17,396	3.3	9.5	9.2	17.8	60.2
Woolwich	21,354	5.3	5.0	13.3	13.3	63.2
Region Overall	481,991	8.3	9.7	12.1	15.1	54.9

Table 42e

Residents Participation in Resource Conservation and Sustainable Activities in Past 12 Months

“Conserve energy (e.g., buy energy efficient bulbs and appliances, turn off lights, etc.)”

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	113,319	0.7	8.0	17.1	25.8	48.4
Kitchener	209,853	2.6	9.0	17.9	25.4	45.1
Waterloo	103,345	0.8	6.7	19.0	25.5	48.0
North Dumfries	8,634	4.6	3.7	15.3	21.6	54.8
Wellesley	8,535	4.1	13.8	9.6	23.3	49.2
Wilmot	17,394	0.8	4.9	17.1	24.0	53.2
Woolwich	21,385	2.5	6.1	15.1	28.0	48.2
Region Overall	482,465	1.8	8.0	17.6	25.5	47.2

Table 42f

Residents Participation in Resource Conservation and Sustainable Activities in Past 12 Months

“Conserve water (e.g., not leaving the water tap running, take shorter showers, etc.)”

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	113,166	1.6	10.0	21.2	25.9	41.2
Kitchener	210,037	2.9	12.5	21.9	24.1	38.6
Waterloo	103,387	1.7	11.0	19.4	27.3	40.7
North Dumfries	8,675	3.0	5.5	19.5	30.5	41.5
Wellesley	8,535	8.2	11.1	13.8	28.8	38.2
Wilmot	17,394	1.6	10.9	12.4	32.5	42.6
Woolwich	21,231	3.1	10.4	22.2	28.4	35.9
Region Overall	482,425	2.4	11.3	20.7	25.9	39.7

Table 42g
Residents Participation in Resource Conservation and Sustainable Activities in Past 12 Months
“Walk or bike more often (rather than use a car)”

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	112,530	21.9	31.9	15.5	15.0	15.7
Kitchener	209,258	20.0	30.7	15.6	13.9	19.7
Waterloo	103,180	13.4	29.3	18.9	17.1	21.4
North Dumfries	8,675	19.4	27.6	22.4	14.7	15.9
Wellesley	8,536	31.4	30.7	18.1	13.3	6.4
Wilmot	16,964	17.2	38.0	20.9	12.4	11.6
Woolwich	20,958	21.8	34.0	14.3	18.0	11.9
Region Overall	480,101	19.2	31.0	16.6	15.0	18.2

Table 42h
Residents Participation in Resource Conservation and Sustainable Activities in Past 12 Months
“Take public transit rather than use a car”

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	112,511	68.6	10.8	7.2	5.9	7.4
Kitchener	210,005	54.1	19.6	7.4	5.9	12.9
Waterloo	103,343	48.5	23.3	8.8	6.4	13.0
North Dumfries	8,629	72.0	13.0	9.6	1.7	3.8
Wellesley	8,499	92.3	3.1	3.7	0.9	0.0
Wilmot	17,309	75.6	10.7	3.9	7.5	2.2
Woolwich	21,153	77.2	13.9	4.1	3.3	1.5
Region Overall	481,449	59.1	17.4	7.4	5.8	10.4

Table 42i
Residents Participation in Resource Conservation and Sustainable Activities in Past 12 Months
“Carpool or use car share”

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	112,251	51.6	25.0	9.9	9.0	4.5
Kitchener	208,730	51.7	22.7	12.7	7.3	5.5
Waterloo	102,227	46.5	25.9	12.0	9.4	6.2
North Dumfries	8,630	48.0	22.5	12.4	8.9	8.2
Wellesley	8,460	42.7	24.0	14.7	11.7	6.9
Wilmot	17,300	46.0	29.5	13.7	8.4	2.5
Woolwich	21,313	48.8	25.7	12.0	9.1	4.4
Region Overall	478,911	50.0	24.3	12.0	8.4	5.3

Table 42j
Residents Participation in Resource Conservation and Sustainable Activities in Past 12 Months
“Purchase foods produced locally”

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	113,093	4.5	31.3	24.3	24.2	15.6
Kitchener	210,093	5.0	29.4	26.7	25.1	13.8
Waterloo	103,311	3.1	26.8	23.3	30.0	17.0
North Dumfries	8,619	5.3	20.5	22.0	33.8	18.4
Wellesley	8,184	4.3	27.5	17.6	33.4	17.3
Wilmot	17,363	3.2	21.9	25.3	34.0	15.6
Woolwich	21,385	1.8	17.3	22.9	38.2	19.9
Region Overall	482,048	4.2	28.3	24.9	27.2	15.4

Table 43
Main Type of Transportation Used to Get Around Community

Main Type of Transportation Used	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Personal car	72.5	80.2	68.7	66.1	77.8	79.9	81.0	86.7
Walk	10.7	7.9	12.4	11.3	5.3	17.0	9.9	7.9
Public transit	5.7	3.9	6.4	8.8	2.3	0.0	1.6	0.5
Bicycle	4.6	3.1	4.6	7.3	0.5	1.0	5.4	2.6
Another type ^a	6.4	4.9	7.9	6.5	14.2	2.2	2.0	2.4
Total	480,068	112,927	208,026	103,403	8,676	8,536	17,115	21,385

Note: ^a Among the few respondents who reported another type of transportation, the most frequently cited types were getting rides from friends or other family members, taxi/cab, and community support and/or service vehicles (e.g., Mobility Plus).

Getting Around the Community

Table 44a

Effect of Perceived Accessibility for Getting Around the Community on Residents' Ability to Engage in Preferred Activities:

"It is easy to do my daily activities"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	112,024	16.5	10.0	73.5	4.82	1.29
Kitchener	209,830	15.1	9.4	75.5	4.93	1.35
Waterloo	102,985	8.9	6.9	84.2	5.25	1.18
North Dumfries	8,577	16.6	8.9	74.5	4.93	1.50
Wellesley	8,535	6.5	1.0	92.5	5.64	1.07
Wilmot	17,289	8.8	8.5	82.7	5.23	1.22
Woolwich	21,353	9.0	5.5	85.4	5.20	1.17
Region Overall	480,593	13.5	8.6	77.9	5.01	1.30

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 44b

Effect of Perceived Accessibility for Getting Around the Community on Residents' Ability to Engage in Preferred Activities:

"I am able to live my life as I want to"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	112,036	23.4	9.6	67.0	4.64	1.48
Kitchener	209,497	20.4	9.6	70.0	4.79	1.52
Waterloo	103,088	13.7	8.1	78.2	5.11	1.36
North Dumfries	8,577	13.6	8.9	77.5	5.10	1.39
Wellesley	8,535	5.4	0.9	93.6	5.62	1.12
Wilmot	17,290	10.5	7.8	81.7	5.11	1.35
Woolwich	21,351	11.2	6.2	82.6	5.19	1.21
Region Overall	480,374	18.5	8.9	72.6	4.87	1.46

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 44c
Effect of Perceived Accessibility for Getting Around the Community on Residents' Ability to Engage in Preferred Activities:

"I am able to do all activities I prefer"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	111,996	28.1	11.5	60.3	4.49	1.50
Kitchener	209,999	22.7	12.4	64.9	4.67	1.49
Waterloo	102,919	16.4	9.9	73.7	5.03	1.38
North Dumfries	8,576	25.1	9.9	65.0	4.63	1.53
Wellesley	8,535	15.7	3.5	80.8	5.29	1.39
Wilmot	17,186	15.2	5.5	79.4	5.06	1.33
Woolwich	21,353	14.4	7.7	77.8	5.01	1.32
Region Overall	480,564	21.9	11.0	67.1	4.74	1.47

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 44d
Effect of Perceived Accessibility for Getting Around the Community on Residents' Ability to Engage in Preferred Activities:

"Access to my preferred activities is satisfying"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	112,093	17.9	17.4	64.7	4.69	1.37
Kitchener	209,059	16.2	14.3	69.5	4.83	1.40
Waterloo	103,098	10.4	14.4	75.1	5.10	1.29
North Dumfries	8,577	21.3	11.9	66.8	4.63	1.60
Wellesley	8,535	13.3	8.7	77.9	5.32	1.35
Wilmot	17,233	11.4	13.1	75.6	5.11	1.28
Woolwich	21,250	9.2	12.0	78.8	5.12	1.22
Region Overall	479,845	14.9	14.7	70.3	4.89	1.38

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 44 – Summary
 Perceived Accessibility for Getting Around the Community:
 Summary Statistics^a

Overall Perceived Accessibility	Region Overall	Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Perceived accessibility	4.88 (1.26)	4.66 (1.23)	4.81 (1.31)	5.12 (1.17)	4.82 (1.24)	5.47 (1.12)	5.13 (1.13)	5.13 (1.11)

Notes: ^a Mean perceived accessibility with standard deviation below in parentheses.
 Based on the original 7-point scale where higher scores reflect greater perceived accessibility.

Climate Change Anxiety

Table 45a
Residents' Anxiety about Climate Change:
"I am very worried about climate change"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	113,155	13.7	10.5	75.8	5.23	1.58
Kitchener	210,295	10.8	9.1	80.1	5.45	1.51
Waterloo	103,600	8.9	9.0	82.1	5.55	1.45
North Dumfries	8,578	13.7	11.4	74.9	5.19	1.67
Wellesley	8,535	26.6	11.0	62.4	4.60	1.82
Wilmot	17,395	9.2	13.7	77.0	5.28	1.49
Woolwich	21,385	13.8	11.6	74.6	5.20	1.59
Region Overall	482,943	11.5	9.7	78.8	5.39	1.54

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 45b
Residents' Anxiety about Climate Change:
"People have failed to care for the planet"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	113,077	8.7	9.0	82.3	5.54	1.46
Kitchener	209,964	7.2	6.3	86.5	5.69	1.37
Waterloo	103,652	6.9	8.8	84.3	5.66	1.35
North Dumfries	8,576	10.9	9.3	79.8	5.45	1.53
Wellesley	8,536	17.3	9.1	73.5	5.11	1.82
Wilmot	17,393	8.1	9.4	82.6	5.38	1.41
Woolwich	21,339	7.1	10.3	82.6	5.49	1.42
Region Overall	482,537	7.8	7.9	84.4	5.61	1.41

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 45c
Residents' Anxiety about Climate Change:
"Governments have not taken it seriously enough"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	113,155	13.0	12.6	74.4	5.40	1.61
Kitchener	210,110	10.2	11.9	77.9	5.53	1.53
Waterloo	103,650	13.6	11.0	75.4	5.46	1.59
North Dumfries	8,577	15.3	12.6	72.1	5.29	1.60
Wellesley	8,535	22.0	16.7	61.3	4.81	1.95
Wilmot	17,396	10.3	12.0	77.8	5.29	1.53
Woolwich	21,385	14.1	15.0	70.9	5.23	1.64
Region Overall	482,808	12.1	12.1	75.8	5.45	1.58

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 45d
Residents' Anxiety about Climate Change:
"Governments can be trusted to act in line with climate science"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	112,542	65.6	20.9	13.4	2.96	1.42
Kitchener	210,374	57.0	23.9	19.1	3.27	1.52
Waterloo	103,652	54.1	24.6	21.3	3.31	1.56
North Dumfries	8,532	57.2	25.2	17.6	3.19	1.51
Wellesley	8,534	44.9	30.3	24.8	3.36	1.57
Wilmot	17,333	56.6	22.1	21.3	3.29	1.46
Woolwich	21,339	54.3	30.1	15.5	3.19	1.42
Region Overall	482,306	58.0	23.7	18.2	3.20	1.51

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 45 – Summary
Dimensions of Overall Climate Change Anxiety
Summary Statistics

Climate Change Anxiety Dimensions ^a	Region Overall	Municipality ^b						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Personal anxiety	5.50 (1.37)	5.39 (1.43)	5.57 (1.34)	5.61 (1.29)	5.32 (1.47)	4.85 (1.73)	5.33 (1.35)	5.34 (1.42)
Government inaction anxiety	5.12 (1.17)	5.22 (1.13)	5.13 (1.17)	5.08 (1.25)	5.04 (1.15)	4.73 (1.09)	5.00 (1.09)	5.02 (1.08)
Overall Climate Change Anxiety	5.31 (1.12)	5.30 (1.15)	5.35 (1.09)	5.34 (1.13)	5.18 (1.17)	4.79 (1.25)	5.17 (1.06)	5.18 (1.12)

Notes: ^a *Personal anxiety* is an average of responses to statements assessing personal worries and feelings that others have failed to act. *Government inaction anxiety* is an average of responses to statements concerning government not taking climate change seriously or acting based on science.

^b Mean climate change anxiety with standard deviation below in parentheses. Based on the original 7-point scale where higher scores reflect greater feelings of anxiety about climate change.

Leisure and Culture

Participation in Physically Active Leisure

Team Sports

Table 46a
Residents' Monthly Participation in Physically Active Leisure:
Team Sports (e.g., baseball, hockey, volleyball, basketball) During a Typical Month

Municipality	n	Percentage of Residents ^a			Summary ^b			
		Never	Once per week or less	More than once per week	Min.	Max.	Mean	Std. Dev.
Cambridge	111,894	81.8	11.0	7.2	0	30	1.07	3.37
Kitchener	208,282	85.9	7.3	6.8	0	30	0.92	3.15
Waterloo	102,807	79.9	11.6	8.5	0	25	1.08	2.96
North Dumfries	8,577	80.7	11.3	8.0	0	25	1.18	3.79
Wellesley	8,496	60.4	15.6	24.0	0	20	3.50	5.79
Wilmot	17,116	75.5	11.8	12.7	0	25	1.92	4.79
Woolwich	21,347	78.1	7.3	14.6	0	30	2.42	5.95
Region Overall	478,519	82.4	9.5	8.1	0	30	1.14	3.51

Notes: ^a Categories based on percentages of respondents' reported level of participation.

^b Minimum, maximum, and average rates of participation in team sports per month.

Individual Sports

Table 46b
Residents' Monthly Participation in Physically Active Leisure:
Individual sports (e.g., tennis, badminton, skiing) During a Typical Month

Municipality	n	Percentage of Residents ^a			Summary ^b			
		Never	Once per week or less	More than once per week	Min.	Max.	Mean	Std. Dev.
Cambridge	111,361	79.7	11.7	8.6	0	30	1.19	3.45
Kitchener	207,697	81.4	10.6	8.1	0	30	1.18	3.60
Waterloo	102,895	70.7	15.9	13.4	0	30	1.74	3.96
North Dumfries	8,576	73.5	18.2	8.3	0	30	1.17	2.92
Wellesley	8,496	79.7	9.0	11.3	0	30	1.57	4.47
Wilmot	17,115	70.6	12.8	16.6	0	25	2.15	4.75
Woolwich	21,283	81.0	9.0	10.0	0	30	1.55	4.70
Region Overall	477,423	78.1	12.1	9.8	0	30	1.36	3.77

Notes: ^a Categories based on percentages of respondents' reported level of participation.

^b Minimum, maximum, and average rates of participation in individual sports per month.

Vigorous Exercise

Table 46c
Residents' Monthly Participation in Physically Active Leisure:
Vigorous Exercise (e.g., aerobics, jogging, weight training, sports) During a Typical Month

Municipality	n	Percentage of Residents ^a			Summary ^b			
		Never	Once per week or less	More than once per week	Min.	Max.	Mean	Std. Dev.
Cambridge	111,816	61.5	9.0	29.4	0	30	4.37	7.42
Kitchener	207,203	57.1	12.0	31.0	0	30	4.58	7.40
Waterloo	103,055	47.2	13.6	39.2	0	30	5.94	8.02
North Dumfries	8,577	55.6	8.9	35.5	0	30	4.99	7.71
Wellesley	8,496	46.7	9.7	43.6	0	30	8.01	9.36
Wilmot	17,116	60.4	7.9	31.7	0	30	4.66	7.85
Woolwich	21,386	62.7	7.1	30.2	0	30	4.29	7.10
Region Overall	477,649	56.1	11.2	32.7	0	30	4.88	7.63

Notes: ^a Categories based on percentages of respondents' reported level of participation.

^b Minimum, maximum, and average rates of participation in vigorous exercise per month.

Light Exercise

Table 46d
Residents' Monthly Participation in Physically Active Leisure:
Light Exercise (e.g., going for a walk, bicycling) During a Typical Month

Municipality	n	Percentage of Residents ^a			Summary ^b			
		Never	Once per week or less	More than once per week	Min.	Max.	Mean	Std. Dev.
Cambridge	110,545	18.7	10.9	70.4	0	30	13.33	10.90
Kitchener	205,522	15.8	9.6	74.6	0	30	14.26	10.92
Waterloo	102,589	11.3	7.7	81.0	0	30	15.71	10.65
North Dumfries	8,577	20.5	14.7	64.9	0	30	12.12	10.48
Wellesley	8,535	6.4	15.7	77.9	0	30	15.19	11.05
Wilmot	16,919	12.9	11.2	75.9	0	30	14.70	10.93
Woolwich	21,385	16.5	11.2	72.3	0	30	14.58	11.10
Region Overall	474,072	15.3	9.8	74.8	0	30	14.37	10.89

Notes: ^a Categories based on percentages of respondents' reported level of participation.

^b Minimum, maximum, and average rates of participation in light exercise per month.

Social Leisure Activities

Table 47a
Residents' Monthly Participation in Social Leisure Activities:

Socializing with friends

Municipality	Participation Rate ^a		Summary Statistics ^b			
	n	Pct.	Min.	Max.	Mean	Std. Dev.
Cambridge	90,290	81.5	0	30	5.19	5.81
Kitchener	176,193	85.4	0	30	5.82	6.08
Waterloo	89,408	87.0	0	30	5.47	5.35
North Dumfries	6,917	81.2	0	30	4.57	4.77
Wellesley	7,975	93.4	0	30	9.07	9.05
Wilmot	15,054	88.6	0	30	5.56	5.16
Woolwich	17,740	83.3	0	30	6.79	7.14
Region Overall	403,577	84.9	0	30	5.67	5.97

Notes: ^a Percentage of residents who report participating in the activity at least once in a typical month.
^b Minimum, maximum, and average rates of participation in social leisure activities in a typical month.

Table 47b
Residents' Monthly Participation in *Social Leisure Activities*:

Going out to movies

Municipality	Participation Rate ^a		Summary Statistics ^b			
	n	Pct.	Min.	Max.	Mean	Std. Dev.
Cambridge	25,598	22.9	0	4	0.34	0.74
Kitchener	58,611	28.2	0	4	0.44	0.87
Waterloo	36,996	36.0	0	4	0.59	0.99
North Dumfries	1,681	19.7	0	4	0.35	0.84
Wellesley	1,498	17.6	0	2	0.19	0.44
Wilmot	4,449	26.0	0	4	0.41	0.86
Woolwich	5,159	24.1	0	4	0.30	0.60
Region Overall	133,992	28.0	0	4	0.44	0.86

Notes: ^a Percentage of residents who report participating in the activity at least once in a typical month.
^b Minimum, maximum, and average rates of participation in social leisure activities in a typical month.

Table 47c
Residents' Monthly Participation in *Social Leisure Activities*:

Going out to clubs, bars, taverns

Municipality	Participation Rate ^a		Summary Statistics ^b			
	n	Pct.	Min.	Max.	Mean	Std. Dev.
Cambridge	32,741	29.3	0	4	0.70	1.27
Kitchener	62,783	30.2	0	4	0.66	1.21
Waterloo	39,680	38.6	0	4	0.89	1.37
North Dumfries	2,872	33.5	0	4	0.75	1.29
Wellesley	2,225	26.1	0	4	0.46	0.90
Wilmot	6,029	35.2	0	4	0.76	1.24
Woolwich	5,271	24.8	0	4	0.55	1.13
Region Overall	151,601	31.7	0	4	0.71	1.26

Notes: ^a Percentage of residents who report participating in the activity at least once in a typical month.
^b Minimum, maximum, and average rates of participation in social leisure activities in a typical month.

Table 47d
Residents' Monthly Participation in *Social Leisure Activities*:

Going to sports events as a spectator

Municipality	Participation Rate ^a		Summary Statistics ^b			
	n	Pct.	Min.	Max.	Mean	Std. Dev.
Cambridge	25,556	22.9	0	4	0.47	1.06
Kitchener	38,178	18.4	0	4	0.36	0.92
Waterloo	25,475	24.9	0	4	0.51	1.09
North Dumfries	2,369	27.6	0	4	0.67	1.28
Wellesley	3,602	42.2	0	4	1.04	1.49
Wilmot	6,306	37.1	0	4	0.80	1.29
Woolwich	7,163	33.9	0	4	0.78	1.33
Region Overall	108,649	22.8	0	4	0.47	1.05

Notes: ^a Percentage of residents who report participating in the activity at least once in a typical month.
^b Minimum, maximum, and average rates of participation in social leisure activities in a typical month.

Use of Community Recreation and Cultural Facilities

Table 48a
Residents' Use of Recreation and Cultural Facilities During the Past Year:

Community complex / recreation centre

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	111,999	56.7	23.8	8.6	6.6	4.2
Kitchener	208,889	51.3	29.2	9.1	8.0	2.4
Waterloo	102,693	46.2	28.3	11.1	10.9	3.6
North Dumfries	8,675	32.7	32.4	14.6	13.4	6.9
Wellesley	8,536	31.4	40.9	6.5	5.2	16.1
Wilmot	17,234	29.5	33.2	16.5	14.8	6.0
Woolwich	21,152	37.4	28.2	10.0	16.3	8.0
Region Overall	479,178	49.4	28.1	9.8	8.9	3.8

Table 48b
Residents' Use of Recreation and Cultural Facilities During the Past Year:

Arena (for skating)

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	110,464	78.6	12.5	3.8	3.3	1.8
Kitchener	208,653	80.6	11.5	3.1	2.9	2.0
Waterloo	102,634	74.8	14.2	4.5	4.1	2.3
North Dumfries	8,638	60.9	13.1	10.0	9.1	6.9
Wellesley	8,219	55.2	21.1	3.9	8.3	11.5
Wilmot	17,136	69.8	9.2	10.0	7.8	3.1
Woolwich	20,915	66.2	15.0	6.5	5.9	6.5
Region Overall	476,659	77.1	12.6	4.1	3.8	2.5

Table 48c
Residents' Use of Recreation and Cultural Facilities During the Past Year:

Outdoor skating rink

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	110,624	78.7	13.2	4.4	3.1	0.7
Kitchener	208,295	71.8	18.8	4.6	3.0	1.7
Waterloo	102,666	67.2	19.6	6.0	5.0	2.2
North Dumfries	8,560	68.3	15.6	8.3	3.4	4.4
Wellesley	8,180	63.4	17.8	7.8	8.6	2.4
Wilmot	16,682	71.1	19.3	5.9	2.8	0.8
Woolwich	21,152	70.1	18.1	3.1	4.6	4.1
Region Overall	476,159	72.1	17.6	5.0	3.6	1.7

Table 48d
Residents' Use of Recreation and Cultural Facilities During the Past Year:

Curling rink

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	109,326	91.8	3.0	2.3	2.2	0.7
Kitchener	203,876	93.7	3.1	1.3	0.9	1.0
Waterloo	100,466	88.5	5.5	2.9	1.5	1.6
North Dumfries	8,197	82.7	8.1	3.1	2.4	3.7
Wellesley	8,219	91.4	5.7	0.5	2.3	0.0
Wilmot	17,027	93.4	4.1	2.5	0.0	0.0
Woolwich	20,683	90.3	4.8	0.8	3.8	0.4
Region Overall	467,794	91.7	3.9	1.9	1.5	1.0

Table 48e
Residents' Use of Recreation and Cultural Facilities During the Past Year:

Local parks, playgrounds, and/or trails

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	111,919	10.5	25.3	19.2	26.0	19.0
Kitchener	207,220	8.7	24.0	21.4	24.6	21.3
Waterloo	103,018	6.0	20.9	23.4	27.6	22.1
North Dumfries	8,675	11.2	24.0	23.7	27.9	13.3
Wellesley	8,455	6.8	42.2	15.7	17.2	18.1
Wilmot	17,205	7.2	31.3	17.2	29.8	14.6
Woolwich	21,273	7.4	26.9	15.7	28.6	21.4
Region Overall	477,765	8.4	24.4	20.8	25.9	20.5

Table 48f
Residents' Use of Recreation and Cultural Facilities During the Past Year:

Sports fields (e.g., soccer, baseball, disk golf)

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	111,021	64.0	18.3	6.7	7.5	3.5
Kitchener	207,211	67.1	18.7	6.8	4.8	2.6
Waterloo	102,063	64.3	18.0	8.7	6.3	2.8
North Dumfries	8,555	51.5	19.4	11.4	11.8	6.0
Wellesley	8,339	55.0	11.7	11.8	7.8	13.7
Wilmot	17,224	59.3	19.9	15.6	2.8	2.5
Woolwich	21,064	56.1	21.7	7.3	11.1	3.7
Region Overall	475,477	64.5	18.5	7.7	6.1	3.1

Table 48g
Residents' Use of Recreation and Cultural Facilities During the Past Year:
Other outdoor sports facilities (e.g., golf, tennis, basketball)

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	111,618	65.3	16.3	8.3	7.3	2.8
Kitchener	207,851	67.7	18.9	6.2	4.7	2.5
Waterloo	102,593	66.7	16.7	7.0	6.6	3.0
North Dumfries	8,623	61.2	15.2	10.1	8.9	4.6
Wellesley	8,220	59.6	13.4	14.4	6.8	5.7
Wilmot	17,223	63.2	15.6	9.0	10.6	1.6
Woolwich	21,177	61.4	18.2	7.8	8.1	4.5
Region Overall	477,305	66.2	17.5	7.3	6.2	2.8

Table 48h
Residents' Use of Recreation and Cultural Facilities During the Past Year:
Indoor/outdoor swimming pool, splash pads, wading pools

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	111,629	62.3	18.5	9.4	6.7	3.0
Kitchener	208,431	60.2	20.7	9.9	6.6	2.6
Waterloo	102,943	57.6	19.2	10.6	9.3	3.4
North Dumfries	8,634	57.7	16.1	14.9	8.5	2.8
Wellesley	8,375	62.1	20.9	8.9	3.4	4.7
Wilmot	17,289	52.5	24.9	12.1	8.5	2.1
Woolwich	21,154	53.9	25.7	7.2	8.6	4.5
Region Overall	478,455	59.6	20.2	10.0	7.3	3.0

Table 48i
Residents' Use of Recreation and Cultural Facilities During the Past Year:

Public library

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	111,450	34.5	32.6	13.3	11.2	8.4
Kitchener	208,888	34.1	27.1	16.1	11.8	11.0
Waterloo	102,839	29.4	28.1	13.5	15.1	13.9
North Dumfries	8,674	41.2	31.2	9.1	9.6	8.9
Wellesley	8,412	56.2	23.8	7.8	8.0	4.2
Wilmot	17,224	37.5	32.9	8.7	10.6	10.3
Woolwich	21,113	46.0	26.3	10.8	8.2	8.6
Region Overall	478,600	34.4	28.8	14.1	12.0	10.7

Table 48j
Residents' Use of Recreation and Cultural Facilities During the Past Year:

An historic site or museum

(e.g., Doon Heritage Village, The Museum, McDougall Cottage)

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	111,776	59.0	30.6	5.2	4.1	1.1
Kitchener	207,641	60.5	30.3	6.3	2.0	1.0
Waterloo	102,649	56.2	32.7	5.7	4.2	1.2
North Dumfries	8,674	59.2	27.7	10.8	1.6	0.7
Wellesley	8,455	65.8	33.2	0.5	0.5	0.0
Wilmot	17,225	60.7	25.4	4.6	3.0	6.2
Woolwich	21,072	67.0	26.7	2.8	3.5	0.0
Region Overall	477,492	59.6	30.6	5.7	3.0	1.2

Table 48m
Residents' Use of Recreation and Cultural Facilities During the Past Year:

Performing arts facility
(e.g., Centre in the Square, St. Jacob's Playhouse)

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	112,208	59.4	28.2	7.1	3.4	1.9
Kitchener	209,577	53.6	33.6	8.1	3.1	1.6
Waterloo	102,957	50.3	33.8	8.5	5.7	1.7
North Dumfries	8,675	49.5	34.8	8.3	5.2	2.3
Wellesley	8,375	62.3	31.7	4.2	1.8	0.0
Wilmot	17,225	47.8	36.8	13.0	2.0	0.4
Woolwich	21,233	50.0	35.0	9.2	3.5	2.2
Region Overall	480,250	54.0	32.6	8.1	3.7	1.7

Table 48n
Residents' Use of Recreation and Cultural Facilities During the Past Year:

Visual arts facility
(e.g., Cambridge Centre for the Arts, Kitchener-Waterloo Art Gallery)

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	112,110	70.0	20.7	4.9	3.5	0.9
Kitchener	209,302	70.8	21.4	5.5	1.8	0.6
Waterloo	102,895	69.4	20.8	5.3	3.5	1.0
North Dumfries	8,631	65.1	21.0	6.2	5.2	2.6
Wellesley	8,342	83.5	15.6	0.0	0.5	0.4
Wilmot	17,290	76.6	11.8	7.9	2.1	1.6
Woolwich	21,158	79.5	14.0	4.7	1.2	0.6
Region Overall	479,728	71.0	20.3	5.3	2.6	0.9

Perceived Accessibility of Community Recreation and Cultural Facilities

Table 49a
Residents' Perceptions of Accessibility to Recreation and Cultural Facilities:

"The recreation and culture facilities are easy for me to get to"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	110,033	14.7	19.1	66.2	4.75	1.29
Kitchener	207,216	13.7	17.5	68.8	4.85	1.31
Waterloo	101,367	10.6	13.2	76.2	5.08	1.24
North Dumfries	8,515	23.6	18.2	58.3	4.49	1.52
Wellesley	8,456	14.8	12.0	73.2	4.88	1.32
Wilmot	16,953	16.2	7.1	76.7	5.07	1.43
Woolwich	20,608	8.3	12.9	78.8	5.23	1.27
Region Overall	473,148	13.3	16.3	70.4	4.89	1.30

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 49b
Residents' Perceptions of Accessibility to Recreation and Cultural Facilities:
"There are places nearby where I can take classes for my own interest"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	109,604	16.5	27.3	56.2	4.53	1.24
Kitchener	204,815	14.6	22.9	62.4	4.70	1.34
Waterloo	98,954	12.7	21.3	66.0	4.83	1.25
North Dumfries	8,574	31.0	24.6	44.4	4.14	1.45
Wellesley	8,496	28.7	29.5	41.8	4.11	1.49
Wilmot	16,950	19.5	24.1	56.4	4.62	1.26
Woolwich	20,505	20.2	22.8	57.0	4.58	1.41
Region Overall	467,898	15.6	23.8	60.6	4.66	1.31

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 49c
Residents' Perceptions of Accessibility to Recreation and Cultural Facilities:
"Recreation and culture programs are offered at times that are convenient to me"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	107,694	27.5	36.4	36.1	4.08	1.32
Kitchener	202,413	22.1	33.7	44.2	4.30	1.27
Waterloo	96,892	17.0	35.4	47.5	4.46	1.22
North Dumfries	8,273	29.5	29.7	40.8	4.04	1.29
Wellesley	8,379	22.0	42.8	35.2	4.04	1.08
Wilmot	16,526	24.6	26.1	49.3	4.30	1.42
Region Overall	460,436	22.6	34.6	42.9	4.27	1.29

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 49d
Residents' Perceptions of Accessibility to Recreation and Cultural Facilities:

"There is a local park nearby that is easy for me to get to"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	105,009	7.6	5.4	87.0	5.53	1.27
Kitchener	200,050	7.1	6.0	86.8	5.62	1.32
Waterloo	96,665	5.7	5.6	88.6	5.77	1.27
North Dumfries	8,030	8.0	7.4	84.6	5.55	1.46
Wellesley	7,716	6.5	5.6	87.9	5.44	1.21
Wilmot	16,980	5.6	5.5	88.9	5.54	1.35
Woolwich	20,403	4.3	3.3	92.4	5.83	1.21
Region Overall	454,853	6.8	5.7	87.5	5.63	1.30

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 49e
Residents' Perceptions of Accessibility to Recreation and Cultural Facilities:

"Childcare is available at the recreation facilities if I need to use it"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	80,101	18.0	65.4	16.6	3.92	1.04
Kitchener	133,224	15.0	68.1	16.9	3.97	1.06
Waterloo	62,543	14.5	65.8	19.6	4.04	1.10
North Dumfries	6,083	25.4	53.0	21.6	3.80	1.43
Wellesley	5,902	23.7	67.9	8.4	3.66	1.13
Wilmot	10,868	25.3	54.0	20.7	3.87	1.30
Woolwich	13,464	20.2	62.0	17.8	3.91	1.22
Region Overall	312,185	16.7	65.9	17.5	3.96	1.09

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 49f
Residents' Perceptions of Accessibility to Recreation and Cultural Facilities:

“The cost of public recreation and culture programs prevents me from participating”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	106,134	43.2	27.7	29.1	3.74	1.51
Kitchener	193,847	47.8	23.5	28.7	3.59	1.56
Waterloo	96,141	54.1	23.1	22.8	3.42	1.52
North Dumfries	7,888	44.0	23.0	33.0	3.73	1.60
Wellesley	7,205	61.2	31.9	6.9	2.99	1.25
Wilmot	16,072	49.2	30.1	20.8	3.51	1.45
Woolwich	19,614	56.8	20.5	22.7	3.41	1.54
Region Overall	446,901	48.6	24.6	26.7	3.57	1.54

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 49g
Residents' Perceptions of Accessibility to Recreation and Cultural Facilities:

“The recreation and cultural facilities are very welcoming to me”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	105,097	8.9	46.4	44.7	4.53	1.11
Kitchener	192,527	7.7	38.7	53.6	4.70	1.20
Waterloo	93,763	6.1	37.4	56.6	4.85	1.13
North Dumfries	7,521	8.7	45.2	46.1	4.61	1.31
Wellesley	7,918	2.5	49.4	48.2	4.67	0.96
Wilmot	16,513	6.2	34.1	59.8	4.80	1.30
Woolwich	19,407	10.4	31.9	57.6	4.73	1.26
Region Overall	442,746	7.6	40.0	52.3	4.70	1.17

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Perceptions of the Leisure Experience

Table 50a
Residents' Perceptions of Their Leisure Experience:
"My leisure provides opportunities to try new things"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	113,423	14.5	22.9	62.6	4.57	1.17
Kitchener	209,022	12.9	21.2	65.9	4.67	1.12
Waterloo	103,051	11.3	16.9	71.8	4.80	1.03
North Dumfries	8,532	16.5	22.4	61.1	4.53	1.24
Wellesley	8,534	13.3	20.7	66.0	4.73	1.07
Wilmot	17,164	9.2	21.2	69.5	4.75	0.87
Woolwich	21,119	12.4	19.8	67.9	4.70	1.06
Region Overall	480,845	12.8	20.6	66.5	4.68	1.11

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 50b
Residents' Perceptions of Their Leisure Experience:

"My leisure provides me with opportunities for social interaction with others"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	113,373	14.6	17.0	68.4	4.68	1.16
Kitchener	209,286	13.5	15.5	70.9	4.75	1.16
Waterloo	103,049	11.6	13.9	74.5	4.89	1.11
North Dumfries	8,531	14.6	11.3	74.0	4.82	1.22
Wellesley	8,496	8.7	11.5	79.7	5.09	1.05
Wilmot	17,225	8.6	16.6	74.9	4.84	1.01
Woolwich	21,208	12.5	8.9	78.7	4.93	1.13
Region Overall	481,168	13.1	15.1	71.8	4.78	1.14

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 50c
Residents' Perceptions of Their Leisure Experience:

"My leisure helps me to relax"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	113,291	7.0	11.9	81.1	5.08	1.14
Kitchener	208,795	6.6	9.8	83.6	5.14	1.09
Waterloo	102,930	3.3	9.4	87.3	5.27	0.97
North Dumfries	8,531	7.3	12.9	79.8	5.06	1.15
Wellesley	8,452	4.3	3.7	92.0	5.54	0.99
Wilmot	17,290	2.0	7.5	90.5	5.13	0.87
Woolwich	21,241	4.4	10.1	85.5	5.22	0.96
Region Overall	480,530	5.7	10.1	84.2	5.16	1.07

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 50d
Residents' Perceptions of Their Leisure Experience:

"I participate in leisure that develops my physical fitness"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	112,767	18.0	15.1	66.9	4.73	1.33
Kitchener	208,168	20.1	16.5	63.4	4.60	1.42
Waterloo	102,085	12.1	12.1	75.8	4.99	1.25
North Dumfries	8,433	18.3	17.8	63.9	4.74	1.41
Wellesley	8,535	9.5	5.0	85.6	5.48	1.21
Wilmot	17,291	15.5	18.6	65.9	4.62	1.21
Woolwich	21,091	15.1	12.9	72.1	4.88	1.31
Region Overall	478,370	17.3	15.0	67.8	4.75	1.36

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 50e
Residents' Perceptions of Their Leisure Experience:

"My leisure helps me to learn about myself"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	112,686	10.9	27.5	61.5	4.70	1.13
Kitchener	208,077	14.7	25.9	59.4	4.57	1.18
Waterloo	102,458	10.8	24.1	65.1	4.78	1.08
North Dumfries	8,388	12.8	33.9	53.2	4.58	1.17
Wellesley	8,535	14.3	22.7	63.0	4.96	1.33
Wilmot	17,192	10.1	29.3	60.5	4.61	1.15
Woolwich	21,242	14.1	25.7	60.2	4.63	1.17
Region Overall	478,578	12.8	26.1	61.2	4.66	1.15

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 50f
Residents' Perceptions of Their Leisure Experience:

"My leisure has helped me to develop close relationships with others"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	113,308	21.8	25.2	53.1	4.43	1.34
Kitchener	208,648	22.8	22.4	54.8	4.39	1.36
Waterloo	102,810	20.1	19.7	60.3	4.59	1.31
North Dumfries	8,485	25.6	24.5	50.0	4.40	1.36
Wellesley	8,535	18.8	11.0	70.2	5.01	1.40
Wilmot	16,944	22.4	13.6	64.0	4.56	1.30
Woolwich	21,241	17.6	21.1	61.3	4.63	1.30
Region Overall	479,971	21.7	21.9	56.4	4.47	1.34

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 50g
Residents' Perceptions of Their Leisure Experience:

"My leisure helps relieve stress"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	113,348	6.0	13.8	80.2	5.15	1.14
Kitchener	208,590	7.5	10.6	81.9	5.11	1.17
Waterloo	102,809	4.2	9.6	86.2	5.30	1.02
North Dumfries	8,484	7.7	14.0	78.2	5.06	1.22
Wellesley	8,534	1.4	6.0	92.6	5.65	0.92
Wilmot	16,978	4.9	11.1	84.1	5.11	1.02
Woolwich	21,242	3.1	12.0	84.9	5.29	1.01
Region Overall	479,985	6.1	11.2	82.7	5.18	1.12

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 50h
Residents' Perceptions of Their Leisure Experience:

"I participate in leisure that restores me physically"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	112,798	12.9	20.1	67.1	4.79	1.26
Kitchener	207,919	15.1	18.0	66.9	4.74	1.30
Waterloo	102,407	11.1	15.6	73.3	4.98	1.22
North Dumfries	8,486	16.8	14.0	69.2	4.86	1.30
Wellesley	8,499	5.5	5.9	88.6	5.55	1.06
Wilmot	17,258	9.3	22.1	68.6	4.86	1.15
Woolwich	21,199	11.3	16.7	72.0	4.93	1.26
Region Overall	478,566	13.2	17.7	69.0	4.83	1.27

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 50i
Residents' Perceptions of Their Leisure Experience:
"My leisure helps me to learn about other people"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	112,750	20.8	26.8	52.5	4.39	1.30
Kitchener	207,660	21.4	24.9	53.7	4.37	1.28
Waterloo	102,548	18.8	23.0	58.1	4.56	1.25
North Dumfries	8,381	19.6	26.9	53.5	4.48	1.28
Wellesley	8,416	21.9	25.6	52.5	4.49	1.33
Wilmot	17,192	22.4	24.9	52.7	4.35	1.25
Woolwich	21,208	19.7	28.6	51.8	4.42	1.26
Region Overall	478,155	20.6	25.1	54.2	4.42	1.28

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 50j
Residents' Perceptions of Their Leisure Experience:
"My leisure is most enjoyable when I can connect with others"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	112,442	19.6	24.1	56.3	4.53	1.36
Kitchener	208,453	17.9	22.6	59.5	4.59	1.32
Waterloo	102,730	14.8	22.4	62.8	4.73	1.25
North Dumfries	8,486	13.2	22.1	64.7	4.76	1.24
Wellesley	8,496	18.5	16.5	64.9	4.84	1.42
Wilmot	17,225	16.3	25.7	58.0	4.62	1.25
Woolwich	21,051	15.2	21.2	63.7	4.71	1.27
Region Overall	478,883	17.4	22.9	59.8	4.62	1.31

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 50k
Residents' Perceptions of Their Leisure Experience:
"My leisure contributes to my emotional wellbeing"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	112,799	4.9	13.0	82.1	5.26	1.11
Kitchener	208,677	5.9	9.4	84.6	5.27	1.14
Waterloo	102,938	3.5	8.2	88.3	5.45	1.04
North Dumfries	8,485	7.9	10.3	81.8	5.19	1.33
Wellesley	8,535	1.4	1.3	97.2	5.62	0.91
Wilmot	17,195	4.8	10.9	84.2	5.18	1.07
Woolwich	21,039	2.8	7.6	89.5	5.41	1.02
Region Overall	479,668	5.0	9.8	85.2	5.31	1.11

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 50l
Residents' Perceptions of Their Leisure Experience:
"My leisure helps me to stay healthy"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	112,782	6.3	14.8	78.9	5.22	1.18
Kitchener	208,635	7.1	13.8	79.1	5.18	1.23
Waterloo	102,981	4.3	9.6	86.1	5.41	1.11
North Dumfries	8,491	2.9	16.5	80.6	5.31	1.12
Wellesley	8,535	1.4	1.7	96.9	5.75	0.87
Wilmot	17,172	5.6	15.6	78.8	5.17	1.21
Woolwich	20,973	3.4	12.1	84.5	5.39	1.12
Region Overall	479,569	5.9	13.0	81.1	5.26	1.19

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 50 – Summary
Dimensions of Leisure Experience
Summary Statistics

Dimension ^a	Region Overall	Municipality ^b						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Relaxation	5.22 (1.00)	5.16 (1.02)	5.17 (1.03)	5.34 (0.91)	5.10 (1.01)	5.60 (0.86)	5.13 (0.91)	5.31 (0.89)
Physiological	4.94 (1.15)	4.90 (1.14)	4.84 (1.19)	5.13 (1.07)	4.96 (1.08)	5.59 (0.96)	4.88 (1.05)	5.07 (1.12)
Educational	4.59 (0.97)	4.56 (0.97)	4.54 (0.99)	4.71 (0.91)	4.53 (0.91)	4.73 (0.95)	4.60 (1.06)	4.58 (0.95)
Social	4.62 (1.06)	4.55 (1.08)	4.58 (1.07)	4.74 (1.00)	4.66 (0.91)	4.98 (1.04)	4.67 (1.01)	4.75 (1.07)

Notes: ^a *Relaxation* – leisure contributes to relaxation, stress relief and emotional wellbeing.

Physiological – leisure contributes to physical fitness and health.

Educational – leisure allows opportunities to learn new things, learn about different people, or try new things.

Social – leisure facilitates social connections and the development and/or maintenance of social bonds.

^b Based on a 7-point scale where higher scores reflect higher agreement that dimension is important part of leisure experience. Mean score shown above with the standard deviation below in parentheses.

Table 51
 Perceived Change in Participation in Free Time Activities During COVID-19

Municipality	n	Percentage of Residents				
		Went down a lot	Went down a little	Did not change very much	Went up a little	Went up a lot
Cambridge	109,373	49.7	20.2	16.5	7.8	5.8
Kitchener	201,174	48.8	22.7	18.0	6.6	3.9
Waterloo	100,010	48.4	21.8	16.8	9.1	3.9
North Dumfries	8,343	48.7	18.7	18.9	9.2	4.4
Wellesley	8,268	46.2	20.0	18.3	7.5	8.0
Wilmot	16,614	45.9	17.8	26.3	7.4	2.6
Woolwich	20,747	48.7	18.8	22.8	5.4	4.4
Region Overall	464,529	48.8	21.4	17.9	7.5	4.4

Education

Perceptions of Educational Opportunities

Table 52a

Residents' Perceptions of Opportunities for Formal Education and Courses of Interest:

"There are plenty of opportunities to take formal education courses"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	112,923	17.3	26.6	56.1	4.53	1.30
Kitchener	208,142	10.3	22.6	67.1	4.94	1.24
Waterloo	103,015	8.9	19.8	71.3	5.09	1.21
North Dumfries	8,320	24.0	25.6	50.4	4.35	1.54
Wellesley	8,459	24.6	20.4	55.0	4.47	1.39
Wilmot	17,362	12.0	20.9	67.1	4.86	1.30
Woolwich	21,053	14.4	27.1	58.5	4.69	1.32
Region Overall	479,274	12.4	23.1	64.5	4.84	1.28

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 52b
Residents' *Perceptions of Opportunities* for Formal Education and Courses of Interest:

"There are plenty of opportunities to take courses of interest"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	113,193	18.7	24.4	56.9	4.51	1.25
Kitchener	207,897	11.3	21.3	67.4	4.86	1.22
Waterloo	102,852	8.1	22.3	69.6	5.00	1.17
North Dumfries	8,274	24.0	24.2	51.8	4.31	1.52
Wellesley	8,458	25.1	16.1	58.8	4.48	1.36
Wilmot	17,363	15.1	18.5	66.4	4.76	1.27
Woolwich	21,239	16.1	25.3	58.6	4.63	1.29
Region Overall	479,276	13.2	22.3	64.6	4.78	1.25

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 52c
Residents' *Perceptions of Opportunities* for Formal Education and Courses of Interest:

"I would take courses, but they are too expensive"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	112,810	23.1	29.4	47.4	4.49	1.42
Kitchener	206,995	28.7	26.2	45.1	4.34	1.52
Waterloo	102,653	31.8	27.4	40.8	4.16	1.51
North Dumfries	8,418	35.4	27.5	37.1	4.08	1.57
Wellesley	8,423	38.4	32.5	29.1	3.76	1.35
Wilmot	17,362	34.5	32.6	32.9	4.01	1.36
Woolwich	21,233	31.3	33.7	35.0	4.09	1.46
Region Overall	477,894	28.7	27.9	43.4	4.30	1.49

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 52d
Residents' *Perceptions of Opportunities* for Formal Education and Courses of Interest:

“There are places nearby where I can take courses out of interest”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	112,126	15.0	33.2	51.8	4.47	1.13
Kitchener	207,347	10.4	28.8	60.8	4.70	1.20
Waterloo	102,703	8.3	27.8	63.9	4.81	1.13
North Dumfries	8,419	25.2	24.7	50.1	4.29	1.49
Wellesley	8,459	26.0	25.9	48.0	4.23	1.26
Wilmot	17,362	16.1	32.1	51.8	4.41	1.19
Woolwich	21,241	18.3	30.8	50.9	4.46	1.24
Region Overall	477,657	12.1	29.7	58.2	4.63	1.18

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 52e
Residents' *Perceptions of Opportunities* for Formal Education and Courses of Interest:

“There are schools nearby where I can upgrade my educational qualifications”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	112,681	11.1	32.5	56.3	4.65	1.18
Kitchener	206,811	7.7	22.5	69.8	5.03	1.25
Waterloo	102,522	5.1	23.9	71.0	5.12	1.18
North Dumfries	8,419	20.1	27.7	52.2	4.48	1.55
Wellesley	8,421	21.4	20.8	57.8	4.66	1.53
Wilmot	17,300	10.1	25.8	64.1	4.74	1.28
Woolwich	21,138	12.9	29.9	57.3	4.70	1.29
Region Overall	477,292	8.7	25.7	65.6	4.92	1.25

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 52f
Residents' *Perceptions of Opportunities* for Formal Education and Courses of Interest:
"I would take courses, but they are offered at inconvenient times"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	112,797	20.5	53.3	26.2	4.10	1.13
Kitchener	206,655	30.8	45.6	23.6	3.93	1.30
Waterloo	102,292	30.0	48.5	21.5	3.86	1.20
North Dumfries	8,419	28.7	44.8	26.5	3.96	1.30
Wellesley	8,303	33.9	42.4	23.7	3.84	1.38
Wilmot	17,269	27.8	45.3	26.9	3.98	1.17
Woolwich	21,139	30.9	51.4	17.8	3.78	1.22
Region Overall	476,874	28.1	48.2	23.7	3.95	1.24

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Living Standards

Impact of COVID-19 on the Nature of Work

Table 53
Main Impact of COVID-19 on Working Residents' Employment

Change in Employment due to COVID	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Continued to go to office/workplace	34.1	37.3	32.7	25.9	44.2	51.9	48.0	46.9
Continued to work, mainly from home	43.8	38.6	42.8	55.9	27.0	34.7	36.5	39.4
Forced to switch jobs	3.9	6.0	3.9	2.5	8.2	0.0	0.5	2.0
Chose to switch jobs	5.4	3.8	5.9	5.8	9.3	9.1	8.4	2.3
Lost my job (i.e., laid off, business closed)	12.8	14.3	14.7	9.9	11.3	4.3	6.6	9.5
Total	365,365	88,822	154,082	79,375	6,739	7,265	12,819	16,263

Table 54
Change in Usual Work Hours during COVID-19

Change in Work Hours during COVID	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Work hours were reduced	27.7	33.4	27.9	25.9	21.4	11.9	19.2	20.3
Work hours remained the same	52.9	48.9	53.6	52.4	55.6	65.9	60.4	58.1
Works hours increased	19.3	17.6	18.4	21.7	23.0	22.2	20.3	21.6
Total	369,159	89,121	156,362	80,391	6,879	7,301	12,550	16,555

Working for Pay and Its Characteristics

Table 55
Residents Who Work for Pay

Work for Pay	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Residents working	64.4	62.7	63.9	66.7	67.6	74.9	58.4	66.0
Total responding	478,480	112,135	207,450	103,095	8,546	8,535	17,334	21,385

Table 56
Number of **Different** Paid Jobs (full- or part-time) Held by Residents^a

No. of <i>different</i> jobs for pay	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
1 job	79.4	79.1	79.8	78.6	78.4	84.1	79.6	79.8
2 jobs	15.8	16.0	15.0	17.5	12.7	13.5	17.9	13.8
3 or more jobs	4.8	4.9	5.2	3.8	9.0	2.4	2.4	6.4
Total responding	304,072	69,321	130,815	68,552	4,938	6,391	10,124	13,931

Note: ^a Includes only those residents who indicated that they worked for pay.

Table 57
Residents' Weekly Hours Spent Working for Pay on **Main Job**

Hours on main job per week	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Fewer than 25 hours	15.5	11.0	17.5	17.0	12.3	10.5	15.5	16.1
25 to 34 hours	8.0	7.2	8.1	7.4	7.1	13.8	6.4	12.8
35 to 44 hours	57.7	60.9	59.0	57.8	52.2	36.7	44.1	49.2
45 to 54 hours	14.2	14.1	12.8	12.5	16.8	31.5	28.1	17.8
55 or more hours	4.6	6.8	2.6	5.4	11.6	7.6	5.9	4.1
Total responding	294,166	67,713	126,164	66,672	4,703	5,682	9,608	13,624

Table 58
Residents' Weekly Hours Spent Working for Pay on **Other Job(s)**^a

Hours on <i>other</i> jobs per week	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Fewer than 10 hours	44.0	36.4	48.1	44.2	47.7	11.1	62.3	43.4
10 to 19 hours	35.8	35.2	33.2	39.1	29.3	73.9	23.2	39.2
20 or more hours	20.2	28.3	18.7	16.7	23.1	15.0	14.5	17.5
Total responding	66,587	15,378	26,730	16,896	1,015	1,018	1,959	3,591

Note: ^a Includes only those residents who reported working at more than one job.

Table 59
Residents who Work for Pay with Flexible Work Hours^a

Flexible Work Hours ^b	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Have flexible work hours	49.4	41.4	49.2	59.7	53.3	42.9	45.6	47.9
Total responding	303,284	68,580	131,020	68,122	5,730	6,040	10,124	13,668

Note: ^a Table includes only those residents who reported that they worked for pay.
^b Employees with flexible hours who work the full number of hours required by the employer, but have some control over the time their workday begins and ends.

Table 60
Usual Work Schedule of Residents^a

Work Schedule	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Regular daytime, Monday to Friday	76.2	74.9	75.2	79.7	67.3	87.8	72.8	74.6
Shift schedule ^b	12.6	14.0	13.2	8.4	22.6	3.3	16.5	17.0
Irregular schedule ^c	11.2	11.0	11.6	11.9	10.0	8.9	10.7	8.4
Total responding	304,566	69,161	131,464	68,185	5,580	6,040	10,124	14,012

Notes: ^a Table includes only those residents who reported that they worked for pay
^b Includes evenings, nights, and/or rotating shifts throughout the week.
^c Includes irregular shifts, on call, compressed work weeks.

Perceptions of Job Fit and Security

Table 61a
Residents' Perceptions of Job Fit and Security:
"I have little hope for promotion at my job"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	69,038	43.0	14.6	42.5	4.03	1.68
Kitchener	131,859	44.8	18.6	36.6	3.91	1.60
Waterloo	68,440	47.2	18.2	34.6	3.83	1.59
North Dumfries	5,775	47.9	19.2	32.9	3.74	1.63
Wellesley	6,391	46.2	22.4	31.4	3.79	1.70
Wilmot	10,123	47.1	34.3	18.7	3.48	1.46
Woolwich	14,112	46.0	19.2	34.7	3.92	1.65
Region Overall	305,738	45.2	18.2	36.6	3.90	1.62

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 61b
Residents' Perceptions of Job Fit and Security:

"My current occupational position adequately reflects my education and training"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	69,218	25.1	7.1	67.8	4.65	1.59
Kitchener	131,707	19.2	8.5	72.2	4.88	1.50
Waterloo	68,594	17.1	8.5	74.3	5.02	1.48
North Dumfries	5,775	25.4	12.3	62.4	4.66	1.66
Wellesley	6,391	15.3	11.1	73.6	4.98	1.33
Wilmot	9,973	13.3	14.2	72.5	5.04	1.46
Woolwich	14,112	18.9	6.9	74.2	4.76	1.44
Region Overall	305,770	19.9	8.4	71.6	4.86	1.52

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 61c
Residents' Perceptions of Job Fit and Security:

“Considering all my efforts and achievements, my opportunities at work are adequate”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	69,414	26.2	11.3	62.5	4.50	1.48
Kitchener	131,870	19.2	11.9	68.9	4.76	1.35
Waterloo	68,548	16.9	10.7	72.4	4.89	1.39
North Dumfries	5,775	28.1	18.3	53.6	4.49	1.53
Wellesley	6,391	16.5	7.3	76.1	4.95	1.34
Wilmot	10,058	11.3	14.8	73.9	4.88	1.41
Woolwich	14,112	15.3	17.2	67.5	4.78	1.26
Region Overall	306,168	19.9	11.9	68.2	4.74	1.40

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 61d
Residents' Perceptions of Job Fit and Security:

“I have experienced or I expect to experience an undesirable change in my work situation”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	69,322	47.1	20.3	32.6	3.81	1.65
Kitchener	131,894	50.0	18.1	31.9	3.71	1.63
Waterloo	68,488	51.3	18.6	30.2	3.60	1.58
North Dumfries	5,774	45.7	13.6	40.7	3.89	1.71
Wellesley	6,391	65.1	20.6	14.3	3.09	1.42
Wilmot	9,992	55.1	19.1	25.8	3.56	1.54
Woolwich	14,111	52.7	18.3	29.0	3.64	1.61
Region Overall	305,972	50.2	18.7	31.1	3.69	1.62

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 61e
Residents' Perceptions of Job Fit and Security:

"Considering all my efforts and achievements, my salary/income is adequate"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	69,536	43.2	10.0	46.8	3.92	1.65
Kitchener	132,169	36.1	10.3	53.7	4.17	1.61
Waterloo	68,544	31.9	10.7	57.3	4.39	1.57
North Dumfries	5,775	29.7	17.9	52.4	4.35	1.54
Wellesley	6,391	33.3	12.8	53.9	4.26	1.70
Wilmot	10,058	29.9	22.1	48.0	4.30	1.50
Woolwich	14,112	29.6	13.9	56.5	4.33	1.63
Region Overall	306,585	36.1	11.1	52.9	4.18	1.62

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 61f
Residents' Perceptions of Job Fit and Security:

"My job security is poor"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	69,593	64.5	15.6	19.9	3.15	1.69
Kitchener	131,876	66.7	11.6	21.7	3.13	1.60
Waterloo	68,547	64.6	16.7	18.7	3.09	1.59
North Dumfries	5,775	59.8	14.7	25.5	3.30	1.65
Wellesley	6,391	60.2	29.4	10.4	2.79	1.37
Wilmot	10,057	70.3	22.1	7.6	2.71	1.53
Woolwich	14,113	74.6	11.3	14.0	2.92	1.61
Region Overall	306,352	65.9	14.4	19.7	3.10	1.62

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 61 – Summary
Dimensions of Job Fit and Security:
Summary Statistics

Dimension ^a	Region Overall	Municipality ^b						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Job security	4.61 (1.39)	4.52 (1.42)	4.58 (1.40)	4.65 (1.34)	4.40 (1.38)	5.06 (1.13)	4.87 (1.39)	4.72 (1.37)
Job promotion	4.47 (1.14)	4.26 (1.16)	4.47 (1.11)	4.62 (1.13)	4.44 (1.04)	4.60 (1.27)	4.68 (1.18)	4.49 (1.12)
Overall job fit	4.54 (1.08)	4.39 (1.11)	4.53 (1.07)	4.64 (1.06)	4.42 (0.96)	4.83 (1.08)	4.77 (1.18)	4.60 (1.08)

Notes: ^a *Job security* is comprised of perceptions of job security and experience of an undesirable change in work situation.
Job promotion is comprised of questions related to opportunities for promotion, to use one's training/education, recognition of effort, and appropriate remuneration.

^b Based on a 7-point scale where higher scores reflect higher agreement that job security and promotion are better.

Work-Life Balance

Table 62a
Residents' Reactions to Work:

"My personal life suffers because of work"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	69,909	43.7	10.5	45.9	4.10	1.56
Kitchener	132,036	49.2	10.8	40.1	3.87	1.61
Waterloo	68,481	49.6	13.1	37.4	3.75	1.55
North Dumfries	5,775	40.0	12.1	47.9	4.06	1.70
Wellesley	6,391	46.4	17.9	35.7	3.64	1.67
Wilmot	10,058	48.1	7.4	44.4	4.10	1.68
Woolwich	14,112	51.2	10.3	38.5	3.85	1.54
Region Overall	306,762	47.8	11.3	40.9	3.90	1.59

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 62b
Residents' Reactions to Work:

"My job makes a personal life difficult"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	69,850	52.8	11.1	36.1	3.82	1.56
Kitchener	132,216	58.6	11.6	29.8	3.57	1.53
Waterloo	68,768	61.4	10.6	28.1	3.47	1.50
North Dumfries	5,775	39.8	18.1	42.1	4.03	1.67
Wellesley	6,390	57.3	15.4	27.3	3.41	1.69
Wilmot	10,058	54.2	5.3	40.5	3.86	1.53
Woolwich	14,113	64.4	7.8	27.8	3.48	1.44
Region Overall	307,170	57.6	11.1	31.3	3.62	1.54

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 62c
Residents' Reactions to Work:

"I neglect personal needs because of work"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	69,756	45.8	9.5	44.7	4.02	1.64
Kitchener	131,856	51.1	8.6	40.3	3.80	1.65
Waterloo	68,722	52.0	9.6	38.4	3.73	1.59
North Dumfries	5,774	43.5	5.9	50.6	3.96	1.72
Wellesley	6,348	42.3	19.1	38.5	3.71	1.56
Wilmot	10,058	49.8	4.0	46.3	4.11	1.65
Woolwich	14,000	47.0	6.3	46.7	3.94	1.62
Region Overall	306,514	49.5	9.0	41.5	3.85	1.64

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 62d
Residents' Reactions to Work:

"I put my personal life on hold for work"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	69,722	49.1	9.0	42.0	3.91	1.61
Kitchener	131,699	51.0	10.4	38.6	3.77	1.61
Waterloo	68,769	52.5	10.4	37.2	3.72	1.59
North Dumfries	5,774	39.0	15.6	45.4	3.98	1.65
Wellesley	6,392	51.3	15.4	33.3	3.54	1.54
Wilmot	10,058	41.2	14.8	44.1	4.18	1.69
Woolwich	14,112	48.6	11.8	39.6	3.82	1.50
Region Overall	306,526	50.2	10.5	39.3	3.80	1.61

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 62e
Residents' Reactions to Work:

"I struggle to juggle work and non-work activities"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	69,795	43.7	11.8	44.6	4.05	1.60
Kitchener	132,133	49.0	8.9	42.1	3.88	1.67
Waterloo	68,547	47.4	10.1	42.5	3.87	1.62
North Dumfries	5,775	31.8	11.2	57.0	4.29	1.68
Wellesley	6,390	46.4	15.2	38.4	3.68	1.70
Wilmot	10,057	52.6	6.6	40.8	3.96	1.69
Woolwich	14,112	51.5	11.2	37.2	3.88	1.56
Region Overall	306,809	47.3	10.0	42.7	3.92	1.64

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 62f
Residents' Reactions to Work:

"I am happy with the amount of time for non-work activities"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	69,782	48.8	13.0	38.2	3.76	1.46
Kitchener	131,673	44.5	13.5	42.1	3.95	1.49
Waterloo	68,456	37.4	14.4	48.1	4.16	1.46
North Dumfries	5,773	48.2	14.2	37.6	3.81	1.44
Wellesley	6,390	35.2	9.9	54.9	4.37	1.61
Wilmot	10,059	45.2	9.2	45.6	3.76	1.56
Woolwich	14,111	39.5	12.6	47.9	3.96	1.44
Region Overall	306,244	43.5	13.3	43.1	3.95	1.49

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 62g
Residents' Reactions to Work:

"My personal life drains me of energy for work"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	69,708	76.6	10.1	13.2	2.96	1.29
Kitchener	131,915	75.5	9.1	15.4	2.98	1.36
Waterloo	68,517	72.3	12.1	15.6	3.02	1.33
North Dumfries	5,774	68.4	8.7	22.9	3.37	1.59
Wellesley	6,392	72.6	14.9	12.5	3.08	1.64
Wilmot	10,057	76.7	13.9	9.3	2.75	1.19
Woolwich	14,112	75.6	12.8	11.6	3.00	1.23
Region Overall	306,475	74.9	10.4	14.7	2.99	1.34

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 62h
Residents' Reactions to Work:

"I am too tired to be effective at work"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	69,638	70.2	15.4	14.4	3.11	1.30
Kitchener	132,000	67.8	13.4	18.8	3.15	1.39
Waterloo	68,481	70.1	13.3	16.6	3.05	1.34
North Dumfries	5,721	65.1	13.9	21.0	3.18	1.46
Wellesley	6,392	79.5	13.6	6.9	2.70	1.33
Wilmot	10,058	85.3	5.8	8.9	2.66	1.18
Woolwich	14,112	74.1	11.6	14.3	3.10	1.23
Region Overall	306,402	69.9	13.5	16.6	3.09	1.35

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 62i
Residents' Reactions to Work:

"My work suffers because of my personal life"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	69,854	81.1	8.9	10.0	2.73	1.27
Kitchener	132,336	79.6	8.2	12.2	2.78	1.30
Waterloo	68,595	81.5	7.9	10.6	2.77	1.24
North Dumfries	5,774	74.9	12.5	12.5	2.97	1.38
Wellesley	6,392	88.3	7.4	4.3	2.47	1.18
Wilmot	10,057	87.0	11.6	1.4	2.40	1.04
Woolwich	13,925	81.7	9.7	8.6	2.80	1.19
Region Overall	306,933	80.8	8.5	10.7	2.75	1.27

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 62j
Residents' Reactions to Work:

"It is hard to work because of personal matters"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	69,910	73.9	13.0	13.1	2.87	1.36
Kitchener	131,639	75.0	9.4	15.6	2.90	1.39
Waterloo	68,469	74.9	9.0	16.2	2.93	1.36
North Dumfries	5,774	68.1	15.0	17.0	3.12	1.53
Wellesley	6,392	88.1	6.8	5.1	2.45	1.19
Wilmot	9,992	82.8	5.9	11.3	2.71	1.24
Woolwich	13,865	79.4	11.0	9.7	2.84	1.31
Region Overall	306,041	75.3	10.2	14.6	2.89	1.37

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 62k
Residents' Reactions to Work:

"My personal life gives me energy for my job"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	69,853	29.6	26.2	44.2	4.15	1.35
Kitchener	131,330	27.8	22.3	49.9	4.26	1.36
Waterloo	68,247	25.4	22.3	52.3	4.37	1.36
North Dumfries	5,775	26.8	31.2	42.0	4.25	1.35
Wellesley	6,391	16.8	19.7	63.6	4.62	1.51
Wilmot	10,058	25.5	23.7	50.8	4.23	1.22
Woolwich	13,925	27.5	26.9	45.5	4.20	1.22
Region Overall	305,579	27.3	23.6	49.1	4.27	1.35

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 62l
Residents' Reactions to Work:

"I am in a better mood at work because of my personal life"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	69,721	25.8	22.0	52.1	4.34	1.41
Kitchener	131,874	22.8	21.1	56.1	4.44	1.41
Waterloo	68,456	19.5	19.6	60.9	4.64	1.32
North Dumfries	5,774	24.0	18.3	57.7	4.39	1.51
Wellesley	6,391	10.0	17.9	72.2	5.05	1.19
Wilmot	10,057	14.5	26.7	58.8	4.66	1.12
Woolwich	13,924	19.3	23.6	57.2	4.50	1.27
Region Overall	306,197	22.1	21.2	56.8	4.48	1.38

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 62m
Residents' Reactions to Work:

"I am in a better mood generally because of my job"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	69,699	39.1	23.7	37.2	3.87	1.48
Kitchener	131,884	34.2	22.3	43.6	4.03	1.47
Waterloo	68,456	28.5	24.1	47.4	4.27	1.35
North Dumfries	5,774	43.6	22.9	33.6	3.78	1.49
Wellesley	6,391	29.9	24.0	46.1	4.22	1.28
Wilmot	10,059	29.9	28.0	42.1	3.93	1.35
Woolwich	13,890	33.2	24.2	42.6	4.06	1.42
Region Overall	306,153	33.9	23.3	42.8	4.04	1.44

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.
^b Based on the original 7-point scale where higher scores reflect greater agreement.

Table 62 – Summary
Dimensions of Work-Life Balance
Summary Statistics

Dimension ^a	Region Overall	Municipality ^b						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Work/personal life enhancement	3.74 (1.16)	3.88 (1.20)	3.76 (1.20)	3.57 (1.13)	3.86 (0.99)	3.37 (1.11)	3.73 (0.77)	3.74 (1.07)
Work interference with personal life	3.86 (1.37)	4.02 (1.34)	3.82 (1.39)	3.73 (1.33)	4.09 (1.35)	3.60 (1.50)	4.08 (1.47)	3.84 (1.30)
Personal life interference with work	2.93 (1.14)	2.92 (1.08)	2.96 (1.17)	2.94 (1.15)	3.16 (1.26)	2.68 (1.21)	2.63 (0.95)	2.93 (1.07)
Overall work-life balance	3.51 (0.94)	3.61 (0.90)	3.51 (0.97)	3.41 (0.92)	3.70 (0.90)	3.22 (1.12)	3.48 (0.75)	3.50 (0.79)

Notes: ^a *Work/personal life enhancement* refers to the positive transfer of mood and energy between work and personal domains.
Work interference with personal life refers to difficulties re: detrimental influence of work on personal needs, time, energy, relationships.
Personal life interference with work refers to difficulties performing job requirements because of personal matters.

^b Based on a 7-point scale where higher scores reflect greater degree of work-life *imbalance*.

Experiences of Financial Insecurity

Table 63a
Residents' Experiences of *Financial Insecurity* During the Past Year:
"I could not pay my bills on time (e.g., water, hydro, phone, credit card)"

Municipality	n	Percentage of Residents				
		Never	Once in past year	At least once every 6 months	At least once every 3 months	At least once a month
Cambridge	105,861	68.8	10.8	6.5	5.9	7.9
Kitchener	196,432	71.8	8.8	7.5	5.5	6.4
Waterloo	96,098	81.8	8.3	3.6	4.2	2.0
North Dumfries	8,459	69.4	11.3	7.2	9.8	2.3
Wellesley	7,966	80.9	9.7	6.9	1.5	1.0
Wilmot	16,713	82.9	8.0	3.2	3.7	2.2
Woolwich	19,304	79.5	9.3	3.1	4.1	4.1
Region Overall	450,833	74.1	9.2	6.1	5.2	5.4

Table 63b
Residents' Experiences of *Financial Insecurity* During the Past Year:
"I could not pay my mortgage or rent on time"

Municipality	n	Percentage of Residents				
		Never	Once in past year	At least once every 6 months	At least once every 3 months	At least once a month
Cambridge	99,843	80.1	7.2	3.0	5.1	4.5
Kitchener	183,201	83.1	6.0	3.3	3.8	3.8
Waterloo	90,285	87.0	6.8	2.6	2.4	1.2
North Dumfries	7,964	85.2	3.7	4.7	3.2	3.2
Wellesley	7,556	94.3	0.5	5.2	0.0	0.0
Wilmot	15,328	89.7	0.4	4.8	0.0	5.1
Woolwich	17,917	92.7	1.7	0.0	3.0	2.6
Region Overall	422,094	84.1	5.9	3.1	3.5	3.3

Table 63c
Residents' Experiences of *Financial Insecurity* During the Past Year:
"I ate less because there was not enough food or money for food"

Municipality	n	Percentage of Residents				
		Never	Once in past year	At least once every 6 months	At least once every 3 months	At least once a month
Cambridge	105,708	68.7	5.2	5.8	6.7	13.7
Kitchener	195,908	72.1	4.5	7.1	5.6	10.7
Waterloo	96,489	81.0	4.6	4.4	3.4	6.6
North Dumfries	8,199	70.8	3.7	3.8	12.0	9.7
Wellesley	8,275	85.8	4.2	4.8	0.0	5.2
Wilmot	16,489	79.8	3.0	5.7	4.5	7.0
Woolwich	19,999	80.1	2.8	3.1	7.0	7.0
Region Overall	451,067	74.1	4.5	5.9	5.4	10.1

Table 63d
Residents' Experiences of *Financial Insecurity* During the Past Year:
"I could not afford to purchase nutritious foods (e.g., fresh vegetables, whole foods)"

Municipality	n	Percentage of Residents				
		Never	Once in past year	At least once every 6 months	At least once every 3 months	At least once a month
Cambridge	106,640	64.4	4.2	6.4	7.5	17.6
Kitchener	198,039	68.1	5.5	6.0	6.8	13.7
Waterloo	97,047	79.7	4.2	4.3	3.8	8.0
North Dumfries	8,022	69.4	6.8	7.8	1.8	14.2
Wellesley	7,919	83.0	7.0	4.0	5.0	1.0
Wilmot	16,572	78.9	5.4	4.6	0.8	10.3
Woolwich	19,909	76.8	2.1	5.0	5.7	10.4
Region Overall	454,148	70.8	4.8	5.6	5.9	12.9

Table 63e
Residents' Experiences of *Financial Insecurity* During the Past Year:

"I used a local food bank"

Municipality	n	Percentage of Residents				
		Never	Once in past year	At least once every 6 months	At least once every 3 months	At least once a month
Cambridge	105,469	85.9	1.7	2.3	4.5	5.7
Kitchener	196,783	83.9	2.9	2.5	3.0	7.7
Waterloo	95,668	88.1	3.0	1.9	3.2	3.7
North Dumfries	8,452	81.5	4.8	0.0	8.6	5.1
Wellesley	8,270	95.8	0.0	0.0	4.2	0.0
Wilmot	16,429	95.2	0.0	0.0	2.6	2.2
Woolwich	19,720	89.8	1.6	1.2	4.7	2.6
Region Overall	450,791	86.1	2.5	2.1	3.6	5.8

Table 63f
Residents' Experiences of *Financial Insecurity* During the Past Year:

"I could not afford to pay for transportation to get to where I needed to go"

Municipality	n	Percentage of Residents				
		Never	Once in past year	At least once every 6 months	At least once every 3 months	At least once a month
Cambridge	105,290	79.4	4.5	3.6	5.1	7.5
Kitchener	196,463	79.3	5.4	3.3	3.1	8.9
Waterloo	95,832	88.1	3.1	3.5	2.5	2.7
North Dumfries	7,814	78.1	5.2	8.2	5.1	3.3
Wellesley	8,042	91.3	8.2	0.0	0.0	0.4
Wilmot	16,184	90.4	0.8	1.7	0.9	6.3
Woolwich	19,136	88.0	4.5	2.6	1.3	3.6
Region Overall	448,761	82.2	4.6	3.4	3.3	6.7

Table 63g
Residents' Experiences of *Financial Insecurity* During the Past Year:

"I did not have enough money to buy the things I WANTED"

Municipality	n	Percentage of Residents				
		Never	Once in past year	At least once every 6 months	At least once every 3 months	At least once a month
Cambridge	104,836	40.8	8.8	11.7	10.1	28.6
Kitchener	199,815	45.5	7.3	11.1	10.3	25.7
Waterloo	97,797	52.5	9.5	10.9	9.9	17.2
North Dumfries	8,273	49.7	4.4	12.9	12.7	20.3
Wellesley	7,878	58.7	7.3	16.2	6.0	11.9
Wilmot	17,028	64.9	9.8	8.3	4.2	12.8
Woolwich	19,990	47.9	12.2	11.6	7.9	20.5
Region Overall	455,617	47.1	8.4	11.2	9.8	23.5

Table 63h
Residents' Experiences of *Financial Insecurity* During the Past Year:

"I did not have enough money to buy the things I NEEDED"

Municipality	n	Percentage of Residents				
		Never	Once in past year	At least once every 6 months	At least once every 3 months	At least once a month
Cambridge	106,655	60.3	9.3	7.4	8.2	14.7
Kitchener	199,951	67.3	6.5	6.1	6.2	13.9
Waterloo	97,986	75.4	7.1	5.4	6.2	5.9
North Dumfries	8,170	72.0	6.0	5.9	8.9	7.3
Wellesley	8,231	86.3	1.9	3.2	2.9	5.7
Wilmot	16,518	85.5	2.2	2.0	1.8	8.6
Woolwich	20,229	75.2	11.8	1.6	5.0	6.4
Region Overall	457,740	68.8	7.3	5.9	6.5	11.6

Housing Security

Table 64
Own, Rent, or Lease Place in Which Currently Living

Nature of Residency	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Own	64.1	66.8	58.3	64.5	69.6	84.9	83.7	79.0
Rent	27.9	25.1	33.7	27.9	28.7	7.3	5.2	11.3
Lease	1.1	0.9	0.5	2.5	0.0	0.0	2.5	0.6
Other ^a	6.9	7.2	7.5	5.1	1.6	7.8	8.6	9.1
Total	480,709	112,042	209,601	103,175	8,577	8,534	17,395	21,385

Notes: ^a Among the few respondents who reported another type of accommodation, living with parents and living with other family members were the most common responses.

Table 65
Percentage of Monthly Income Spent on Housing

Percentage of Income Spent on Housing	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Less than 30%	53.4	50.4	49.7	59.9	53.0	60.0	66.7	60.8
30 to 50%	34.7	36.6	37.3	29.2	37.0	37.6	25.6	31.7
More than 50%	11.8	13.0	12.9	10.9	10.0	2.4	7.7	7.6
Total	461,544	109,723	198,614	99,671	8,386	8,309	16,501	20,340

Satisfaction with Current Place of Residence

Table 66a
Residents' Satisfaction with Selected Aspects of Their Current Residence:
"Having enough space overall in your home"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	113,412	21.0	9.6	69.4	3.74	1.22
Kitchener	209,285	20.2	9.8	70.0	3.75	1.27
Waterloo	103,512	17.7	7.7	74.6	3.94	1.19
North Dumfries	8,576	12.8	10.1	77.1	4.10	1.08
Wellesley	8,535	5.0	6.5	88.5	4.39	0.88
Wilmot	17,396	7.0	4.9	88.1	4.39	0.96
Woolwich	21,226	9.5	8.4	82.0	4.17	0.99
Region Overall	481,942	18.5	9.0	72.5	3.85	1.22

Notes: ^a Percentages based on combining responses 1 and 2 = *Dissatisfied*; 3 = *Neither satisfied nor dissatisfied*; and 4 and 5 = *Satisfied*.

^b Based on the original 5-point scale where higher scores reflect greater levels of satisfaction.

Table 66b
Residents' Satisfaction with Selected Aspects of Their Current Residence:
"Having enough bedrooms"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	112,971	17.1	6.8	76.1	3.87	1.17
Kitchener	208,966	18.0	8.8	73.2	3.83	1.23
Waterloo	103,249	13.2	8.0	78.8	4.05	1.10
North Dumfries	8,577	7.3	12.5	80.2	4.16	1.02
Wellesley	8,535	2.7	8.6	88.6	4.47	0.85
Wilmot	17,329	3.8	5.7	90.5	4.48	0.78
Woolwich	21,195	4.7	3.5	91.8	4.34	0.85
Region Overall	480,822	15.2	7.9	76.9	3.95	1.16

Notes: ^a Percentages based on combining responses 1 and 2 = *Dissatisfied*; 3 = *Neither satisfied nor dissatisfied*; and 4 and 5 = *Satisfied*.

^b Based on the original 5-point scale where higher scores reflect greater levels of satisfaction.

Table 66c
Residents' Satisfaction with Selected Aspects of Their Current Residence:

"Being affordable"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	112,949	22.8	15.9	61.4	3.55	1.20
Kitchener	207,877	20.9	16.4	62.7	3.59	1.26
Waterloo	103,114	18.8	16.9	64.3	3.67	1.22
North Dumfries	8,577	15.7	19.5	64.7	3.73	1.13
Wellesley	8,534	10.6	18.0	71.4	3.97	1.00
Wilmot	17,395	7.2	17.8	75.0	4.04	1.00
Woolwich	21,214	11.8	13.1	75.1	3.92	1.09
Region Overall	479,660	19.7	16.4	63.9	3.64	1.22

Notes: ^a Percentages based on combining responses 1 and 2 = *Dissatisfied*; 3 = *Neither satisfied nor dissatisfied*; and 4 and 5 = *Satisfied*.

^b Based on the original 5-point scale where higher scores reflect greater levels of satisfaction.

Table 66d
Residents' Satisfaction with Selected Aspects of Their Current Residence:

"Its condition"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	112,384	20.2	13.9	65.9	3.60	1.16
Kitchener	207,503	19.1	11.9	69.0	3.69	1.16
Waterloo	103,489	13.5	13.0	73.5	3.85	1.05
North Dumfries	8,434	12.4	11.5	76.2	3.94	1.02
Wellesley	8,535	5.9	14.9	79.2	4.23	1.05
Wilmot	17,395	2.3	8.3	89.4	4.31	0.78
Woolwich	21,067	8.9	7.7	83.3	4.06	0.94
Region Overall	478,807	16.7	12.4	70.9	3.76	1.12

Notes: ^a Percentages based on combining responses 1 and 2 = *Dissatisfied*; 3 = *Neither satisfied nor dissatisfied*; and 4 and 5 = *Satisfied*.

^b Based on the original 5-point scale where higher scores reflect greater levels of satisfaction.

Table 66e
Residents' Satisfaction with Selected Aspects of Their Current Residence:

“Being able to stay long term”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	112,704	12.8	12.9	74.3	3.89	1.10
Kitchener	207,231	9.7	11.7	78.6	4.03	1.08
Waterloo	103,022	8.1	12.5	79.4	4.10	0.99
North Dumfries	8,575	7.9	15.7	76.4	4.04	1.00
Wellesley	8,534	3.1	9.2	87.7	4.41	0.84
Wilmot	17,060	3.9	10.8	85.4	4.32	0.90
Woolwich	21,226	7.7	6.0	86.3	4.20	0.95
Region Overall	478,352	9.7	11.9	78.5	4.04	1.05

Notes: ^a Percentages based on combining responses 1 and 2 = *Dissatisfied*; 3 = *Neither satisfied nor dissatisfied*; and 4 and 5 = *Satisfied*.

^b Based on the original 5-point scale where higher scores reflect greater levels of satisfaction.

Table 66f
Residents' Satisfaction with Selected Aspects of Their Current Residence:

“Blocking regular noise from outside or your neighbours”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	112,736	29.7	14.2	56.1	3.33	1.29
Kitchener	207,838	24.0	14.8	61.2	3.51	1.27
Waterloo	102,935	21.8	13.5	64.7	3.65	1.20
North Dumfries	8,577	15.9	14.3	69.9	3.72	1.16
Wellesley	8,535	10.6	16.5	72.9	4.08	1.12
Wilmot	17,338	9.2	13.7	77.1	4.01	1.01
Woolwich	21,195	15.2	10.7	74.1	3.88	1.17
Region Overall	479,154	23.5	14.2	62.3	3.54	1.25

Notes: ^a Percentages based on combining responses 1 and 2 = *Dissatisfied*; 3 = *Neither satisfied nor dissatisfied*; and 4 and 5 = *Satisfied*.

^b Based on the original 5-point scale where higher scores reflect greater levels of satisfaction.

Table 66g
Residents' Satisfaction with Selected Aspects of Their Current Residence:

“Being accessible to someone with a physical limitation”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	112,048	29.2	37.4	33.4	3.05	1.11
Kitchener	207,243	31.3	35.0	33.7	3.02	1.13
Waterloo	102,412	28.2	36.6	35.2	3.09	1.13
North Dumfries	8,577	22.8	44.7	32.5	3.16	1.05
Wellesley	8,491	16.0	51.1	33.0	3.24	0.95
Wilmot	17,329	18.4	35.7	45.8	3.38	1.05
Woolwich	21,194	23.2	40.6	36.2	3.17	1.07
Region Overall	477,294	28.9	36.7	34.4	3.07	1.12

Notes: ^a Percentages based on combining responses 1 and 2 = *Dissatisfied*; 3 = *Neither satisfied nor dissatisfied*; and 4 and 5 = *Satisfied*.

^b Based on the original 5-point scale where higher scores reflect greater levels of satisfaction.

Table 66h
Residents' Satisfaction with Selected Aspects of Their Current Residence:

“Being safe and secure within the home”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	112,606	11.0	11.7	77.3	3.90	1.02
Kitchener	208,492	10.4	9.8	79.8	3.98	1.06
Waterloo	103,318	5.9	8.2	86.0	4.18	0.87
North Dumfries	8,576	6.5	5.8	87.7	4.23	0.87
Wellesley	8,536	3.2	6.8	90.0	4.41	0.77
Wilmot	17,395	6.7	3.7	89.5	4.25	0.95
Woolwich	21,195	3.6	5.0	91.4	4.35	0.83
Region Overall	480,118	8.9	9.4	81.7	4.04	1.00

Notes: ^a Percentages based on combining responses 1 and 2 = *Dissatisfied*; 3 = *Neither satisfied nor dissatisfied*; and 4 and 5 = *Satisfied*.

^b Based on the original 5-point scale where higher scores reflect greater levels of satisfaction.

Table 66i
Residents' Satisfaction with Selected Aspects of Their Current Residence:

“Being energy efficient”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	112,510	21.9	20.3	57.8	3.44	1.10
Kitchener	207,485	20.9	25.2	53.9	3.41	1.10
Waterloo	102,900	20.1	20.8	59.0	3.50	1.09
North Dumfries	8,576	16.2	18.1	65.7	3.70	1.04
Wellesley	8,534	10.6	24.4	65.0	3.79	1.03
Wilmot	17,054	10.1	15.2	74.7	3.86	0.90
Woolwich	21,108	13.0	19.3	67.7	3.74	0.99
Region Overall	478,167	20.0	22.4	57.7	3.48	1.09

Notes: ^a Percentages based on combining responses 1 and 2 = *Dissatisfied*; 3 = *Neither satisfied nor dissatisfied*; and 4 and 5 = *Satisfied*.

^b Based on the original 5-point scale where higher scores reflect greater levels of satisfaction.

Table 66j
Residents' Satisfaction with Selected Aspects of Their Current Residence:

“Being able to maintain a comfortable temperature in the WINTER”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	113,025	17.8	11.5	70.7	3.69	1.15
Kitchener	208,293	16.4	10.2	73.4	3.77	1.15
Waterloo	103,472	13.5	9.6	76.9	3.91	1.08
North Dumfries	8,576	10.0	9.6	80.5	3.95	1.00
Wellesley	8,535	6.4	13.0	80.6	4.20	0.91
Wilmot	17,297	8.3	5.3	86.4	4.20	0.89
Woolwich	21,135	7.7	5.6	86.7	4.13	0.96
Region Overall	480,333	15.1	10.0	74.8	3.83	1.12

Notes: ^a Percentages based on combining responses 1 and 2 = *Dissatisfied*; 3 = *Neither satisfied nor dissatisfied*; and 4 and 5 = *Satisfied*.

^b Based on the original 5-point scale where higher scores reflect greater levels of satisfaction.

Table 66k
Residents' Satisfaction with Selected Aspects of Their Current Residence:
"Being able to maintain a comfortable temperature in the SUMMER"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	113,130	17.8	11.0	71.2	3.70	1.14
Kitchener	208,716	16.8	11.3	71.8	3.74	1.17
Waterloo	103,417	12.9	9.6	77.5	3.93	1.08
North Dumfries	8,576	5.8	10.7	83.5	4.05	0.83
Wellesley	8,385	2.3	9.9	87.8	4.27	0.77
Wilmot	17,395	3.3	5.4	91.3	4.27	0.78
Woolwich	21,118	10.0	5.2	84.8	4.08	0.98
Region Overall	480,737	15.0	10.3	74.7	3.82	1.12

Notes: ^a Percentages based on combining responses 1 and 2 = *Dissatisfied*; 3 = *Neither satisfied nor dissatisfied*; and 4 and 5 = *Satisfied*.
^b Based on the original 5-point scale where higher scores reflect greater levels of satisfaction.

Table 66 – Summary
Overall Satisfaction with Current Housing
Summary Statistics

Overall Housing Satisfaction ^a	Region Overall	Municipality ^b						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Overall satisfaction	3.73 (0.83)	3.61 (0.85)	3.67 (0.86)	3.81 (0.76)	3.89 (0.63)	4.13 (0.63)	4.14 (0.65)	4.00 (0.70)

Notes: ^a Overall satisfaction with current housing based on average across all aspects of current place of residence.
^b Based on a 5-point scale where higher scores reflect greater degree of satisfaction with current housing.

Table 67
 Perception that all Residents of Waterloo Region have Access to Needed Opportunities and Resources to
 Meet Their Needs and Reach Their Potential

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	69,585	55.2	21.4	23.4	3.39	1.50
Kitchener	131,530	54.7	18.2	27.1	3.43	1.54
Waterloo	68,667	49.0	20.3	30.7	3.66	1.55
North Dumfries	5,775	40.4	29.7	29.9	3.81	1.73
Wellesley	6,355	46.5	31.9	21.6	3.71	1.47
Wilmot	10,038	46.3	31.7	22.1	3.52	1.42
Woolwich	14,053	49.1	20.6	30.3	3.62	1.54
Region Overall	306,003	52.6	20.4	27.0	3.49	1.53

Notes: ^a Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/unsure*; and 5 to 7 = *Agree*.

^b Based on the original 7-point scale where higher scores reflect greater agreement.

Time Use

Time Providing Support to Others

Table 68a
Residents Providing Unpaid Care to Any Children

Unpaid care to children	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Residents providing care	19.5	18.6	18.4	22.4	22.1	24.0	19.1	19.3
Total responding	479,509	112,700	208,810	102,304	8,442	8,535	17,333	21,385

Table 68b
Weekly Hours Typically Spent by Residents Providing Unpaid Care to Children

Hours of unpaid care	Region Overall	Municipality ^a						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Children in your family	46.22 (49.79)	45.79 (48.32)	47.16 (51.85)	42.97 (45.33)	63.46 (62.14)	34.87 (38.16)	47.36 (51.85)	52.56 (53.22)
Children <i>not</i> in your family	4.97 (3.20)	6.47 (3.53)	5.16 (3.37)	4.03 (2.55)	5.35 (2.43)	5.96 (1.01)	3.00 (0.00)	4.58 (3.15)

Note: ^a Mean number of hours with standard deviation below in parentheses.

Table 69a
Residents Providing Unpaid Care Older or Dependent Adult(s)

Unpaid care to older adults	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Residents providing care	12.1	13.8	11.5	12.7	14.1	8.0	7.9	11.7
Total responding	478,550	112,700	208,810	102,304	8,442	8,535	17,333	21,385

Table 69b
Weekly Hours Typically Spent by Residents Providing Unpaid Care to Older or Dependent Adult(s)

Hours of unpaid care	Region Overall	Municipality ^a						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Older/dependent adult in your family	15.99 (16.50)	16.92 (17.31)	17.27 (17.11)	13.35 (14.98)	19.08 (15.70)	9.65 (12.79)	16.90 (13.31)	13.83 (15.02)
Older/dependent adult(s) who is a neighbour/friend	3.67 (2.21)	3.42 (2.13)	4.23 (2.33)	3.14 (1.91)	3.79 (2.26)	5.00 (0.00)	1.73 (0.97)	3.11 (2.22)

Note: ^aMean number of hours with standard deviation below in parentheses.

Perceptions of Time Adequacy

Table 70a
Residents' Perceptions of Time Adequacy:
"There is time to get enough sleep/rest"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	111,484	24.2	14.8	61.0	6.99	3.11
Kitchener	206,757	27.7	13.1	59.2	6.71	3.19
Waterloo	102,619	22.8	12.5	64.7	7.18	2.98
North Dumfries	8,638	23.7	16.9	59.4	6.94	3.10
Wellesley	8,184	16.0	7.8	76.2	7.86	2.86
Wilmot	16,873	21.1	11.5	67.4	7.45	3.05
Woolwich	20,955	20.2	10.1	69.7	7.45	3.02
Region Overall	475,510	25.0	13.2	61.9	6.96	3.12

Notes: ^a Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.
^b Based on original 10-point scale where higher scores reflect residents' perception that they have more adequate amounts of time.

Table 70b
Residents' Perceptions of Time Adequacy:
"There is time to be yourself"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	111,224	18.3	16.7	65.0	7.28	2.88
Kitchener	204,887	21.5	13.7	64.8	7.10	2.96
Waterloo	100,950	16.8	16.3	66.9	7.41	2.69
North Dumfries	8,576	17.9	18.6	63.5	7.41	2.84
Wellesley	8,185	11.7	7.7	80.5	8.11	2.66
Wilmot	16,930	18.2	12.8	69.0	7.46	2.97
Woolwich	20,684	10.6	14.9	74.4	7.87	2.55
Region Overall	471,436	18.9	15.0	66.1	7.28	2.87

Notes: ^a Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.
^b Based on original 10-point scale where higher scores reflect residents' perception that they have more adequate amounts of time.

Table 70c
Residents' Perceptions of Time Adequacy:

"There is time to socialize"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	110,639	24.3	22.6	53.0	6.63	2.87
Kitchener	204,415	23.4	20.0	56.6	6.68	2.88
Waterloo	101,585	20.4	20.7	58.9	6.95	2.72
North Dumfries	8,531	25.3	17.2	57.5	6.94	2.83
Wellesley	8,103	15.8	14.2	69.9	7.68	2.74
Wilmot	16,963	22.3	15.5	62.2	7.11	2.94
Woolwich	20,914	13.9	18.1	68.0	7.45	2.65
Region Overall	471,150	22.4	20.4	57.2	6.80	2.84

Notes: ^a Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.

^b Based on original 10-point scale where higher scores reflect residents' perception that they have more adequate amounts of time.

Table 70d
Residents' Perceptions of Time Adequacy:

"There is time to keep in shape"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	110,084	25.9	21.8	52.2	6.50	2.94
Kitchener	204,004	28.4	19.0	52.6	6.44	3.04
Waterloo	101,383	22.8	19.1	58.1	6.88	2.77
North Dumfries	8,395	24.5	20.9	54.5	6.87	2.96
Wellesley	8,183	16.2	13.5	70.3	7.68	2.73
Wilmot	16,615	12.6	28.5	58.8	7.28	2.79
Woolwich	20,841	16.8	19.9	63.3	7.11	2.73
Region Overall	469,505	25.2	20.0	54.7	6.64	2.95

Notes: ^a Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.

^b Based on original 10-point scale where higher scores reflect residents' perception that they have more adequate amounts of time.

Table 70e
Residents' Perceptions of Time Adequacy:
"There is time to prepare or eat healthy meals"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	110,447	22.9	20.1	57.0	6.81	2.88
Kitchener	205,351	25.1	17.0	57.9	6.72	2.97
Waterloo	101,979	15.6	20.6	63.8	7.22	2.57
North Dumfries	8,494	18.4	20.6	61.0	7.22	2.60
Wellesley	8,185	15.5	18.5	66.0	7.50	2.66
Wilmot	16,868	15.9	21.4	62.7	7.50	2.54
Woolwich	20,917	14.0	21.2	64.8	7.38	2.59
Region Overall	472,241	21.4	18.9	59.6	6.93	2.83

Notes: ^a Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.
^b Based on original 10-point scale where higher scores reflect residents' perception that they have more adequate amounts of time.

Table 70f
Residents' Perceptions of Time Adequacy:
"There is time to participate in or be active in the community"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	105,244	34.5	22.5	43.0	5.86	3.08
Kitchener	197,265	33.5	20.3	46.2	6.02	3.03
Waterloo	98,068	29.4	22.3	48.2	6.31	2.89
North Dumfries	8,399	26.5	25.6	47.8	6.36	2.85
Wellesley	7,944	21.5	19.3	59.2	6.94	3.12
Wilmot	16,600	24.8	22.1	53.1	6.72	2.92
Woolwich	20,392	18.6	23.5	57.9	6.96	2.78
Region Overall	453,912	31.5	21.6	46.9	6.14	3.01

Notes: ^a Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.
^b Based on original 10-point scale where higher scores reflect residents' perception that they have more adequate amounts of time.

Table 70g
Residents' Perceptions of Time Adequacy:

“There is time to nurture your spiritual and/or creative side”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	100,609	30.4	19.8	49.9	6.30	3.08
Kitchener	192,812	30.4	18.5	51.1	6.32	3.06
Waterloo	96,240	27.2	20.2	52.6	6.51	2.96
North Dumfries	8,103	24.9	20.5	54.6	6.68	2.89
Wellesley	7,946	25.0	16.4	58.6	6.90	3.06
Wilmot	15,759	26.1	16.2	57.7	6.78	3.17
Woolwich	19,761	18.4	21.2	60.4	7.06	2.83
Region Overall	441,230	28.8	19.2	52.0	6.43	3.04

Notes: ^a Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.

^b Based on original 10-point scale where higher scores reflect residents' perception that they have more adequate amounts of time.

Table 70h
Residents' Perceptions of Time Adequacy:

“There is time to complete chores or errands”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	110,655	20.5	21.9	57.6	6.82	2.72
Kitchener	204,329	22.8	20.8	56.4	6.71	2.83
Waterloo	100,323	19.0	22.6	58.4	7.03	2.58
North Dumfries	8,266	18.0	23.6	58.3	7.00	2.63
Wellesley	8,184	19.5	7.6	73.0	7.44	2.75
Wilmot	16,994	16.2	13.4	70.4	7.45	2.58
Woolwich	20,969	14.8	15.7	69.5	7.43	2.56
Region Overall	469,720	20.7	20.8	58.5	6.88	2.74

Notes: ^a Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.

^b Based on original 10-point scale where higher scores reflect residents' perception that they have more adequate amounts of time.

Table 70i
Residents' Perceptions of Time Adequacy:
"There is time to be with the children you live with"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	58,450	22.8	18.8	58.4	6.71	3.04
Kitchener	98,654	26.0	16.6	57.4	6.57	3.07
Waterloo	47,384	15.3	20.2	64.5	7.25	2.49
North Dumfries	5,558	18.3	27.1	54.6	6.77	2.69
Wellesley	4,808	22.4	6.5	71.0	7.51	2.66
Wilmot	9,162	20.8	16.2	63.0	6.87	3.03
Woolwich	10,971	18.0	12.5	69.5	7.12	2.62
Region Overall	234,987	22.2	17.7	60.1	6.80	2.93

Notes: ^a Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.
^b Based on original 10-point scale where higher scores reflect residents' perception that they have more adequate amounts of time.

Table 70j
Residents' Perceptions of Time Adequacy:
"There is time to be with your partner or spouse"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	91,247	23.3	17.7	59.0	6.80	3.00
Kitchener	158,901	21.9	16.2	61.9	7.00	2.95
Waterloo	77,581	17.5	15.0	67.5	7.35	2.59
North Dumfries	7,098	15.7	26.0	58.3	7.14	2.69
Wellesley	7,608	19.4	2.5	78.1	7.85	2.78
Wilmot	13,548	18.7	9.5	71.8	7.59	2.96
Woolwich	17,833	14.4	15.0	70.6	7.47	2.69
Region Overall	373,816	20.7	15.9	63.4	7.09	2.88

Notes: ^a Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.
^b Based on original 10-point scale where higher scores reflect residents' perception that they have more adequate amounts of time.

Table 70k
Residents' Perceptions of Time Adequacy:
"There is time to be together as a family"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	106,054	24.5	19.3	56.2	6.65	2.90
Kitchener	190,939	24.0	18.9	57.1	6.73	2.89
Waterloo	90,534	17.9	19.0	63.1	7.15	2.66
North Dumfries	8,353	20.6	27.7	51.7	6.67	2.74
Wellesley	8,064	20.0	4.1	76.0	7.65	2.80
Wilmot	16,290	22.1	10.6	67.4	7.32	2.79
Woolwich	20,469	14.1	18.5	67.4	7.39	2.55
Region Overall	440,703	22.2	18.6	59.2	6.87	2.84

Notes: ^a Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.
^b Based on original 10-point scale where higher scores reflect residents' perception that they have more adequate amounts of time.

Table 70l
Residents' Perceptions of Time Adequacy:
"There is time to form and sustain serious relationships"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	99,789	26.6	20.7	52.7	6.41	3.03
Kitchener	186,984	26.0	17.4	56.6	6.62	2.99
Waterloo	91,004	21.9	19.6	58.5	6.77	2.76
North Dumfries	7,733	18.6	25.8	55.6	6.95	2.72
Wellesley	7,881	15.2	11.6	73.2	7.67	2.68
Wilmot	16,182	18.7	17.0	64.2	7.33	2.67
Woolwich	19,302	14.7	18.0	67.3	7.31	2.71
Region Overall	428,875	24.2	18.7	57.2	6.69	2.93

Notes: ^a Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.
^b Based on original 10-point scale where higher scores reflect residents' perception that they have more adequate amounts of time.

Table 70 – Summary
Overall Perception of Time Adequacy
Summary Statistics^a

Time Adequacy	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Perceived time adequacy	6.79 (2.52)	6.62 (2.53)	6.66 (2.61)	6.96 (2.31)	6.93 (2.30)	7.58 (2.49)	7.24 (2.53)	7.34 (2.32)
Total	452,735	105,823	195,787	97,591	8,417	8,024	16,567	20,526

Notes: ^a Mean scores with standard deviation below in parentheses.
Based on original 10-point scale where higher scores reflect more adequate amounts of time perceived by respondent.
Overall mean score based on combining responses to all items in scale.

Overall Wellbeing

Satisfaction with Aspects of Wellbeing (based on CIW Framework and its domains)

Table 71a
Residents' Level of Satisfaction with Various Aspects of Wellbeing:

"My mental wellbeing"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	112,032	26.2	18.1	55.7	4.60	1.81
Kitchener	209,954	24.9	17.5	57.6	4.63	1.77
Waterloo	102,929	22.0	16.3	61.6	4.81	1.72
North Dumfries	8,621	21.1	18.0	60.9	4.82	1.68
Wellesley	8,535	11.1	23.8	65.1	5.14	1.50
Wilmot	17,129	21.3	10.3	68.4	4.90	1.68
Woolwich	21,150	20.4	17.1	62.5	4.86	1.61
Region Overall	480,350	23.9	17.2	58.8	4.69	1.75

Notes: ^a Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.
^b Based on the original 7-point scale where higher scores reflect greater levels of satisfaction.

Table 71b
Residents' Level of Satisfaction with Various Aspects of Wellbeing:

"My physical wellbeing"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	112,146	31.2	19.6	49.3	4.30	1.72
Kitchener	209,282	32.7	18.6	48.7	4.26	1.75
Waterloo	102,190	22.5	18.5	59.0	4.66	1.60
North Dumfries	8,580	26.0	19.3	54.7	4.64	1.59
Wellesley	8,535	17.8	22.9	59.3	4.96	1.50
Wilmot	17,128	27.1	16.6	56.3	4.54	1.66
Woolwich	21,151	24.6	14.9	60.5	4.61	1.59
Region Overall	479,012	29.2	18.6	52.1	4.40	1.70

Notes: ^a Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

^b Based on the original 7-point scale where higher scores reflect greater levels of satisfaction.

Table 71c
Residents' Level of Satisfaction with Various Aspects of Wellbeing:

"My leisure time"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	111,625	25.6	21.4	53.0	4.57	1.68
Kitchener	208,242	28.3	17.9	53.8	4.48	1.76
Waterloo	102,772	22.7	17.7	59.6	4.74	1.61
North Dumfries	8,622	26.0	17.1	56.9	4.65	1.81
Wellesley	8,535	23.2	17.5	59.3	4.83	1.68
Wilmot	17,072	24.3	17.4	58.3	4.70	1.68
Woolwich	21,118	16.6	19.4	64.0	4.92	1.52
Region Overall	477,986	25.7	18.7	55.6	4.59	1.70

Notes: ^a Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

^b Based on the original 7-point scale where higher scores reflect greater levels of satisfaction.

Table 71d
Residents' Level of Satisfaction with Various Aspects of Wellbeing:
"My sense of belonging to this community"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	111,410	30.4	28.0	41.6	4.14	1.66
Kitchener	208,679	26.7	25.0	48.3	4.36	1.63
Waterloo	102,694	25.7	24.2	50.1	4.46	1.57
North Dumfries	8,577	26.1	19.5	54.4	4.50	1.67
Wellesley	8,534	20.4	25.7	53.9	4.83	1.65
Wilmot	17,133	16.1	21.7	62.1	4.93	1.44
Woolwich	21,059	19.9	23.5	56.6	4.66	1.61
Region Overall	478,086	26.5	25.2	48.2	4.38	1.63

Notes: ^a Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

^b Based on the original 7-point scale where higher scores reflect greater levels of satisfaction.

Table 71e
Residents' Level of Satisfaction with Various Aspects of Wellbeing:
"My personal relationships"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	111,217	21.2	16.9	61.9	4.83	1.70
Kitchener	208,604	19.7	16.6	63.7	4.85	1.67
Waterloo	102,550	17.6	16.2	66.2	4.94	1.52
North Dumfries	8,578	15.1	18.3	66.6	5.10	1.52
Wellesley	8,534	13.5	13.4	73.2	5.48	1.49
Wilmot	17,157	14.8	16.7	68.5	5.20	1.46
Woolwich	21,048	9.0	14.4	76.6	5.23	1.48
Region Overall	477,688	18.7	16.5	64.8	4.91	1.63

Notes: ^a Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

^b Based on the original 7-point scale where higher scores reflect greater levels of satisfaction.

Table 71f
Residents' Level of Satisfaction with Various Aspects of Wellbeing:

“My access to educational opportunities in the community”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	110,213	24.0	30.9	45.0	4.38	1.62
Kitchener	206,420	18.2	25.0	56.8	4.70	1.58
Waterloo	101,492	13.4	24.5	62.2	4.96	1.43
North Dumfries	8,423	28.2	28.3	43.4	4.31	1.63
Wellesley	8,535	21.6	30.1	48.3	4.70	1.57
Wilmot	17,063	18.5	21.3	60.1	4.79	1.53
Woolwich	21,077	18.0	25.0	57.0	4.69	1.52
Region Overall	473,223	18.8	26.3	54.9	4.68	1.57

Notes: ^a Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

^b Based on the original 7-point scale where higher scores reflect greater levels of satisfaction.

Table 71g
Residents' Level of Satisfaction with Various Aspects of Wellbeing:

“The balance of activities in my daily life”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	111,198	28.0	24.7	47.2	4.36	1.63
Kitchener	208,867	28.2	20.9	50.9	4.37	1.71
Waterloo	101,938	22.7	22.5	54.8	4.63	1.55
North Dumfries	8,622	28.8	21.2	50.0	4.48	1.66
Wellesley	8,534	23.3	18.2	58.5	4.69	1.69
Wilmot	17,190	23.5	21.4	55.1	4.63	1.62
Woolwich	21,118	18.6	21.8	59.5	4.70	1.54
Region Overall	477,467	26.3	22.1	51.5	4.46	1.65

Notes: ^a Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

^b Based on the original 7-point scale where higher scores reflect greater levels of satisfaction.

Table 71h
Residents' Level of Satisfaction with Various Aspects of Wellbeing:
"The way I spend my time"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	110,585	26.3	21.7	52.0	4.44	1.63
Kitchener	207,790	28.6	21.1	50.3	4.39	1.71
Waterloo	101,736	24.6	19.8	55.6	4.55	1.56
North Dumfries	8,622	24.1	17.1	58.7	4.59	1.67
Wellesley	8,535	18.1	27.0	54.9	4.78	1.53
Wilmot	17,015	25.8	21.3	52.9	4.58	1.67
Woolwich	20,829	19.2	21.5	59.3	4.72	1.56
Region Overall	475,112	26.4	21.0	52.6	4.47	1.65

Notes: ^a Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

^b Based on the original 7-point scale where higher scores reflect greater levels of satisfaction.

Table 71i
Residents' Level of Satisfaction with Various Aspects of Wellbeing:
"My access to arts and cultural opportunities in the community"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	110,913	22.8	34.8	42.4	4.35	1.53
Kitchener	207,211	21.1	26.2	52.7	4.56	1.57
Waterloo	101,311	18.7	24.8	56.5	4.67	1.48
North Dumfries	8,498	29.8	20.3	49.9	4.30	1.73
Wellesley	8,413	30.0	24.2	45.8	4.42	1.72
Wilmot	16,972	19.7	31.2	49.1	4.61	1.49
Woolwich	20,873	21.6	27.7	50.7	4.52	1.58
Region Overall	474,191	21.3	28.0	50.7	4.53	1.55

Notes: ^a Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

^b Based on the original 7-point scale where higher scores reflect greater levels of satisfaction.

Table 71j
Residents' Level of Satisfaction with Various Aspects of Wellbeing:
"My access to parks and recreation opportunities in the community"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	111,429	14.0	17.4	68.5	5.11	1.57
Kitchener	208,647	15.3	14.3	70.4	5.10	1.62
Waterloo	102,137	7.8	14.3	77.9	5.40	1.34
North Dumfries	8,576	10.5	12.8	76.7	5.38	1.39
Wellesley	8,501	6.8	17.3	76.0	5.37	1.30
Wilmot	17,188	6.0	14.6	79.4	5.49	1.19
Woolwich	20,977	7.6	12.3	80.1	5.44	1.35
Region Overall	477,455	12.5	15.0	72.5	5.20	1.53

Notes: ^a Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

^b Based on the original 7-point scale where higher scores reflect greater levels of satisfaction.

Table 71k
Residents' Level of Satisfaction with Various Aspects of Wellbeing:
"My neighbourhood as a place to live"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	111,426	18.4	15.0	66.6	4.97	1.67
Kitchener	209,080	15.5	15.1	69.4	5.07	1.65
Waterloo	102,133	7.9	12.9	79.3	5.53	1.35
North Dumfries	8,622	11.8	8.4	79.8	5.44	1.57
Wellesley	8,494	1.7	8.8	89.4	6.02	1.09
Wilmot	17,092	8.6	9.5	81.9	5.71	1.47
Woolwich	21,120	8.3	8.1	83.6	5.64	1.43
Region Overall	477,967	13.7	13.9	72.5	5.22	1.59

Notes: ^a Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

^b Based on the original 7-point scale where higher scores reflect greater levels of satisfaction.

Table 711
Residents' Level of Satisfaction with Various Aspects of Wellbeing:
"The environmental quality of my neighbourhood"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	110,711	17.9	17.9	64.3	4.84	1.60
Kitchener	208,414	18.3	16.7	65.0	4.88	1.63
Waterloo	102,551	9.7	12.9	77.4	5.34	1.38
North Dumfries	8,622	6.6	10.3	83.1	5.56	1.36
Wellesley	8,498	2.2	11.5	86.3	5.91	1.14
Wilmot	17,158	8.6	6.6	84.8	5.60	1.33
Woolwich	20,911	10.7	9.4	80.0	5.45	1.49
Region Overall	476,865	15.2	15.3	69.6	5.05	1.57

Notes: ^a Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

^b Based on the original 7-point scale where higher scores reflect greater levels of satisfaction.

Table 71m
Residents' Level of Satisfaction with Various Aspects of Wellbeing:
"The way my local government responds to community needs"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	110,908	47.5	26.8	25.6	3.43	1.63
Kitchener	208,134	39.1	27.1	33.8	3.76	1.64
Waterloo	102,065	33.1	27.9	38.9	4.02	1.58
North Dumfries	8,509	29.2	32.4	38.4	4.09	1.70
Wellesley	8,534	32.9	28.2	39.0	3.98	1.60
Wilmot	17,063	29.0	28.9	42.1	4.11	1.52
Woolwich	20,975	27.0	29.0	44.0	4.19	1.61
Region Overall	476,188	38.6	27.5	33.9	3.78	1.63

Notes: ^a Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

^b Based on the original 7-point scale where higher scores reflect greater levels of satisfaction.

Table 71n
Residents' Level of Satisfaction with Various Aspects of Wellbeing:

“How well democracy is working in our community”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	110,974	46.3	27.5	26.2	3.49	1.60
Kitchener	207,511	37.1	25.5	37.4	3.86	1.67
Waterloo	101,908	29.8	27.9	42.3	4.11	1.57
North Dumfries	8,531	32.1	28.1	39.8	4.08	1.67
Wellesley	8,495	35.8	26.3	37.9	4.05	1.66
Wilmot	16,974	33.3	21.5	45.2	4.08	1.63
Woolwich	20,926	29.9	25.9	44.2	4.15	1.65
Region Overall	475,319	37.1	26.4	36.5	3.85	1.65

Notes: ^a Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

^b Based on the original 7-point scale where higher scores reflect greater levels of satisfaction.

Table 71o
Residents' Level of Satisfaction with Various Aspects of Wellbeing:

“My financial situation”

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	111,122	34.5	15.7	49.8	4.24	1.93
Kitchener	209,509	30.6	15.1	54.3	4.36	1.94
Waterloo	102,537	22.8	11.7	65.5	4.86	1.81
North Dumfries	8,575	28.0	10.4	61.6	4.64	1.96
Wellesley	8,535	15.7	14.2	70.1	5.09	1.68
Wilmot	17,189	16.7	18.9	64.5	4.95	1.76
Woolwich	21,017	22.1	14.5	63.3	4.83	1.79
Region Overall	478,484	28.6	14.5	56.8	4.50	1.91

Notes: ^a Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

^b Based on the original 7-point scale where higher scores reflect greater levels of satisfaction.

Table 71p
Residents' Level of Satisfaction with Various Aspects of Wellbeing:

"My work situation"

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Dissatisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	105,820	26.1	19.3	54.5	4.54	1.87
Kitchener	199,423	26.3	17.1	56.6	4.50	1.89
Waterloo	98,378	20.6	18.5	60.9	4.81	1.78
North Dumfries	7,990	26.0	13.1	60.9	4.73	1.95
Wellesley	8,229	21.9	13.3	64.8	5.00	1.77
Wilmot	16,152	13.4	18.4	68.2	5.12	1.73
Woolwich	19,771	20.7	14.5	64.7	4.83	1.83
Region Overall	455,763	24.2	17.7	58.1	4.62	1.86

Notes: ^a Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.
^b Based on the original 7-point scale where higher scores reflect greater levels of satisfaction.

Table 71 – Summary
 Domains of Wellbeing based on CIW Framework
 Summary Statistics^a

Wellbeing Domain	Region Overall	Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Community Vitality	4.64 (1.49)	4.48 (1.51)	4.61 (1.52)	4.70 (1.40)	4.80 (1.40)	5.16 (1.45)	5.07 (1.34)	4.95 (1.43)
Democratic Engagement	3.82 (1.57)	3.47 (1.52)	3.81 (1.59)	4.07 (1.50)	4.10 (1.57)	4.02 (1.52)	4.10 (1.49)	4.17 (1.57)
Education	4.68 (1.57)	4.38 (1.62)	4.70 (1.58)	4.96 (1.43)	4.31 (1.63)	4.70 (1.57)	4.79 (1.53)	4.69 (1.52)
Environment	5.13 (1.50)	4.90 (1.54)	4.98 (1.57)	5.44 (1.27)	5.50 (1.30)	5.96 (1.06)	5.65 (1.34)	5.54 (1.39)
Healthy Populations	4.55 (1.58)	4.45 (1.60)	4.44 (1.62)	4.74 (1.50)	4.73 (1.43)	5.05 (1.33)	4.72 (1.46)	4.74 (1.47)
Leisure and Culture	4.77 (1.34)	4.68 (1.29)	4.71 (1.43)	4.93 (1.22)	4.78 (1.23)	4.88 (1.36)	4.94 (1.20)	4.97 (1.24)
Living Standards	4.58 (1.75)	4.40 (1.75)	4.45 (1.78)	4.86 (1.66)	4.71 (1.76)	5.05 (1.61)	5.05 (1.60)	4.86 (1.68)
Time Use	4.46 (1.58)	4.40 (1.55)	4.38 (1.65)	4.59 (1.46)	4.53 (1.47)	4.74 (1.56)	4.60 (1.60)	4.71 (1.50)
Overall Wellbeing^b	4.58 (1.24)	4.40 (1.23)	4.51 (1.30)	4.78 (1.13)	4.69 (1.11)	4.95 (1.14)	4.87 (1.16)	4.83 (1.18)

Notes: ^a Based on original 7-point scale where higher scores reflect greater satisfaction with domain of wellbeing. Mean score shown above with standard deviation below in parentheses.
^b Overall mean score based on combining scores on all eight domains.

Life Satisfaction

(based on OECD measure of subjective wellbeing)

Table 72
Residents' Level of Satisfaction with Life in General

Municipality	n	Percentage of Residents ^a			Summary ^b	
		Very dissatisfied	Neutral	Very satisfied	Mean	Std. Dev.
Cambridge	112,810	18.5	18.2	63.4	6.66	2.54
Kitchener	208,200	16.0	19.0	65.0	6.71	2.50
Waterloo	103,223	12.1	17.4	70.5	7.13	2.20
North Dumfries	8,578	13.3	21.6	65.2	7.06	2.22
Wellesley	8,336	5.2	7.4	87.3	7.83	1.75
Wilmot	17,339	11.9	10.4	77.6	7.50	2.18
Woolwich	21,274	10.3	15.9	73.9	7.31	2.14
Region Overall	479,760	15.1	17.9	67.0	6.87	2.42

Notes: ^a Percentages are based on combining responses where 0 to 4 = *Very dissatisfied*, 5 and 6 = *Neutral*, and 7 to 10 = *Very satisfied*

^b Based on original 11-point scale where higher scores reflect higher levels of satisfaction with life in general.



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